



2024 Cold Snap

Hosted by the Cougar Aquatic Team
Hosted by Cougar Aquatic Team at Jersey Aquatic Center
Held under the sanction of USA Swimming

NJ Swimming:	NJ Swimming Sanction Document		
Date of Meet:	Saturday January 27th, 2024		
Location:	Sonny Werblin Recreation Center, Rutgers University		
Host Team Contact:	Jon Siegel		jon@cougaraquatic.com
Meet Director:	Jon Siegel		jon@cougaraquatic.com
Meet Referee:	John Butler		j.m.butler@comcast.net
Admin Official:	Be Smartt Inc		besmarttinc@gmail.com
Safety Marshall:	Terry Murray Rich Palm		teammurray@verizon.net rich@cougaraquatic.com
Entry Coordinator:	Be Smartt Inc	609-558-0988	besmarttinc@gmail.com
Entries Open:	Monday January 15th, 2024 at 6:00am		
Entry Deadline:	Friday January 19th, 2024, at 6:00pm		
Swimmer Age	Swimmer ages for this meet are as of: Saturday January 27th, 2024		
Entry Fees:	Individual Entry : \$12.00 There will be a \$15 swimmer surcharge.		
Meet Course:	Short Course Yards (SCY)		
Meet Format:	<ul style="list-style-type: none">• This meet will be run as a timed final meet.• There will be 12 & Under, and 13 & Over events.• There are no qualifying times for this meet.• This meet will be deck seeded with coaches checking in/scratching all swimmers and relays. When the seeding has been posted, swimmers will report to the blocks on their own.		
Entry Limits:	Daily: 4 Individual events	Meet: 4 Individual Events	
Checks Payable To:	Cougar Aquatic Team, LLC		
Email Entry Files To:	besmarttinc@gmail.com		
Checks/Waivers:	Bring to the first session of the meet where the team is competing.		



Tentative Meet Schedule

This schedule is tentative pending receipt of entries.

Depending on the entries, sessions may be combined or split.

The complete schedule with session warm-up and start times will be established when all entries have been received. This will be published on the meet website, the meet section of the NJS website and e- mailed to the coaches of participating teams.

Saturday

Session 1	Midday	12 & Under
Session 2	Afternoon	13 & Over

Scoring:	Team Scoring will not be kept.
Awards:	<ul style="list-style-type: none"> No awards.
Starts:	'Fly-over/Over-the-top' starts will be used during this meet.
Admissions:	<ul style="list-style-type: none"> Rutgers will be selling a limited number of tickets on a session by session basis for the meet. Tickets will go on sale on the Tuesday before the meet. Tickets may be purchased at go.rutgers.edu/swimmeet-tickets. Heat sheets will be online at www.besmarttinc.com (free) and Meet Mobile (subscription required)
Concessions:	<ul style="list-style-type: none"> None.
Vendor:	<ul style="list-style-type: none"> None.
Internet Website Posting:	<ul style="list-style-type: none"> Internet location for all meet information: http://www.besmarttinc.com
Meet Requirement Statement:	In order to be eligible for the NJ Swimming Zone Championship Team or for NJ Swimming Athlete Travel Grants for sectional and national level meets, NJ Swimming policy stipulates certain participation requirements. As a NJ Swimming sanctioned meet, this meet counts toward those participation requirements.



Event List

A list of events by sessions is [here](#).

Session	Event #	Event				
1	1A	Women	10 & U	200	Free	
1	1B	Women	11-12	200	Free	
1	2A	Men	10 & U	200	Free	
1	2B	Men	11-12	200	Free	
1	3A	Women	10 & U	50	Breast	
1	3B	Women	11-12	50	Breast	
1	4A	Men	10 & U	50	Breast	
1	4B	Men	11-12	50	Breast	
1	5A	Women	10 & U	100	Fly	
1	5B	Women	11-12	100	Fly	
1	6A	Men	10 & U	100	Fly	
1	6B	Men	11-12	100	Fly	
1	7A	Women	10 & U	50	Free	
1	7B	Women	11-12	50	Free	
1	8A	Men	10 & U	50	Free	
1	8B	Men	11-12	50	Free	
1	9A	Women	10 & U	100	Back	
1	9B	Women	11-12	100	Back	
1	10A	Men	10 & U	100	Back	
1	10B	Men	11-12	100	Back	
1	11A	Women	10 & U	50	Fly	
1	11B	Women	11-12	50	Fly	
1	12A	Men	10 & U	50	Fly	
1	12B	Men	11-12	50	Fly	
1	13A	Women	10 & U	100	Free	
1	13B	Women	11-12	100	Free	
1	14A	Men	10 & U	100	Free	
1	14B	Men	11-12	100	Free	
1	15A	Women	10 & U	50	Back	
1	15B	Women	11-12	50	Back	
1	16A	Men	10 & U	50	Back	
1	16B	Men	11-12	50	Back	
1	17A	Women	10 & U	100	Breast	
1	17B	Women	11-12	100	Breast	
1	18A	Men	10 & U	100	Breast	
1	18B	Men	11-12	100	Breast	
1	19A	Women	10 & U	200	IM	
1	19B	Women	11-12	200	IM	
1	20A	Men	10 & U	200	IM	
1	20B	Men	11-12	200	IM	
2	21A	Women	13-14	400	IM	
2	21B	Women	15 & O	400	IM	
2	22A	Men	13-14	400	IM	
2	22B	Men	15 & O	400	IM	



Session	Event #	Event				
2	23A	Women	13-14	200	Back	
2	23B	Women	15 & O	200	Back	
2	24A	Men	13-14	200	Back	
2	24B	Men	15 & O	200	Back	
2	25A	Women	13-14	50	Breast	
2	25B	Women	15 & O	50	Breast	
2	26A	Men	13-14	50	Breast	
2	26B	Men	15 & O	50	Breast	
2	27A	Women	13-14	200	Fly	
2	27B	Women	15 & O	200	Fly	
2	28A	Men	13-14	200	Fly	
2	28B	Men	15 & O	200	Fly	
2	29A	Women	13-14	50	Back	
2	29B	Women	15 & O	50	Back	
2	30A	Men	13-14	50	Back	
2	30B	Men	15 & O	50	Back	
2	31A	Women	13-14	200	Breast	
2	31B	Women	15 & O	200	Breast	
2	32A	Men	13-14	200	Breast	
2	32B	Men	15 & O	200	Breast	
2	33A	Women	13-14	50	Fly	
2	33B	Women	15 & O	50	Fly	
2	34A	Men	13-14	50	Fly	
2	34B	Men	15 & O	50	Fly	
2	35A	Women	13-14	500	Free	
2	35B	Women	15 & O	500	Free	
2	36A	Men	13-14	500	Free	
2	36B	Men	15 & O	500	Free	

