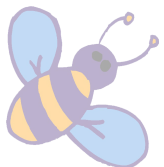


## 2018 CCS EASTERN REGIONAL CHAMPIONSHIP AT RUTGERS UNIVERSITY

| TEAM TIMING ASSIGNMENTS |            |             |   |             |            |            |
|-------------------------|------------|-------------|---|-------------|------------|------------|
|                         | SESSION 1  | SESSION 2   | SESSION 3   | SESSION 4   | SESSION 5  | SESSION 6  |
|                         | Friday PM  | SATURDAY AM | SATURDAY 1000's   | SATURDAY PM | SUNDAY AM  | SUNDAY PM  |
| <b>LANE 1</b>           | UVA        | SYR         | <i>WILL FOLLOW<br/>THE PRELIMS<br/>AFTER<br/>A SHORT<br/>WARM-UP<br/>APPROX 11:00AM</i> | GMU         | SYR        | JMU        |
| <b>LANE 2</b>           | PSU        | SRU         |   | JMU         | LU         | UVA        |
| <b>LANE 3</b>           | GMU        | UVM         |   | SBU         | WVU        | UCONN      |
| <b>LANE 4</b>           | UCONN      | SBU         |   | WVU         | SRU        | PSU        |
| <b>LANE 5</b>           | WVU        | JMU         |   | LU          | UVM        | RCS        |
| <b>LANE 6</b>           | JMU        | UVA         |   | RCS         | SBU        | UMD        |
| <b>LANE 7</b>           | LU         | UCONN       |   | SRU         | GMU        | GMU        |
| <b>LANE 8</b>           | RUCS       | PSU         |   | SYR         | UMD        | SBU        |
| <b>ALT.</b>             | VOLUNTEERS | ALL OTHERS  |   | ALL OTHERS  | ALL OTHERS | ALL OTHERS |

**Notes:**      *Timers for relays*      *Timers for entire session.*      *Swimmers provide own timers and lap counters for 1000's.*      *Timers for entire session.*      *Timers for entire session.*      *Timers for entire session.*

*Swimmers provide own timers and lap counters for 500's and 400 IM's*



## 2018 CCS EASTERN REGIONAL CHAMPIONSHIP AT RUTGERS UNIVERSITY

### WARM-UP ASSIGNMENTS

| WARM-UP ASSIGNMENTS |  |  |         |   |  |        |   |
|---------------------|--|--|---------|---|--|--------|---|
|                     | FRIDAY PM<br>5:00 TO 5:50PM  | SATURDAY PRELIMS<br>7:15-7:55AM      8:00-8:40AM |         | SAT FINALS<br>5:00 TO 5:50PM                                    | SUNDAY PRELIMS<br>7:15-7:55AM      8:00-8:40AM |        | SUN FINALS<br>3:00-4:20PM                                       |
| <b>Olympic "A"</b>  | <b>ALL<br/>SWIMMERS<br/>IN FRIDAY<br/>PM SESSION<br/>(ALL LANES)</b> | JMU  | UCONN   |   | RCS  | UVA    |   |
| LANE 1              |  | JMU  | UCONN   | <b>ALL<br/>SWIMMERS<br/>WHO ARE<br/>IN FINALS<br/>OLYMPIC A</b> | RCS  | UVA    | <b>ALL<br/>SWIMMERS<br/>WHO ARE<br/>IN FINALS<br/>OLYMPIC A</b> |
| LANE 2              |  | JMU  | UCONN   |   | RCS  | UVA    |   |
| LANE 3              |  | JMU  | UCONN   |   | RCS  | UVA    |   |
| LANE 4              |  | JMU  | WVU     |   | UMD  | UVA    |   |
| LANE 5              |  | JMU  | PSU     |   | UMD  | UVA    |   |
| LANE 6              |  | SRU  | PSU     |   | SBU  | SYR/AM |   |
| LANE 7              |  | GMU  | PSU     |   | SBU/UVM  | RUCS   |   |
| LANE 8              | GMU  | LU   | UVM     |   | RUCS   |        |   |
| <b>Olympic "B"</b>  | <b>OPEN<br/>WARM-UP<br/>FOR ALL<br/>SWIMMERS</b>                     | <b>7:15-7:55AM      8:00-8:40AM</b>              |         | <b>OPEN<br/>WARM-UP<br/>FOR ALL<br/>SWIMMERS</b>                | <b>7:15-7:55AM      8:00-8:40AM</b>            |        | <b>Thank you<br/>for attending<br/>the meet!</b>                |
| LANE 9              |  | UVA  | RCS     |   | UCONN  | JMU    |   |
| LANE 10             |  | UVA  | RCS     |   | UCONN  | JMU    |   |
| LANE 11             |  | UVA  | RCS     |   | UCONN  | JMU    |   |
| LANE 12             |  | UVA  | UMD     |   | WVU  | JMU    |   |
| LANE 13             |  | UVA  | UMD     |   | PSU  | JMU    |   |
| LANE 14             |  | SYR/AM   | SBU     |   | PSU  | SRU    |   |
| LANE 15             |  | RUCS   | SBU/UVM |   | PSU  | GMU    |   |
| LANE 16             | RUCS   | UVM  | LU      | GMU   |  |        |   |

