

2023 EEX Jeffrey S Mace Memorial Summer Sizzle XXXI

Meet Schedule

Session	Age Group	Warm-Up	Check-In	Start
Friday	Doors Open		6:55am	
1	Friday Open Prelims	7:10am	7:40am	8:15am
2	Friday 400 Freestyle Prelims	TBA**	12:10pm	11:00am†
3	Friday 14 & Under Prelims	12:50	1:10pm	1:45pm
4	Friday Finals	4:30pm	4:55pm‡	5:30pm
Saturday	Doors Open		6:55am	
5	Saturday Open Prelims	7:10am	7:40am	8:15am
6	Saturday 800 Freestyle	TBA**	9:30am	11:45am†
7	Saturday 14 & Under Prelims	1:05pm	1:25pm	2:00pm
8	Saturday Finals	5:00pm	5:25pm‡	6:00pm
Sunday	Doors Open		6:55am	
9	Sunday Open Prelims	7:10am	7:40am	8:15am
10	Sunday 1500 Freestyle	TBA**	9:30am	11:10am†
11	Sunday 14 & Under Prelims	12:50pm	1:10pm	1:45pm
11	Sunday Finals	4:30pm	4:55pm‡	5:30pm



** Warm-Up will start in the Patio Pool, then move to the Main Pool (when available).

† Will not start before this time

‡ Relay Scratches

Warm-up Arrangement for Finals

Friday 1st Period: 4:30-5:05pm, 2nd Period: 5:05-5:25pm

Saturday 1st Period: 5:00-5:35pm, 2nd Period: 5:35-5:55pm

Sunday 1st Period: 4:30-5:05pm, 2nd Period: 5:05-5:25pm

	L1	L2	L3	L4	L5	L6	L7	L8
Period 1	General	General	General	General	General	General	General	Relay Starts
Period 2	Pace	Pace	12 & Under Only	General	General	General	Starts	Starts



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Warm-up Schedule

Friday Open Prelims

	L1	L2	L3	L4	L5	L6	L7	L8
7:10am	NJRC, ASC	PRIN, PTAC, TS	CAT	CS, PWAC, XCEL	MAY, RANY, SAY	LIFE,GSCY	GSCY	BWA,EEX, PDR,RSA, SWST
7:40am	CPAC	WW, FREE, BWTD, CBGC	BGNW, FSPY	FSPY	GMNY	GMNY, WEST	HACY, NJB, NJBL, OCY, PPST, SCAR, WY	WFY, STAC, <i>Others</i>

Friday 400 Freestyle

	L1	L2	L3	L4	L5	L6	L7	L8
TBA	<i>Warm-up will start in the patio pool and move to the main pool when available</i>							
TBA	<i>Swimmers will provide timers; will not start before 11:30am</i>							

Friday 14 & Under Prelims

	L1	L2	L3	L4	L5	L6	L7	L8
12:50pm	LT	LT	GSCY	GMNY	NJRC	FA/WFY	SCAR	SCAR
1:15pm	<i>All other teams</i>							



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Warm-up Schedule

Saturday Open Prelims

	L1	L2	L3	L4	L5	L6	L7	L8
7:10am	CPAC	WW, FREE, BWTD, CBGC	BGNW, FSPY	FSPY	GMNY	GMNY, WEST	HACY, NJB, NJBL, OCY, PPST, SCAR, WY	WFY, STAC, <i>Others</i>
7:40am	NJRC, ASC	PRIN, PTAC, TS	CAT	CS, PWAC, XCEL	MAY, RANY, SAY	LIFE, GSCY	GSCY	BWA, EEX, PDR, RSA, SWST

Saturday 800 Freestyle

	L1	L2	L3	L4	L5	L6	L7	L8
TBA	<i>Warm-up will start in the patio pool and move to the main pool when available Swimmers will provide timers & counters; will not start before 11:30am</i>							
TBA								

Saturday 14 & Under Prelims

	L1	L2	L3	L4	L5	L6	L7	L8
1:05pm	LT	LT	GSCY	GMNY	NJRC	FREE	SCAR	WFY/XCEL
1:30pm	<i>All other teams</i>							



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Warm-up Schedule

Sunday Open Prelims

	L1	L2	L3	L4	L5	L6	L7	L8
7:10am	NJRC, ASC	PRIN, PTAC, TS	CAT	CS, PWAC, XCEL	MAY, RANY, SAY	LIFE, GSCY	GSCY	HACY, NJB, NJBL, OCY, PPST, SCAR, WY
7:40am	CPAC	WW, FREE, BWTD, CBGC	BGNW, FSPY	FSPY	GMNY	GMNY, WEST	WFY, STAC, <i>Others</i>	BWA, EEX, PDR, RSA, SWST

Sunday 1500 Freestyle

	L1	L2	L3	L4	L5	L6	L7	L8
TBA	<i>Warm-up will start in the patio pool and move to the main pool when available</i>							
TBA	<i>Swimmers will provide timers & counters; will not start before 11:30am</i>							

Sunday 14 & Under Prelims

	L1	L2	L3	L4	L5	L6	L7	L8
12:50pm	LT	LT	GSCY	NJRC	GMNY	SCAR	FREE/FSPY	BGNW/WFY
1:15pm	<i>All other teams</i>							



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Timing Assignments

Session 1 – Friday Open Preliminaries

L1	L2	L3	L4	L5	L6	L7	L8
ASC	BGNW	CAT	FSPY	GMNY	GMNY	GSCY	STAC
CPAC	BGNW	CAT	FSPY	GMNY	MAY	PWAC	WFY
<i>Backups: FREE, WEST</i>							

Session 2 – Friday 400 Freestyle

L1	L2	L3	L4	L5	L6	L7	L8
<i>Swimmers provide their own timers</i>							

Session 3 – Friday 14 & Under Preliminaries

L1	L2	L3	L4	L5	L6	L7	L8
NJRC	BGNW	SCAR	XCEL	GMNY	LIFE	GSCY	HACY
NJRC	FREE	SCAR	RANY	GMNY	LIFE	GSCY	WY
<i>Backups: SAY, EEX</i>							

Session 4 – Friday Finals

L1	L2	L3	L4	L5	L6	L7	L8
NJRC	CPAC	CAT	FSPY	EEX	LIFE	GSCY	WFY
NJRC	CPAC	CAT	FSPY	EEX	LIFE	RSA	WW
<i>Backups: CS, PTAC</i>							



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Timing Assignments

Session 5 – Saturday Open Preliminaries

L1	L2	L3	L4	L5	L6	L7	L8
ASC	BGNW	CAT	FSPY	GMNY	WEST	GSCY	STAC
CPAC	BGNW	CAT	FSPY	GMNY	RANY	PWAC	WFY
<i>Backups: FREE, TS</i>							

Session 6 – Saturday 800 Freestyle

L1	L2	L3	L4	L5	L6	L7	L8
<i>Swimmers provide their own timers & counters</i>							

Session 7 – Saturday 14 & Under Preliminaries

L1	L2	L3	L4	L5	L6	L7	L8
NJRC	BGNW	SCAR	XCEL	GMNY	LIFE	GSCY	NAC
NJRC	FREE	SCAR	WW	GMNY	LIFE	GSCY	PDR
<i>Backups: RSA, EEX</i>							

Session 8 – Saturday Finals

L1	L2	L3	L4	L5	L6	L7	L8
NJRC	CPAC	CAT	FSPY	EEX	LIFE	GSCY	WFY
NJRC	CPAC	CAT	SAY	EEX	LIFE	GSCY	CS
<i>Backups: WFY, EEX</i>							



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Timing Assignments

Session 9 – Sunday Open Preliminaries

L1	L2	L3	L4	L5	L6	L7	L8
ASC	BGNW	CAT	FSPY	GMNY	GMNY	GSCY	STAC
CPAC	BGNW	CAT	FSPY	GMNY	MAY	WEST	WCY
<i>Backups: TS, PWAC</i>							

Session 10 – Sunday 1500 Freestyle

L1	L2	L3	L4	L5	L6	L7	L8
<i>Swimmers provide their own timers & counters</i>							

Session 11 – Sunday 14 & Under Preliminaries

L1	L2	L3	L4	L5	L6	L7	L8
NJRC	BGNW	SCAR	XCEL	GMNY	LIFE	GSCY	NAC
NJRC	FREE	SCAR	SAY	GMNY	LIFE	GSCY	PTAC
<i>Backups: CBGC, EEX</i>							

Session 12 – Sunday Finals

L1	L2	L3	L4	L5	L6	L7	L8
NJRC	CPAC	CAT	FSPY	EEX	LIFE	GSCY	WFY
NJRC	CPAC	CAT	FSPY	EEX	LIFE	PTAC	WW
<i>Backups: CS, RSA</i>							

