

Name of Meet	<h2 style="margin: 0;">EEX MAY SENIOR MEET</h2> <p style="margin: 0;">(12-Over Swimmers) hosted by EASTERN EXPRESS SWIM TEAM Saturday May 23rd, 2015 <i>Held Under the Sanction of USA Swimming Inc, and NJ Swimming</i></p>
Meet Sanction #	<p>NJS052315LCB In granting this sanction, it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.</p>
Date of Meet	Saturday MAY 23 RD , 2015.
Location	DeNunzio Pool is located on Faculty Road off of Route 571 on the Princeton University campus, Princeton, NJ 08540.
Facility Information	DeNunzio Pool is a 50 meter, 8-lane pool with a minimum depth of 9 feet. There is ample seating for spectators.
Pool Certification Statement	The competition course has not been certified in accordance with 104.2.2C(4). Note that this statement is a required meet announcement statement, and refers to the pre-certification of the pool length measurement in regards to National and World Record swims which may occur in the pool. The fact that this pool is not certified in accordance to 104.2.2C(4) does not impact on the validity of the times achieved in this pool. Times swum at this meet will in fact be entered in SWIMS and are eligible for qualifying for any other USA Swimming sanctioned competition.
Audio/Visual Recording Statement:	Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
USA-S Deck Change Policy Statement:	Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
Meet Director	ELLEN W. MACE, entries1@juno.com
Meet Referee	John Butler, j.m.butler@comcast.net
Entry Coordinator	Be Smartt Inc., entries1@juno.com 609-558-0988
Host Team Contact	Michael Randazzo, Michael.randazzo87@gmail.com
Meet Safety Marshall	Brent Matheson, bmatheson17@gmail.com
Entry Information	<ul style="list-style-type: none"> ▪ Entry Coordinator: Ellen Mace, Be Smart Inc. ▪ Please e-mail Hy-Tek Entry Files to: entries1@juno.com ▪ Entry Deadline: Saturday, May 9th, 2015. Note that if the meet does not fill by the entry deadline, the meet director may, at his discretion, accept entries beyond the stated deadline. ▪ Meet entries will be taken until the meet fills. The host club must stay within the four-hour-per-session rule. ▪ Please bring the entry fee summary, signed waiver, and check to the meet for collection and processing. ▪ Entry fee summary forms, verification forms, waiver releases and fees must be received by the Meet Director no later than 3:30PM on the day of the meet. ▪ Entries will be considered accepted when loaded into Meet Manager. ▪ Deck Entries will be permitted provided there is room within the four hour limit.
Meet Format Waiver	<p>The host club has the right to change the format of the meet with the approval of the sanctioning chairman and either the age group or senior chairman. These changes would be made for a more efficient swim meet for the swimmers and the host club. Reasons for changes include:</p> <ul style="list-style-type: none"> ▪ To allow more swimmers to swim. ▪ To conform to facility capacity limits or for facility safety concerns. ▪ To condense the meet into a shorter timeframe. <p>Some of the changes that may be made include: 1) adding a session or 2) condensing sessions.</p>



Internet Website Posting	<ul style="list-style-type: none"> Meet announcement, Hy-Tek Events File (HYV), Warm-up Schedule, and Finals Results will be posted at www.besmarttinc.com and www.expressswimming.com. All Meet info can also be found at www.njswim.org on the Summer Meets page.
Meet Requirement Statement:	<ul style="list-style-type: none"> In order to be eligible for the New Jersey Swimming Zone Championship Team or for NJ Swimming Athlete Travel Grants for sectional and national level meets, NJ Swimming policy stipulates certain participation requirements. As an NJ Swimming sanctioned meet, this meet counts toward those participation requirements.
Coaches Eligibility	<ul style="list-style-type: none"> All coaches on the deck must be current coach members of USA Swimming. Coaches must show their coaching card for entrance to facility. Coaches must have their coaching card on hand at all times.
Swimmer Eligibility	<ul style="list-style-type: none"> All swimmers must be members of USA Swimming to enter and compete in this meet. All transfer swimmers must swim unattached for 120 days from their last attached competition. Such swimmers must use "UN-(New Team Alpha Code)" as their team affiliation. All unattached swimmers must be listed on their team's official waiver entry form. <p>Age Groups That Will be Offered</p> <ul style="list-style-type: none"> Senior/Open events (minimum age to participate is 12 years old) <p>Individual and Relay Limits</p> <ul style="list-style-type: none"> Swimmers may compete in up to three (3) individual events per day. Swimmers may compete in up to two (2) relay events per day. <p>Age at Meet</p> <ul style="list-style-type: none"> Age determination date for this meet is Saturday, May 23rd, 2015.
USA-S Racing Start Certification Statement	<ul style="list-style-type: none"> Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
Heat Limited Events	<ul style="list-style-type: none"> The Mixed 800 Freestyle will be limited to a maximum of 1 Heat (the fastest 8 entry times).
Relay Events	<ul style="list-style-type: none"> The relays will be mixed gender events. Any combination of four swimmers is permissible. All relays must have the correct four names in the correct order for the relay to be eligible. Coaches must turn in relay cards prior to each relay competing, listing the correct swimmers' names and correct order.
Entry Times	<ul style="list-style-type: none"> New Jersey Swimming does not allow "NT" or "No Time" to be used as an entry time. All entry times must be in LCM. Converted times from or SCM or SCY are acceptable for this meet. There are no time standards for this meet.
Meet Format	<ul style="list-style-type: none"> This meet will be run in accordance with current USA Swimming rules. This meet will be run as a timed final meet. <p>Seeding Procedure</p> <ul style="list-style-type: none"> This meet will be deck seeded with coaches checking in and/or scratching all swimmers. After the heats have been posted, swimmers will report to the blocks on their own.
Scoring	<ul style="list-style-type: none"> Team Scoring will not be kept.
Awards	<ul style="list-style-type: none"> None
Results	<ul style="list-style-type: none"> Results will be sent to all participating clubs via email at the conclusion of the meet and posted at www.besmarttinc.com and www.njswim.org.
Meet Schedule	<ul style="list-style-type: none"> The building will open for swimmers and spectators at 2:45PM. This meet will have only one session on Saturday, May 23rd, 2015.

MEET SCHEDULE

Saturday May 23 rd , 2015		Warm-Up	Start
Session I	Events #1-19	3:00-3:55PM	4:00PM



Warm-Up Procedures	<ul style="list-style-type: none"> Warm-ups will be run under New Jersey Swimming Warm-up and Safety Guidelines and will include general warm-up lanes, sprint lanes, and pace lanes. <p>Entry Into Pool</p> <ul style="list-style-type: none"> All swimmers must enter the pool from the starting end of the pool. <p>Host Team Monitoring Warm-Ups</p> <ul style="list-style-type: none"> New Jersey Swimming officials will monitor warm-ups. All general warm-up lanes will swim in a counterclockwise direction.
Check-In	<ul style="list-style-type: none"> All check-in sheets must be turned into the scoring table 35 minutes before the start of the session. Swimmers who are competing will have a line through their name. Swimmers who are to be scratched for all events in the session will have their names circled with “SCR” noted next to the circle. Swimmers scratching a single event will have a line through his or her name and the event number circled with “SCR” next to the circle. Failure to follow the check-in procedure may result in the swimmer(s) being scratched from the session.
Starts	<ul style="list-style-type: none"> “Fly-over” (“over-the-top”) starts may be used at the discretion of the meet referee.
Entry Fees	<ul style="list-style-type: none"> Individual non-800 entry fee: \$5.00 800 Freestyle entry fee: \$11.00 Relay entry fee: \$9.00 Make checks payable to: Express Sports Inc
Admissions and Programs	<ul style="list-style-type: none"> Admission will be \$5.00. Heat sheets will be available (one per family while supply lasts).
Entries	<ul style="list-style-type: none"> In accordance with New Jersey Swimming policy, team entries may be submitted by e-mail to entries1@juno.com. The meet entry coordinator will respond to e-mails entries within 48 hours. If you do not receive an e-mail response within 48 hours, assume that your email has not been received. It then becomes the e-mailer’s responsibility to make sure that the host club’s meet entry coordinator receives the e-mail. If you do not receive an e-mail response, you must contact the entry coordinator by email or phone. An Entry Fee Summary along with a signed New Jersey Swimming waiver and check for all entry fees must be submitted to the Host Club by Saturday, May 23rd. Accuracy of seed times is essential. Incomplete entries will not be accepted.
Host Club Responsibilities	<ul style="list-style-type: none"> Provide a single timer in each lane throughout the meet. Have stopwatches available for volunteers helping to time. Create a warm-up schedule that will be fair and equitable to all teams. This warm-up schedule will be e-mailed to all participating clubs no later than one week before the meet. Create timing assignments that are fair and equitable with as many teams participating as possible. These timing assignments will be e-mailed to all participating clubs no later than one week before the meet and posted at www.besmartinc.com, www.njswim.org and www.expressswimming.com.
Participating Club Responsibilities	<ul style="list-style-type: none"> Help with timing assignments (mandatory). Timing assignments will be e-mailed to participating clubs one week prior to the meet and posted at www.besmartinc.com, www.njswim.com and www.expresswimming.com. Parents must stay off the pool deck except to fulfill timing assignments. Should help with officiating whenever possible. List the club contact for club officials on the meet waiver/verification form.
Concessions	<ul style="list-style-type: none"> No concession
Vendor	<ul style="list-style-type: none"> No swim vendor
Directions:	<ul style="list-style-type: none"> From the New Jersey Turnpike, North or South: Take Exit 8 towards Princeton. Take Route 33 West to Route 571. Continue on Route 571, crossing Route 1 and continuing to the first light (at Faculty Road). Make a right; the pool and the parking lot will be on your left about ¼ mile from the light. From US Route 1, North or South: Take the Princeton-Hightstown Road exit toward Princeton. Follow the above directions. Continue to the first light (at Faculty Road). Make a right; the pool and the parking lot will be on your left about ¼ mile from the light.



Eastern Express Swim Team
EEX MAY SENIOR MEET
(Swimmers must be at least 12 years old)

Order of Events

- 1 **Mixed** 400 Medley Relay
- 2 **Mixed** 800 Freestyle
- 3 Girls 200 IM
- 4 Boys 200 IM
- 5 Girls 200 Butterfly
- 6 Boys 200 Butterfly
- 7 Girls 100 Breaststroke
- 8 Boys 100 Breaststroke
- 9 Girls 100 Backstroke
- 10 Boys 100 Backstroke
- 11 Girls 100 Freestyle
- 12 Boys 100 Freestyle
- 13 Girls 200 Breaststroke
- 14 Boys 200 Breaststroke
- 15 Girls 200 Backstroke
- 16 Boys 200 Backstroke
- 17 Girls 100 Butterfly
- 18 Boys 100 Butterfly
- 19 **Mixed** 800 Freestyle Relay





NEW JERSEY SWIMMING

2015 EEX MAY SENIOR MEET

Saturday May 23rd, 2015



Waiver

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA Swimming, NJ Swimming, Princeton University, Express Sports, Be Smartt Inc and their staffs for any injuries and/or expenses incurred by me/us at the swim meet, or while on the road to and from the meet. I/we are USA Swimming registered athletes and am/are eligible to compete in all the events I/we have entered.

Meet Verification

I hereby certify that all entered swimmers and coaches listed on the waiver form, for the EEX MAY SENIOR MEET on **May 23rd, 2015** are registered members of USA Swimming. All USA Swimming numbers are correctly listed and unless otherwise noted, are not required to swim unattached (UN) due to the 120 day transfer. Also I acknowledge that deck access is limited to coaches and/or officials working the meet and displaying their credentials.

Club Name/Club Code _____

Signature of Coach and/or Parent/Guardian _____

Telephone _____ E-Mail Address _____

Name(s) of Coach(es): _____

Name/E-Mail/Phone Number of person to contact regarding this entry:

Name/E-Mail/Phone Number of person to contact regarding timers/officials:

Entry Fee Summary:	_____ Non-800 Individual event entries @ \$5.00 =	\$_____
	_____ 800 Individual event entries @ \$11.00 =	\$_____
	_____ Relay event entries @ \$9.00 =	\$_____
	Total:	\$_____

Make checks payable to: **Express Sports Inc**

Article 302.4 of the USA Swimming Rules and Regulations

False Registration: An LSC may impose a fine of up to \$100 per event against a member coach or a member club's representative signing a document which indicates a swimmer is registered with USA Swimming for a meet when that swimmer is not properly registered or eligible to compete for that club. This will be enforced by the LSC and the LSC will be entitled to the fines imposed.

List all Unattached Swimmers:

Unattached Swimmer _____, Unattached Swimmer _____

Unattached Swimmer _____, Unattached Swimmer _____

Unattached Swimmer _____, Unattached Swimmer _____

Unattached Swimmer _____, Unattached Swimmer _____