

Greater Middlesex Conference Championship Meet

Dates: Girls Friday, January 27, 2023 Meet starts at 4:00pm
Boys Saturday, January 28 2023 Meet Starts 9:00am

Friday Warm-up: 3:00pm Start 4:00pm
Saturday Warm-Up 8:00am Start 9:00am

Coaches meeting Friday: 3:15pm
Coaches meeting Saturday: 8:15am

***** Location: Raritan Bay YMCA***

Pool: 10 lanes, 25-yard lanes Colorado Timing will be used.

Staging Area: Gymnasium connected to pool area

The facility will open at 2:30pm for participants and 3:00pm for spectators on Friday.

The facility will open at 7:30am for participants and 8:00am for spectators on Saturday.

Entries: Swimmers may enter a maximum of **four** events of which no more than two can be individual events and no more than four swimmers per team can be entered in an event. Each team can enter two relays per event. Only the fastest 24 swimmers in the 500 freestyle events will be seeded (proof of time is recommended.) NT's will be seeded in the slowest heats. **Non-scoring teams may not submit relays. Hy-Tek disk entries are required and mandatory this year; there is a TM event file posted on the Be Smartt website. It is imperative that an email address be supplied with entries so a team entry report may be returned to the team coach for corrections or additions after the entry is in the database and before the meet is seeded. Additional information will be posted at www.besmarttinc.com. This meet will be pre-seeded; psych sheets will be posted when all entries are received.**

New Rule Alert!

Entries must be submitted with the NEW USA ID for inclusion into SWIMS There will be a \$10 fee by New Jersey Swimming if ID numbers need to be added or changed. No numbers will be added at or after the meet.

Deadline: All entries must be received by 5 PM on Saturday, January 22, 2022
Email entries to besmarttinc@gmail.com



Awards: Medals will be awarded to the top six individual finishers and the top three relays in each event.

Rules: The current National Federation rules will be followed (except with regard to relay entries). At least one coach must accompany each team or eligible swimmers. All events will be pre-seeded timed finals.

Busses and Parking: Spectators should park in the lot through main doors. Busses will be directed where to park

All spectators and teams will check in at the main gym and should not go to the pool area until instructed.

Admission: \$5.00 per Adult

Teams will be permitted to bring in a total six timers and or managers

Programs: \$3.00

Timers: Each participating team is asked to provide three timers. Please make sure your timers have stopwatches.

Timing and warm-up assignments will be posted on the web at www.besmartinc.com.

Results: Each participating team will be sent a copy of the final results; results will also be posted to www.besmartinc.com

Refreshments: **Absolutely no food is allowed inside the pool area.**

Questions: Call Ellen 609.558.0988, or email besmartinc@gmail.com

