

THE JEFF LOWE SUMMER FUN MEET

Hosted by **HAMILTON Y AQUATIC CLUB** @ PRINCETON UNIVERSITY, DeNunzio Pool

Tuesday, July 16, 2013

Doors open at 10:50AM	Warm-up @ 11:00AM; check-in by 11:30AM	Start at NOON
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FACILITY: Princeton University is an 8 lane **50 meter** pool located on Faculty Road with Colorado timing.

MEET DIRECTOR: Ellen W. Mace (entries1@juno.com)

ELIGIBILITY: Swimmers must be members in good standing of a NJ YMCA and be 12 years old by July 29, 2013

ENTRY FEES: \$5.00 per individual event and \$8.00 per relay event; deck entries \$10.00. There will also be a \$4.00 surcharge per swimmer

ENTRIES: Team Manager entries should be emailed to entries1@juno.com no later than **Thursday July 11, 2013**. Entries can be in yards, short course meters or long course meters. Payment should be made to **HAC and mailed to BE Smartt, Inc., 604 Paxson Avenue, Mercerville, NJ 08619**. Deck entries **may** be accepted; the fee will be \$10.00/per event. The TM events file is posted at www.besmarttinc.com

MEET FORMAT: This YMCA meet is designed to give YMCA swimmers an opportunity to qualify for the upcoming YMCA nationals. No awards will be given. The 2013 USA Swimming Technical Rules shall govern this meet. All events are open. However, swimmers must be 12 years old by July 29, 2013 in order to compete. The Meet Director reserves the right to amend the events, or limit heats. HACY has the right to enter non-qualifying swimmers into the meet.

CHECK IN: The entire meet will be deck seeded and time permitting **deck entries may be accepted**. All coaches must turn in check-in sheets by 11:30AM. **Scratches should have names circled with the word "SCR" next to the name. Scratches from events should have the event number circled and the "SCR". All other swimmers should have a line through their name signifying the swimmer will swim in all events entered.** Any swimmer who has not checked in will be scratched from the session.

ADMISSIONS: There will be no admission fee to the facility; heat sheets will be sold for \$3.00, no programs will be available.

RESULTS: A zip file will be posted immediately following the meet at www.besmarttinc.com. Please advise if you will need a hard copy of the meet results.



OFFICIALS: Judy Sharkey, Meet Referee

CONDUCT: Proper conduct at all times will be enforced by coaches, parents, marshals, and the meet directors.

TIMERS: Participating clubs will be asked to provide timers with stopwatches; we will have **three** timers on a lane.

DIRECTIONS: Take Route 1 South, to Route 571 (Washington Road) make a right, then another right at the first light. The parking lot will be on your left past DeNunzio Pool.

QUESTIONS: Contact Ellen, 609.558.0988, entries1@juno.com or Sue Welsh, 609.468.9286, sjwelsh99@aol.com

EVENTS AND NOTES:

Time Standards Report: Equal to or faster than				
Event	QT	Event	QT	
Event 1 Girls 200 Medley Relay	NA	Event 20 Boys 50 Back	42.49	
Event 2 Boys 200 Medley Relay	NA	Event 21 Girls 100 Free	1:17.49	
Event 3 Girls 50 Free	35.69	Event 22 Boys 100 Free	1:17.49	
Event 4 Boys 50 Free	35.69	Event 23 Girls 100 Fly	1:31.99	
Event 5 Girls 100 Back	1:31.39	Event 24 Boys 100 Fly	1:31.99	
Event 6 Boys 100 Back	1:31.39	Event 25 Girls 50 Breast	47.09	
Event 7 Girls 200 Fly	3:22.49	Event 26 Boys 50 Breast	47.09	
Event 8 Boys 200 Fly	3:22.49	Event 27 Girls 200 Back	3:20.79	
Event 9 Girls 100 Breast	1:43.69	Event 28 Boys 200 Back	3:20.79	
Event 10 Boys 100 Breast	1:43.69	Event 29 Girls 200 Free Relay	NA	
Event 11 Girls 200 IM	3:15.19	Event 30 Boys 200 Free Relay	NA	
Event 12 Boys 200 IM	3:15.19	Event 31 Girls 400 Free	6:00.09	
Event 13 Girls 200 Free	2:48.69	Event 32 Boys 400 Free	6:00.09	
Event 14 Boys 200 Free	2:48.69	Event 33 Girls 400 IM	6:59.79	
Event 15 Girls 50 Fly	39.99	Event 34 Boys 400 IM	6:59.79	
Event 16 Boys 50 Fly	39.99	Event 35 Girls 800 Free	11:36.59	
Event 17 Girls 200 Breast	3:44.39	Event 36 Boys 800 Free	11:36.59	
Event 18 Boys 200 Breast	3:44.39	Event 37 Girls 1500 Free	21:47.19	
Event 19 Girls 50 Back	42.49	Event 38 Boys 1500 Free	21:47.19	

1. All events will run SLOW to FAST.
2. Entries can be in yards, short course meters, or long course meters.
3. Swimmers may enter as many events as desired.
4. HAC reserves the right to combine any event into a mixed gender event.
5. Depending on the number of athletes participating, HAC reserves the right to invoke entry limits, revise the order of events, delete certain events and otherwise revise the meet to address any time/facility constraints.
6. * Relays will be deck entered based on available time and facility setup.

