

2024 LIFE Hot Summer Nights Saturday-Sunday June 22nd-23rd

Meet Schedule

Session	Age Group	Warm-Up	Check-In	Start
Saturday	Doors Open:	12:15pm		
1	12 & Under	12:30pm	12:40pm	1:15pm
2	13 & Over	2:45pm	3:15pm	3:50pm
Sunday	Doors Open:	12:15pm		
3	12 & Under	12:30pm	12:40pm	1:15pm
4	13 & Over	2:45pm	3:15pm	3:50pm



Warm-up Schedule

Session 1 – Saturday 12 & Under

	L1	L2	L3	L4	L5	L6	L7	L8
12:30pm	LIFE	LIFE	LIFE	PAA	PAA	CBGC	<i>Others</i>	

Session 2 – Saturday 13 & Over

	L1	L2	L3	L4	L5	L6	L7	L8
2:45pm	LIFE	LIFE	LIFE	LIFE	LIFE	LIFE	LIFE	LIFE
3:15pm	JFAC	JFAC	RSA	RSA	CBGC	PAA	PAA	<i>Others</i>

Session 3 – Sunday 12 & Under

	L1	L2	L3	L4	L5	L6	L7	L8
12:30pm	LIFE	LIFE	PAA	PAA	STAC	STAC	CBGC	<i>Others</i>

Session 4 – Sunday 13 & Over

	L1	L2	L3	L4	L5	L6	L7	L8
2:45pm	LIFE	LIFE	LIFE	LIFE	LIFE	LIFE	LIFE/LT-MA	CBGC
3:15pm	PAA	PAA	STAC	STAC	RSA	RSA	JFAC	JFAC



2024 LIFE Hot Summer Nights Saturday-Sunday June 22nd-23rd

Timing Assignments

Session 1 – Saturday 12 & Under

L1	L2	L3	L4	L5	L6	L7	L8
PAA	PAA	CBGC	CBGC	HQH	WAVE	LIFE	LIFE
LIFE	LIFE	LIFE	LIFE	LIFE	LIFE	LIFE	LIFE
<i>Alternates: LIFE, PAA, CBGC</i>							

Session 2 – Saturday 13 & Over

L1	L2	L3	L4	L5	L6	L7	L8
PAA	PAA	JFAC	JFAC	RSA	RSA	CBGC	CBGC
LIFE	LIFE	LIFE	LIFE	LIFE	LIFE	LIFE	LIFE
<i>Alternates: LIFE, RSA, JFAC</i>							

L1	L2	L3	L4	L5	L6	L7	L8
PAA	PAA	STAC	STAC	CBGC	CBGC	LIFE-MA	LIFE
LIFE	LIFE	LIFE	LIFE	LIFE	LIFE	LIFE	LIFE
<i>Alternates: LIFE, STAC, PAA</i>							

Session 4 – Sunday 13 & Over

L1	L2	L3	L4	L5	L6	L7	L8
PAA	PAA	STAC	STAC	RSA	RSA	JFAC	JFAC
LIFE	LIFE	LIFE	LIFE	LIFE	LIFE	LIFE	CBGC
<i>Alternates: LIFE, CBGC, PAA</i>							

