

2022 MAY July Heat Wave Saturday-Sunday July 9th-10th

Meet Schedule

Session	Age Group	Warm-Up	Check-In	Start
1	Saturday 12 & Under	8:15am	8:25am	9:00am
2	Saturday Distance	11:25am	11:30am	12:00pm
3	Saturday 13 & Over	1:30pm	1:40pm	2:15pm
4	Sunday 12 & Under	8:15am	8:25am	9:00am
5	Sunday Distance	11:40am	11:45am	12:15pm
6	Sunday 13 & Over	2:00pm	2:10pm	2:45pm

Warm-up Schedule

Session Saturday 12 & Under

	L1	L2	L3	L4	L5	L6	L7	L8
8:15am	WFY	WFY	GMNY	GMNY	WY	MAY	HACY/NJBL	SCY/VINY/ MEY

Session 2 Saturday Distance

	L1	L2	L3	L4	L5	L6	L7	L8
11:25am	<i>Open Warm-Up/All Teams, Swimmers provide timers and counters</i>							

Session 3 Saturday 13 & Over

	L1	L2	L3	L4	L5	L6	L7	L8
1:30pm	MAY	MAY/VINY	HACY/MEY	HACY/WFY	WFY	WY	GMNY/SCY	SCY/NJBL



2022 MAY July Heat Wave Saturday-Sunday July 9th-10th

Warm-up Schedule

Session 4 Sunday 12 & Under

	L1	L2	L3	L4	L5	L6	L7	L8
8:15am	WFY	WFY	GMNY	GMNY/MDY	WY	HCY/NJBL	HACY/MAY	ALL OTHERS

Session 5 Sunday Distance

	L1	L2	L3	L4	L5	L6	L7	L8
11:40am	<i>Open Warm-Up/All Teams, Swimmers provide timers and counters</i>							

Session 6 Sunday 13 & Over

	L1	L2	L3	L4	L5	L6	L7	L8
2:00pm	MAY	MAY/SCY	WFY	WFY/GMNY	HACY	WY	HCY/ALL OTHERS	NJBL/RAYS



2022 MAY July Heat Wave Saturday-Sunday July 9th-10th

Timing Assignments

Session 1 – Saturday 12 & Under

L1	L2	L3	L4	L5	L6	L7	L8
WFY	GMNY	WY	HACY	NJBL	SCY	XXX	XXX
WFY	GMNY	WY	WFY	GMNY	VINY	XXX	XXX

Session 2 – Saturday Distance

L1	L2	L3	L4	L5	L6	L7	L8
<i>Open Warm-up</i>							
<i>Swimmers provide own timer and counter</i>							

Session 3 – Saturday 13 & Over

L1	L2	L3	L4	L5	L6	L7	L8
HACY	WFY	WY	GMNY	NJBL	SCY	XXX	XXX
HACY	WFY	WY	GMNY	NJBL	SCY	XXX	XXX



2022 MAY July Heat Wave Saturday-Sunday July 9th-10th

Timing Assignments

Session 4 – Sunday 12 & Under

L1	L2	L3	L4	L5	L6	L7	L8
WFY	GMNY	WY	HCY	HACY	MAY	XXX	XXX
WFY	GMNY	WY	HCY	MAY	MDY	XXX	XXX

Session 5 – Sunday Distance

L1	L2	L3	L4	L5	L6	L7	L8
<i>Open Warm-up</i>							
<i>Swimmers provide own timer and counter</i>							

Session 6 – Sunday 13 & Over

L1	L2	L3	L4	L5	L6	L7	L8
WFY	HACY	WY	GMNY	HCY	NJBL	XXX	XXX
WFY	HACY	WY	GMNY	SCY	RAYS	XXX	XXX

Teams are also expected to provide marshals for their 12 & Under Swimmers:
 Up to 5 swimmers: 2, Up to 10 swimmers: 3, up to 20 swimmers: 4,
 30 or more swimmers: 5 marshalls.
Marshalls will make sure their swimmers are ready behind the blocks.

