

2024 MAY Winter Storm Sunday January 28th

Meet Schedule

Session	Age Group	Warm-Up	Check-In	Start
1	12 & Under	12:30pm	12:35pm	1:10pm
2	Distance	**	3:00pm	3:30pm**
3	13 & Over	3:55pm	4:05pm	4:40pm

**** Warm-up for distance session in Dive Pool during 12 & Under session.
Distance will not start before 3:30pm**

Warm-up Schedule

12 & Under

	L1	L2	L3	L4	L5	L6	L7	L8
12:30pm	MAY	MAY	MAY	MAY	MAY/CAT	CAT	CAT	CAT

	D1	D2	D3	D4	D5	D6	D7	D8
12:30pm	SCAR	SCAR	SCAR	SCAR	GMY	GMY	GMY	GMY/WAVE

Distance

	D1	D2	D3	D4	D5	D6	D7	D8
Open	Open Warm-up during 12 & Under Session							

13 & Over

	L1	L2	L3	L4	L5	L6	L7	L8
3:55pm	MAY	MAY	MAY	MAY	MAY	MAY	GMY	GMY

	D1	D2	D3	D4	D5	D6	D7	D8
3:55pm	SCAR	SCAR	SCAR	CAT	CAT	CAT	WAVE	Open



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Timing Assignments

12 & Under

L1	L2	L3	L4	L5	L6	L7	L8
SCAR	SCAR	CAT	CAT	GMY	GMY	WAVE	MAY
Alternates: SCAR, CAT, GMY							

Distance

L1	L2	L3	L4	L5	L6	L7	L8
Swimmers provide their own timers & counters							

13 & Over

L1	L2	L3	L4	L5	L6	L7	L8
WAVE	GMY	GMY	CAT	CAT	SCAR	SCAR	MAY
Alternates: SCAR, CAT, GMY							

