

2018 MAY SUMMER SPRINTS

SUNDAY, JUNE 17th, 2018

Fly Over Starts for all sessions

Session 1--12/UNDERS
Session 2--400'S
Session 3--13/OVERS

Warm-up

12:10PM
2:55PM
4:25PM

Check-in

12:30PM
3:00PM
4:55PM

Start

1:05PM
3:30PM
5:30PM

**ONE WARMUP
APPROXIMATELY**

WARMUP ASSIGNMENTS

	12/UNDERS		ALL 400'S		13/OVERS	
	12:10PM	12:35PM	2:55PM	TENTATIVE	4:25PM	4:55PM
LANE 1	MAY	MCSC	MCSC	ONE WARM-UP	MCSC	CAT
LANE 2	MAY	MDY	CAT		MAY	MDY
LANE 3	NJRC	TWST	MAY		ALL	MEY
LANE 4	NJRC	BB	ALL		MAY/UNAT	BB
LANE 5	WAVE	CBGC	OTHERS		HACY	TWST
LANE 6	WAVE	MEY	TEAMS		HACY	BGCD
LANE 7	WAVE	UN/ECCC	LANES		NJRC	CBGC/RHSC
LANE 8	ALL OTHERS	HACY/BGCD	3--8		NJRC	WAVE/UN

TIMING ASSIGNMENTS

	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
SESSION 1--12/UNDERS	WAVE	NJRC	MCSC	MDY	TWST	BB/BGCD	CBGC/HACY	MEY/UN
SESSION 2--400'S	ALTS: ALL OTHER TEAMS (BE PREPARED TO TIME IF NEEDED) SWIMMERS WILL PROVIDE THEIR OWN TIMERS							
SESSION 3--13/OVERS	MCSC	HACY	NJRC	CAT	MDY	MAY/WAVE	MEY/BGCD	BB/TWST
	ALTS: ALL OTHER TEAM (BE PREPARED TO TIME IF NEEDED)							

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