



2019 MDY JUNIOR JAM
FLY OVER starts will be used throughout the meet
Sunday, JANUARY 13TH, 2019

MEET SCHEDULE

<u>SUNDAY</u>	<u>AGE GROUP</u>	<u>WARM-UP</u>	<u>CHECK-IN</u>	<u>START</u>	
SESSION 1	10/UNDERS	7:00AM	7:40AM	8:20AM	
SESSION 2	11/12'S	12:30PM	12:50PM	1:25PM	APPROXIMATELY

WARM-UP SCHEDULE

<u>SUNDAY</u>	<u>LANE 1</u>	<u>LANE 2</u>	<u>LANE 3</u>	<u>LANE 4</u>	<u>LANE 5</u>	<u>LANE 6</u>
7:00-7:25AM	MDY	MDY	MDY	RY	RY	RY
7:25-7:50AM	LIFE	LIFE	LIFE	LIFE	LIFE/SCY	SCY
7:50-8:15AM	CCC	CCC	CCC/EAG	EAG	BB	BB
12:30-12:55PM	LIFE	LIFE	LIFE	MDY	MDY	CBGC
12:55-1:20PM	EAG	SCY	SCY/BB	BB	CCC	CCC

TIMING ASSIGNMENTS

<u>SUNDAY</u>	<u>LANE 1</u>	<u>LANE 2</u>	<u>LANE 3</u>	<u>LANE 4</u>	<u>LANE 5</u>	<u>LANE 6</u>	<u>ALTERNATES:</u>
SESSION 1	LIFE	LIFE	EAG	BB	CCC	RY	RY/BB
SESSION 2	LIFE	CCC	BB	SCY	CBGC	EAG	LIFE/CCC