## **MSAC Swimming Championships**

Wednesday, February 21st, 2024 Newark Academy, 91 South Orange Ave, Livingston, NJ 07039

1st Warm-up: 3:30-3:55 Kent Place, MKA, Morristown Beard
2nd Warm-up: 3:55-4:20 Newark Academy, Pingry
3rd Warm-up: 4:20-4:28 Open lanes
Start time: 4:30pm



**Swimmer Entries**: Times must be submitted in yard times. Entries will be accepted by HyTek Team Manager **only**.

This is also available on the <u>www.besmarttinc.com</u> website with directions included. If you do not have the team manager software, please download <u>this</u> to use. Then, import the February 21st MSAC Swimming Championship meet events file from the <u>www.besmarttinc.com</u> website.

## \*\*Entries are due by the end of the day Wednesday, February 14th, 2024\*\* Please send all entries to besmarttinc@gmail.com

No deck entries will be accepted. Entries must include the swimmers best time in yards from the 2023-24 season. Relay entries must include four possible swimmers. Names for relays may be changed up to 1/2 hour prior to the meet start at the pool office. No other events may be changed. Swimmers may enter a maximum of four events, of which no more than two can be individual events and no more than four swimmers per team can be entered in an event. Each team can enter one team per relay event.

**Scoring**: The meet will be scored to twelve places with individuals getting: 16, 13, 12, 11, 10, 9, 7, 5, 4, 3, 2, 1 and relays getting: 32, 26, 24, 22, 20, 18.

Event List: All events are mixed.

Mixed 100 Medley Relay
 Mixed 100 Freestyle
 Mixed 100 IM
 Mixed 25 Freestyle
 Break
 Mixed 50 Butterfly
 Mixed 50 Freestyle
 Mixed 200 Freestyle
 Mixed 100 Freestyle Relay
 Mixed 50 Backstroke
 Mixed 50 Breaststroke
 Mixed 200 Freestyle Relay

**Awards**: The top three individuals in each event including top three relays will receive medals.

**Rules**: The meet will follow the current National Federation of High School Associations rules. At least one coach must accompany each team. All events will be timed finals.

**Refreshments**: Absolutely no food is allowed inside the pool area.

Questions: Please contact Bella Galvez <u>bgalvez@newarka.edu</u>