



2018 MYM MAY WARM-UP AT RUTGERS

SATURDAY AND SUNDAY, MAY 19 & 20, 2018
Fly over starts WILL be used throughout the meet

ALL RELAYS HAVE BEEN CANCELLED

MEET SCHEDULE

<u>DAY</u>	<u>SESSION</u>	<u>AGE GROUP</u>	<u>WARM-UP</u>	<u>CHECK-IN</u>	<u>START</u>
SATURDAY	1	ALL	12:00PM	12:00PM	12:35PM
		12/UNDERS	one warm-up		
SATURDAY	2	DISTANCE:		3:00PM	3:30PM
		1500s			
SATURDAY	3	ALL	4:35PM	4:55PM	5:30PM
		13/OVERS			
SUNDAY	4	ALL	12:00PM	12:00PM	12:35PM
		12/UNDERS			
SUNDAY	5	DISTANCE		3:00PM	3:30PM
		800s			
SUNDAY	6	ALL	4:45PM	5:05PM	5:40PM
		13/OVERS			

TIMING ASSIGNMENTS

	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	ALTS:
SAT / S1	PAA	STAC	WAVE	EAG	PAA	STAC	WAVE	EAG	
SAT / S2	<i>Swimmers need their own timers and lap counters</i>								
SAT / S3	CBGC	SHY	SDSC	PAA	RA	SRAY	MCY	MEY	WAVE/NJBL
SUN / S4	PAA	STAC	WAVE	EAG	PAA	STAC	WAVE	EAG	
SUN / S5	<i>Swimmers need their own timers and lap counters</i>								
SUN / S6	PAA	SHY	STAC	SRAY	RA	EAG	CBGC	PAA	MDY/MEY

Any team without a specific assignment needs to be ready to be a back-up timer.



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WARM-UP SCHEDULE for SATURDAY

SATURDAY SESSION 1		SATURDAY SESSION 2		SATURDAY SESSION 3	
ONE WARM-UP @ NOON		1500'S		4:35PM	5:00PM
L1	MYM			MYM	STAC
L2	MYM		ALL ONE	MYM	EAG
L3	MYM	ONE	Swimmers 30	MYM	RA
L4	MYM/EAG	WARM-UP	ALL MINUTE	MYM/RVYM	SRAY
L5	PAA	FOR	Teams WARM-UP	PAA	MDY
L6	PAA/STAC	12/UNDERS		PAA	MEY/SWAC
L7	STAC			SHY	CBGC/NJBL
L8	WAVE			SHY	SDSC/WAVE

NOTE: 1500 warm-up might start in the patio pool

WARM-UP SCHEDULE for SUNDAY

SUNDAY SESSION 4		SUNDAY SESSION 5		SUNDAY SESSION 6	
ONE WARM-UP @ NOON		800'S		4:45PM	5:10PM
L1	MYM			MYM	STAC
L2	MYM		ALL ONE	MYM	EAG
L3	MYM	ONE	Swimmers 30	MYM	RA
L4	MYM/EAG	WARM-UP	ALL MINUTE	MYM/RVYM	SRAY
L5	PAA	FOR	Teams WARM-UP	PAA	CBGC
L6	PAA/STAC	12/UNDERS		PAA	MEY/SWAC
L7	STAC			SHY	MDY/NJBL
L8	WAVE			SHY	SDSC/WAVE

NOTE: 800 warm-up might start in the patio pool