

# 2018 MYM SUMMER SUNSHINE

SATURDAY, JUNE 16th, 2018

## Fly Over Starts for all sessions

Session 1--12/UNDERS

Session 2--400'S

Session 3--13/OVERS

Warm-up

12:10PM

3:55PM

5:30PM

Check-in

12:30PM

3:55PM

5:50PM

Start

1:05PM

4:30PM

6:25PM

**ONE WARMUP**

**APPROXIMATELY**

### WARMUP ASSIGNMENTS

		12/UNDERS	
		12:10PM	12:35PM
LANE 1	MYM	STAC	
LANE 2	MYM	FSPY	
LANE 3	MYM	SAY	
LANE 4	MYM	SHY	
LANE 5	MYM	WY	
LANE 6	MYM	TWST	
LANE 7	MEY	BB	
LANE 8	EAG	<b>ALL OTHERS</b>	

		ALL 400'S	
		3:55PM	TENTATIVE
	MYM		
	MYM		
	STAC	<b>ONE</b>	
	ALL		
	OTHERS	<b>WARM-UP</b>	
	TEAMS		
	LANES		
	3--8		

		13/OVERS	
		5:30PM	5:55PM
	MYM	WY	
	MYM	SVY	
	MYM	EAG	
	MYM	FSPY	
	SAY	MEY	
	SAY	SHY	
	STAC	TWST	
	STAC	BB/RHSC	

slow-to-fast; alternating

### TIMING ASSIGNMENTS

	<u>LANE 1</u>	<u>LANE 2</u>	<u>LANE 3</u>	<u>LANE 4</u>	<u>LANE 5</u>	<u>LANE 6</u>	<u>LANE 7</u>	<u>LANE 8</u>
<b>SESSION 1--12/UNDERS</b>	STAC	FSPY	SAY ALTS: BB	SHY	WY	TWST	EAG	MEY
<b>SESSION 2--400'S</b>	<b>SWIMMERS WILL PROVIDE THEIR OWN TIMERS</b>							
<b>SESSION 3--13/OVERS</b>	SAY	STAC	WY	SVY	EAG	FSPY	MEY	SHY

ALTS: TWST, BB

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