

Metropolitan Collegiate Conference 2023 Awards

Overall Women: University of Mary Washington

2nd: Rowan

3rd: US Merchant Marine Academy

Overall Men: The College of New Jersey

2nd: US Merchant Marine Academy

3rd: Rowan

Rookies of the Meet

Women: Ella Pennington, ROWA

Men: Gavin Formon, TCNJ

Swimmers of the Meet

Women: Kinsey Brooks, UMW

Men: James McChesney, TCNJ

Divers of the Meet, Joe Stetz Award

Women: Gabriela Valladares, TCNJ

Men: Ethan Weiss, TCNJ

Dick Krempecki Outstanding Senior Award

Women: Sarah Decker, HC

Men: Sean Rave, TCNJ

Diving Coaches of the Year

Women's Coach: Eric Blevins, TCNJ

Men's Coach: Eric Blevins, TCNJ

Anthony Lisa Swim Coaches of the Year

Women's Coach: Justin Anderson, UMW

Men's Coach: Dave Dow, TCNJ

