

# NEW JERSEY STATE INTERSCHOLASTIC ATHLETIC ASSOCIATION

1161 Route 130 North, P.O. Box 487, Robbinsville, NJ 08691

## 2019 NJSIAA BOYS & GIRLS INDIVIDUAL SWIMMING TOURNAMENT

**Important:** Coaches must have a copy of these instructions as well as a copy of the NJSIAA Swimming Rule Modifications (if any) available at all games. Copies of these regulations are available at: [www.njsiaa.org/sports/swimming](http://www.njsiaa.org/sports/swimming)

The NFHS Swimming Rules along with any NJSIAA swimming rule modifications will govern this tournament.

To promote fairness in competition and the health and safety of student athletes, no NJSIAA member school will be eligible to participate in any NJSIAA Championship Tournament if it has violated the Specific Sports Regulations for the sport including, but not limited to, the start of practice, the start and ending of the sport season and the maximum contests permitted during the regular season. The application of this eligibility standard is non-appealable.

### **Boys & Girls Individual Swimming Tournament Director:**

Paul Welsh, Phone: (609) 947-8040, Email: [pwwelsh6@gmail.com](mailto:pwwelsh6@gmail.com)

### Swimming (Specific Sports Regulations)

Section 1 Rules National Federation Swimming Rules shall govern all NJSIAA meets.

Section 2 Start of Practice Provided for in Program Regulations, Section 6.

Section 3 Start of Regular Schedule Provided for in Program Regulations, Section 8.

Section 4 End of Season Provided for in Program Regulations, Section 10.

Section 5 Transfers Any transfer on or after January 4, 2019, are not eligible for post-season play.

Section 6 Meets Per Week Not more than a total of three (3) swimming meets may be held per week beginning with the week of the Start of the Regular Schedule (Program Regulations, Section 8) to the start of the State Tournament (this includes interschool scrimmages, regular meets, postponed meets, and invitational meets), but meets may not be conducted on three (3) consecutive days. This section does not apply to State Tournament scheduling.

Section 7 Maximum Meets A member school may compete in twenty-three (23) meets (including scrimmages as provided for in Program Regulations, Section 7 Practices/Scrimmages/Games/Meet), and the State Tournament. All championship meets count toward the total of twenty-four. You may play one four-game week.

*CL 1: Schools with a declared separate boys team and girls team may not swim as a combined team unless swimming against a declared combined team. Declared combined teams may not swim as a separate boys team or a separate girls team in interscholastic meets.*

*CL 2: Diving will not be included as an event during the regular season, the NJSIAA Power Points championship or in the NISCA Power Points for qualification for the team championship competition. Conferences may include Diving in conference meets. Schools may include Diving in non-conference meets by written agreement of the competing schools.*

*CL 3: Scrimmages during the regular season count toward the allowable number of games.*

Section 8 Championship Eligibility A student competing on an interscholastic swimming team must swim as a member of his/her high school team in at least 50% of the school's total meets (while he/she attends said school) to be eligible for the NJSIAA Championship Meet.

*CL 1: This means a student must swim in at least 50% of the school's meets up to and including cut-off date while he/she was properly enrolled and eligible at said school according to NJSIAA regulations.*

*CL 2: Late entries will not be accepted as outlined in Program Regulations, Section 13.*

*CL 3: Once schools declare their swim teams as either separate boys, separate girls or combined/co-ed, those declared teams will remain as such during the state tournament classification process. As in regular season competition, combined/co-ed teams will be grouped with boys teams and not grouped with girls teams to determine classification group size. Boys teams and combined/co-ed teams will be classified together in their A, B, and C groups, according to the Northing System. Girls teams will be classified separately (without including combined/co-ed teams) in their A, B, and C Groups according to the Northing System.*

Section 9 Officials A minimum of three (3) NJSIAA registered officials is required for all championship swimming meets. Four (4) officials will be assigned to the sectional state semifinals and finals. A minimum of two (2) NJSIAA registered officials shall be used for all other varsity meets.

### **New for This Year's State Tournament**

1. All entry cards for all state meets become official once they are handed to the meet referee or their designee.
2. Coaches will be able to check in 30min before warm-up time. Coaches will need to be checked in no later than 15min before start of meet. No athlete will be permitted in the water until a coach, or school approved personnel are on site.
3. There will be no limit to the wrist bands for the coaches as long as they are approved by the school and listed on the entry form. They must be coaches that have coached all year, you cannot add coaches for the state tournament unless approved by the meet director or the NJSIAA.
4. All coaches must check in with proper ID to receive their wrist band. Coaches will no longer be permitted to pick up other coaches' wristbands.
5. Scratches for finals must be made within 30 minutes of event results being announced.

### **To Qualify**

A student attending a school which competes on an interscholastic basis must swim as a member of his high school team in at least 50% of the school's total dual meets (while they are eligible), to be eligible for the NJSIAA Individual Championship Meet.

In schools sponsoring only Boys swimming programs, the girls swimming on those teams would be required to swim as a relay team composed of four girls, in at least 6 dual meets during the season, in order to qualify as a relay in the Individual Championship. Meet sheets must be submitted with entry, to document swim times for each event they plan to enter.

Individuals from schools which do not compete on an interscholastic basis or whose teams have not competed in at least six (6) interscholastic meets are eligible to qualify as individuals, provided that they have met the cut off times as listed during the current interscholastic season. Qualifying times must have been attained between December 1, 2018 and February 10, 2019.

Schools entering individuals when the school DOES NOT have an interscholastic swim team: The Head Coach signing the entry form must be appointed by the Board of Education within the provisions of PROCEDURE "Coaches" appointed to accompany teams or Individuals to NJSIAA Championships, in the NJSIAA Handbook, and must be able to certify he/she was present at the required six (6) practices and will coach the individual(s) at the State Championship. Penalty for failure to comply will be disqualification of the individual(s). A properly appointed coach will thereafter be subject the Rules and Regulations, Rule 2, Section 11 - Out-Of-Season Practice. If substitute coach, written authority from the principal must be presented.

**All entries must be submitted by 12:00pm on February 11, 2019. We will not accept any entry form after that date.**

All individual swimmers that have qualified for the tournament and have submitted an entry form by the deadline, may improve their seed time up to and including February 20, 2019. All individual swimmers that have achieved a faster seed time must email the Entry Coordinator by 12:00pm the next day to: [besmartinc@gmail.com](mailto:besmartinc@gmail.com)

**Wildcard Qualifiers:** Swimmers that did not qualify by Feb 10<sup>th</sup>, but their team is still competing in the state tournament can qualify during the team tournament. Entry form must be submitted to the meet director and qualifying time must be emailed to the Entry Coordinator by 12:00pm the next day following the meet which the time was achieved to: [besmartinc@gmail.com](mailto:besmartinc@gmail.com)

### **Entry Procedure**

1. All schools must use Hy-Tek for entering this meet.
2. Either Hy-Tek Team Manager or TM II Lite may be used. TM II Lite may be downloaded without charge from the following site: [www.besmartinc.com](http://www.besmartinc.com) Directions for use are also available on this site.
3. E-mail entry should include the zip file from Team Manager of your entries, as well as a recap of the number of individual entries and relay entries.
4. From the Team Manager, send the "individual meet entry report, by name" and the "relay entry report". These reports can be Word documents!
5. All entry forms must be emailed to the meet director by 12:00pm on February 11, 2019.
6. All Hy-Tek entries must be emailed to the entry coordinator by 12:00pm on February 11, 2019.
7. Only updated seed times and wildcard entries will be accepted after February 11<sup>th</sup>.

**All USA Swimmers, please input your US Swimmer ID number with your entry. MOC results will be sent to the SWIMS database. We will no longer sign-up US Swimmers at the MOC meet.**

Entries must be submitted to the following people via email only:

**Meet Director**

Paul Welsh  
[pwwelsh6@gmail.com](mailto:pwwelsh6@gmail.com)

**Entry Coordinator**

Ellen Mace  
[besmartinc@gmail.com](mailto:besmartinc@gmail.com)

**Entry Notes**

- The Executive Committee of the NJSIAA has ruled that member schools failing to comply with the tournament entry procedures will be excluded from tournament competition in that sport.
- Schools entering the tournament will not be granted a change of date due to any conflicts with school trips, dances, banquets, testing programs, proms, and the like.
- **DO NOT ENTER** if your School is not able or willing to comply with tournament regulations.

**Entry Fee**

- \$14.00 for each individual event and \$22.00 for each relay. Payable to the NJSIAA (Please note Swimming Tournament).
- Forward all entry fees to: NJSIAA, 1161 Route 130 North, Robbinsville, New Jersey 08691
- Entry Fee is Due by February 28, 2019. **DO NOT** use certified mail.

<b>IMPORTANT DATES</b>	
First Practice:	November 12, 2018
First Scrimmage:	November 19, 2018
Opening Day:	December 1, 2018
Individual Cutoff:	February 10, 2019
Individual Entry Deadline (by 12:00pm):	February 11, 2019
Rules Committee Post-Season Meeting:	March 20, 2019
<b>INDIVIDUAL SWIMMING CHAMPIONSHIPS</b>	<b>@ GCIT</b>
<b>Preliminaries (Boys / Girls):</b>	<b>March 2, 2019</b>
Warm-ups	
Boys @ 9:00am	
Girls @ 1:30pm	
Start Time	
Boys @ 10:00am	
Girls @ 2:30pm	
<b>Finals (Boys / Girls):</b>	<b>March 3, 2019</b>
Warm-ups	
Boys @ 9:00am	
Girls @ 1:30pm	
Start Time	
Boys @ 10:00am	
Girls @ 2:30pm	

Individual championships will begin on time. No event will be held up for any swimmer for any reason. Individual events shall have consolation and final heats and relays shall have bonus, consolation and final heats.

In the event of inclement weather, notice will be posted on the NJSIAA website: [www.njsiaa.org](http://www.njsiaa.org)

## **2019 State Swim Qualifying Times**

All entry times must be submitted in yard times according to the conversion chart.

<b>Event</b>	<b>Girl's</b>	<b>Boy's</b>
200 Yard Medley Relay	1:53.90	1:41.17
200 Yard Freestyle	1:57.80	1:46.19
200 Yard Individual Medley	2:11.88	2:00.70
50 Yard Freestyle	0:25.03	0:22.67
100 Yard Butterfly	0:59.17	0:53.20
100 Yard Freestyle	0:54.57	0:48.84
500 Yard Freestyle	5:17.93	4:54.69
200 Yard Freestyle Relay	1:42.83	1:33.96
100 Yard Backstroke	1:01.02	0:54.29
100 Yard Breaststroke	1:07.63	1:01.12
400 Yard Freestyle Relay	3:48.29	3:20.21

**Carefully check the times of your entrants. Do not enter a swimmer whose time is not equal or better than those listed above. This is a championship meet and you must adhere to the cut-off times. Coaches should be prepared to certify the times of any entrant on the day of the meet. The meet committee reserves the right to disqualify the school or swimmer when times cannot be certified for this event. This could also result in disqualification in the subsequent year. Additionally, a fine may be imposed on the coach or school.**

### **Tournament Information**

1. A competitor shall be permitted to enter a maximum of four (4) events, no more than two (2) of which may be individual events.
2. Each team shall be permitted a maximum of four (4) entries in an individual event and one (1) team in a relay event.
3. National Federation Swimming Rules will govern the conduct of the meets.
4. Shaving in the locker room/shower area will not be permitted at the Gloucester County Institute of Technology
5. Lockers will be provided. Please bring a lock. Responsibility for personal belongings rests with the individual.
6. The NJSIAA, GLOUCESTER INSTITUTE OF TECHNOLOGY, and Montgomery High School shall in no way be liable for damages of any kind sustained in any manner in connection with the conduct of the Championships.
7. Only competitors who qualify and the school's personnel listed on the entry form will be admitted at the competitors' entrance.
8. Only schools' coaches listed on the entry form will be permitted in the deck area. Any other coaches must be ordered to spectator areas. Coaches deck passes will be issued.
9. Exhibition events/swimmers are not permitted
10. Glass containers are prohibited in the pool/locker room areas
11. No Face paint permitted by anyone on deck.
12. No changing permitted on deck.

**All Scratches for the finals must be made within 30 minutes of event results being announced.**

### **Meet Restrictions**

1. With the exception of the official NJSIAA banners, no signs, banners, or posters will be permitted to be hung in any manner in pool areas during the course of the NJSIAA championships.
2. Game Site Managers will be instructed to rigidly enforce these regulations.
3. Mechanical noisemakers, and balloons are not permitted in the pool area as well.
4. No face paint is permitted on the pool deck.
5. Because of the indoor conditions, bands will not be admitted in the site.
6. Please inform swimmers that no food is allowed in the immediate pool area. You will be held responsible for their conduct. Please ask to everyone to help keep the pool area, locker room area, and campus clean.

**PLEASE NOTIFY YOUR STUDENT BODY AND FANS OF THESE REGULATIONS.**

## **Disqualification**

Participation by an ineligible swimmer in any meet during the regular season results in forfeiture of all points achieved by the ineligible swimmer. If an ineligible swimmer participates in a championship meet, said swimmer will be disqualified from the championship immediately and the next finisher will advance in his/her place. Swimmers eliminated prior to the last competition will not re-enter championship competition.

## **Coaches/Certified Faculty Members Must Be Present**

Schools entering individuals and not presently competing on an interscholastic basis are advised to read carefully the Procedures - "Coaches" Appointed to Accompany Teams or Individuals to NJSIAA Championships in the NJSIAA Handbook. Tournament Directors will disqualify any contestant who is accompanied by someone in a coaching capacity who is not properly certified and appointed by the Board of Education. A properly appointed coach will thereafter be subject to the Rules and Regulations, Rule 2, Section 11 - Out-of-Season Practice. The Head Coach must be able to certify he/she was present at the required six (6) practices and will coach the individual(s) at the State Championships. Penalty for failure to comply will be disqualification of the individual(s). If a substitute coach is used, written authority from the school's Principal must be presented.

**Coaches' identification cards will be issued, which will allow access to the deck area, for all coaches listed on the entry form. Children and guests of coaches will not be permitted on the deck area. Only female swimmers permitted when the Girls Swim is being conducted and only male swimmers permitted when the Boys Swim is being conducted.**

## **Meet Records**

State Individual records can be set with proper verification by Meet Referee, Head Judge, and Head Timer.

## **Awards**

1. The top sixteen (16) swimmers competing in the Individual State Championship Finals will be awarded medals.
2. Awards will be presented following each event. Participation by the top 16 is mandatory. Coaches' cooperation is essential.
3. For the awards ceremony, competitors must wear school apparel or apparel without logos.
4. Competitors in the bonus heats will not be eligible to receive awards.

## **Admission Prices**

Administrative and supervisory personnel of competing schools will be admitted upon identification to gate personnel. Admission prices for those attending this championship meet will be:

<b><u>Adults:</u></b>	Preliminaries	TBD
	Finals	TBD
<b><u>Students (K-12) &amp; Senior Citizens:</u></b>	Preliminaries	TBD
	Finals	TBD

## **Swim Suit & Transgender Clarification:**

- Pursuant to NJ law and NJSIAA policy is that the student decides what swimsuit is appropriate. We permit the student to make the decision.
- NFHS Swim Rules-boys swim, we permit the Transgender Male to wear a men's suit, a women's suit, or a men's suit with covering (sports bra etc.)
- Full body suits are not permitted.
- Long or short sleeve "rash guard" shirt is permitted.
- Transgender Female may wear either.

## **Swim Suit & Religious Clarification:**

Swimmers are permitted to wear "Under Armour/Rash Guard" type apparel **under** their school uniform because of religious reason, as long as the apparel is not designed to enhance the performance of the swimmer. Full body suits are not permitted.

# NJSIAA Boys & Girls Individual Swimming Championships

## 2019 Tournament Entry Form

School: \_\_\_\_\_ Boys or Girls Entry: \_\_\_\_\_

Head Coach: \_\_\_\_\_ Cell #: \_\_\_\_\_

Email: \_\_\_\_\_

Athletic Director: \_\_\_\_\_ Phone #: \_\_\_\_\_

Email: \_\_\_\_\_

Coaches must be prepared to certify the times of any entrant on the day of the meet.

Coaches note entry time requirements are based on the 24th place time in the 2018 meet.

Up to eight individual relay swimmers may be listed per relay.

**A printed copy of individual entries and relay entries from Hy-Tek Team Manager or TM II Lite, must be included with this entry form.**

This entry form must be in the hands of the Meet Director & Meet Coordinator by 12:00pm on Monday, February 11, 2019.

Entries must be submitted to the following people via email only:

**Meet Director**

Paul Welsh

[pwwelsh6@gmail.com](mailto:pwwelsh6@gmail.com)

**Entry Coordinator**

Ellen Mace

[besmartinc@gmail.com](mailto:besmartinc@gmail.com)

**Wildcard Qualifiers:** Swimmers that did not qualify by Feb 10<sup>th</sup>, but their team is still competing in the state tournament can qualify during the team tournament. This entry form must be submitted to the Meet Director and qualifying time must be emailed to the Entry Coordinator by 12:00pm the next day following the meet which the time was achieved to: [besmartinc@gmail.com](mailto:besmartinc@gmail.com)

Individual championships will begin on time. No event will be held up for any swimmer for any reason. Individual events shall have consolation and final heats and relays shall have bonus, consolation and final heats.

Only competitors who qualify will be admitted at the competitors' entrance. Swimmers not listed will not be permitted on deck.

Please list all assistant coaches/certified faculty member:

\_\_\_\_\_

Only coaches whose names are listed on this entry form are permitted to check in individual swimmers.

Coaches Signature: \_\_\_\_\_

I certify that I am authorized to complete this form on behalf of the school district.