

Hosted by Scarlet Aquatics at Newark Academy

at Newark Academy
Held under the sanction of USA Swimming

		TT 444000000		
	NJ Swimming Sanction – # NJS		1.60 1.44	
Meet Sanction #	Any changes of the meet information without the approval of the administrative chairman, age group chairman or senior chairman are a violation of the sanction.			
. Tool barrows	It is understood and agreed that USA Swimming shall be free from any liabilities or claims for			
		damages arising by reason of injuries to anyone during the conduct of the event.		
Date of Meet:	Saturday-Sunday, November 1	.9th-20th, 2022		
Location:	Newark Academy, 91 South Ora	ange Avenue, Livingston NJ.		
Facility Info:	blocks, non-turbulent lane lines The depth at the start end of the observation area with bleacher-	The Newark Academy Pool is a 25-yard 6-lane pool. The pool uses pedestal style starting blocks, non-turbulent lane lines and a Colorado timing system, including a six-lane scoreboard. The depth at the start end of the pool is 6' 6", and the depth at the turn end is 3' 6". There is an observation area with bleacher-style seating for 150 spectators. There is an auxiliary gym where swimmers will be accommodated when not swimming.		
Pool Certification Statement:	statement is a required meet and the pool length measurement in in the pool. The fact that this pool on the validity of the times achie	The competition course has not been certified in accordance with 104.2.2C(4). Note that this statement is a required meet announcement statement, and refers to the pre-certification of the pool length measurement in regards to National and World Record swims which may occur in the pool. The fact that this pool is not certified in accordance to 104.2.2C(4) does not impact on the validity of the times achieved in this pool. Times swum at this meet will in fact be entered in SWIMS and are eligible for qualifying for any other USA Swimming sanctioned		
Host Team Contact:	Bill Deatly	908-273-6542	eliteswimclubnj@comcast.net	
Meet Director:	Bill Deatly	908-273-6542	eliteswimclubnj@comcast.net	
Meet Referee:	Gretchen Van de Walle		njhikers@gmail.com	
Admin Officials:	Be Smartt, Inc		besmarttinc@gmail.com	
Safety Marshall:	Angel Camacho		eliteswimclubnj@comcast.net	
Entry Coordinator:	Be Smartt Inc	609-558-0988	besmarttinc@gmail.com	
Entries Open:	Wednesday November 2 nd , 20	22 at 6:00am		
Entry Deadline:	Friday November 11th, 2022, a	t 6:00pm		
Swimmer Age	Swimmer ages for this meet are	as of: Saturday November	19th, 2022	
Entry Fees:		·		
Meet Course:	Short Course Yards (SCY)			
Meet Format:	 This meet will be run as a timed final meet. There will be 10 & Under, 12 & Under, 13-14, and 15 & Over events. There are "faster than" qualifying times for this meet. For the 13 & Over general sessions, a swimmer who meets the time standards for the event may swim 4 events that session. Swimmers entering the 400 IM, and the 500, 1000, & 1650 Freestyle events must meet the qualifying standards for those events. Swimmers in the 12 & Under sessions must meet the time standards for every event entered. This meet will be deck seeded with coaches checking in/scratching all swimmers and relays. When a session has been seeded, swimmers will be responsible for reporting to the blocks on their own. 			
Entry Limits:	Daily: 4 Individual events	Meet: 8 Indiv	idual Events	
Checks Payable To:	Ultimate Athletic Performance		-	
Email Entry Files To:	besmarttinc@gmail.com	- 		
Checks/Waivers:	Bring to the first session of the n	neet where the team is com	neting	

Saturday November 19th Facility Opens at 6:45am

Morning Session #1 - 13 & Over

"Make 1 time, Swim 4 events"

Warm-up: 7:00am Meet Start: TBA

Women	Equal/Faster	Age Group and Event	Equal/Faster	Men
ш1	1:15.39	13-14 100 Backstroke	1:11.89	"2
#1	1:12.69	15 & Over 100 Backstroke	1:07.39	#2
що	2:39.89	13-14 200 IM	2:35.69	ш.
#3	2:32.29	15 & Over 200 IM	2:22.29	#4
μг	1:05.89	13-14 100 Freestyle	1:03.89	#6
#5	1:02.09	15 & Over 100 Freestyle	57.29	
ш7	3:03.99	13-14 200 Breaststroke	2:55.89	".0
#7	2:54.69	15 & Over 200 Breaststroke	2:44.59	#8
#0	1:15.59	13-14 100 Butterfly	1:11.99	W10
#9	1:11.99	15 & Over 100 Butterfly	1:06.59	#10
ш11	6:16.89	13-14 500 Freestyle**	6:08.19	412
#11	5:55.99	15 & Over 500 Freestyle**	5:42.29	#12

^{** &}quot;Make 1, Swim 4" does not apply to this event. Swimmers must meet the time standard for the event.

Midday Session #2 - 1650 Freestyle

This session will be limited to a total of 4 heats of women & men. Heats may be combined.

Warm-up: TBA		Meet Start:TBA		
Women	Equal/Faster	Age Group and Event	Equal/Faster	Men
#13	20:41.99	Open 1650 Freestyle**	19:33.99	#14

^{** &}quot;Make 1, Swim 4" does not apply to this event. Swimmers must meet the time standard for the event. Swimmers must provide their own timers and counters for this event.



Saturday November 19th...continued

Afternoon Session #3-12 & Under

Warm-up: TBA		Meet Start: TBA		
Girls	Equal/Faster	Age Group and Event	Equal/Faster	Boys
#15	6:40.09	11-12 500 Freestyle**	6:40.09	#16
#17	36.69	10 & Under 50 Freestyle	36.69	#18
#19	37.09	11-12 50 Backstroke	37.09	#20
#21	2:50.89	12 & Under 200 Backstroke	2.50.89	#22
#23	1:34.99	10 & Under 100 Backstroke	1:34.99	#24
#25	1:09.29	11-12 100 Freestyle	1:09.29	#26
#27	3:00.29	10 & Under 200 Freestyle	3:00.29	#28
#29	1:30.29	11-12 100 Breaststroke	1:30.29	#30
#31	48.69	10 & Under 50 Breaststroke	48.69	#32
#33	35.89	11-12 50 Butterfly	35.89	#34
#35	2:57.99	12 & Under 200 Butterfly	2:57.99	#36
#37	1:43.09	10 & Under 100 Butterfly	1:43.09	#38
#39	2:51.69	11-12 200 IM	2:51.69	#40
#41	1:34.79	10 & Under 100 IM	1:34.79	#42

^{**} Swimmers must provide their own counters for this event

Sunday November 20th Facility Opens at 6:45am

Morning Session #4—13 & Over

"Make 1 time, Swim 4 events"

Warm-up: 7:00am		Meet Start: TBA		
Women	Equal/Faster	Age Group and Event	Equal/Faster	Men
#43	30.09 28.69	13-14 50 Freestyle 15 & Over 50 Freestyle	29.29 26.29	#42
#45	2:41.59 2:33.99	13-14 200 Backstroke 15 & Over 200 Backstroke	2:33.09 2:25.69	#44
#47	5:34.99 5:22.99	13-14 400 IM** 15 & Over 400 IM**	5:29.49 5:11.09	#46
#49	2:20.89 2:12.49	13-14 200 Freestyle 15 & Over 200 Freestyle	2:17.49 2:02.99	#48
#51	1:23.89 1:22.49	13-14 100 Breaststroke 15 & Over 100 Breaststroke	1:20.29 1:15.99	#50
#53	2:45.99 2:40.79	13-14 200 Butterfly 15 & Over 200 Butterfly	2:42.59 2:30.09	#52



Sunday November 20th...continued

Midday Session #5—13 & Over 1000 Freestyle

This session will be limited to a total of 6 heats of women & men. Heats may be combined.

	Warm-up: TBA		Meet Start:TBA	
Women	Equal/Faster	Age Group and Event	Equal/Faster	Men
#53	12:21.09	Open 1000 Freestyle**	11:39.19	#54

^{** &}quot;Make 1, Swim 4" does not apply to this event. Swimmers must meet the time standard for the event. Swimmers must provide their own timers and counters for this event.

Afternoon Session #6-12 & Under

Warm-up: TBA		Meet Start: TBA		
Girls	Equal/Faster	Age Group and Event	Equal/Faster	Boys
#55	2:32.49	11-12 200 Freestyle	2:32.49	#56
#57	1:22.59	10 & Under 100 Freestyle	1:22.59	#58
#59	1:21.59	11-12 100 Backstroke	1:21.59	#60
#61	43.99	10 & Under 50 Backstroke	43.99	#62
#63	31.89	11-12 50 Freestyle	31.89	#64
#65	1:47.69	10 & Under 100 Breaststroke	1:47.69	#66
#67	41.59	11-12 50 Breaststroke	41.59	#68
#69	3:13.69	12 & Under 200 Breaststroke	3:13.69	#70
#71	43.49	10 & Under 50 Butterfly	43.49	#72
#73	1:21.59	11-12 100 Butterfly	1:21.59	#74
#75	3:21.39	10 & Under 200 IM	3:21.39	#76
#77	1:21.09	11-12 100 IM	1:21.09	#78



Tentative Meet Schedule†

Saturday		Warm-up	Start	
	Facility Ope	ns at 6:45am		
Session 1	13 & Over	7:00am	TBA†	
Session 2	13 & Over 1650 Freestyle	TBA†	TBA†	
Session 3	12 & Under	TBA†	TBA†	
Sunday		Warm-up	Start	
	Facility Opens at 6:45am			
Session 4	13 & Over	7:00am	TBA†	
Session 5	13 & Over 1000 Freestyle	TBA†	TBA†	
Session 6	12 & Under	TBA†	TBA†	

[†] The final session schedule will be determined after all entries have been received. It will be communicated to coaches by e-mail and posted on the meet web site.

Scoring:	Team Scoring will not be kept.
Awards:	There will be no awards. Caps will be given to heat winners.
Starts:	'Fly-over/Over-the-top' starts will be used during this meet.
Admissions and Programs:	 Spectators will be allowed into the facility up to its capacity. Heat sheets will be available online at www.besmarttinc.com and Meet Mobile.
Concessions:	None.
Vendor:	Ultimate Swim Shop will be on site as the swim equipment vendor for the meet.
Locker Rooms:	 If only one locker room/restroom: If Athletes and Adults including Coaches & Officials must use the same facility, make sure you are not alone with an athlete in the locker room, including using the restroom. Be proactive and tell the meet director immediately if this happens, even when no fault of your own. If multiple facilities: There is a separate locker room/restroom for athletes only! All other adults including Coaches & Officials need to make sure that you are only using the facility marked for you. Parents are not permitted in the athlete locker room at any time.
Entry Info:	 There will be no refunds after the entry deadline except for events that may be scratched from meet by the Entry Coordinator or Meet Director, or as otherwise directed by NJ Swimming. Entries will be acknowledged within 48 hours of receipt. All entries will be accepted on a first come basis. Entry forms, verification forms, waiver release, and fees must be received no later than the first session of the meet where the team competes. Team entries will be considered accepted when the host club accepts the entries. Meet Entries will be taken until the meet fills. The host club must stay within the four hour per session rule. Special Notice: All entries fees must be paid no later than Session Check-in. If a team fails to make payment by that time all their swimmers may be scratched, at the discretion of the Host Team.
Entry Times:	 New Jersey Swimming does not allow 'NT' or 'No Time' to be used as an entry time. All entry times must be in short course yards.
Distance Events:	 In all events of 400 yards or longer, heats may be combined at the discretion of the meet referee, with no empty lanes between genders. Swimmers in the 500, 1000, & 1650 freestyle must provide their own counters, if desired. Swimmers in the 1000 & 1650 freestyle must provide their own timers. The 13 & Over 1650 & 1000 freestyle events will be seeded fast to slow and will alternate genders.

Heat Limited Events	 The 1650 freestyle event will be limited to a maximum of four heats, two of each gender. The 1000 freestyle event will be limited to a maximum of six heats, three of each gender. If there are fewer than 12/18 swimmers in one gender, slower swimmers of the other gender will be added to fill heats.
Swimmer Eligibility:	 No swimmer will be permitted to compete unless the swimmer is a member of USA Swimming as provided in Article 302. All transfer swimmer(s) must swim unattached for 120 days from their last attached competition. Swimmers must use an UN- (New Team Alpha Code) as their team affiliation. All Unattached swimmers must be listed on the team's official waiver entry form. All swimmers 18 & Over at the meet start date must have met the USA Swimming Athlete Protection Training requirement. Failure to complete it will result in an athlete's inability to swim in this meet.
Adaptive Provisions:	 USA Swimming rules and regulations provides "guidelines for officiating swimmers with disabilities" and any athlete who needs any of these adaptations should provide the Referee with a note stating their name, their specific need, and a list of events in which they need assistance prior to the start of each session's competition. If necessary, this information may be provided by the swimmer's coach or guardians. NJ swimming will provide all swimmers with disabilities a chance to swim in events for which they have qualified (met the time standards of the meet).
Host Club Responsibilities:	 The host club will provide a single timer in each lane throughout the meet, except for the midday distance sessions. The host club will have stopwatches available for volunteers helping to time. The host club will e-mail entry verification back to the participating clubs. The host club will create a warm-up schedule that will be fair and equal to all teams. The host club will create timing assignments that are fair and equitable with as many teams participating as possible. Warm-up schedules and assignments, and timing assignments will be e-mailed to all participating clubs and posted on the website www.besmarttinc.com no later than 1 week before the meet.
Participating Club Responsibilities:	 Participating clubs must help with timing assignments. Timing assignments will be e-mailed to participating clubs and posted on the swim meet website: www.besmarttinc.com 1 week prior to the meet. Participating club parents must stay off the pool deck except for timing assignments. Parent timers may not use phones/cameras while on the deck. Participating clubs should help with officiating whenever possible. List the club contact for club officials on the meet summary.
Coaches' Conduct & Eligibility:	 This meet is conducted according to current USA Swimming Rules, and in adherence to the USA-S Minor Athlete Abuse Prevention Policy (MAAPP 2.0). Make sure all interactions with athletes are observable and interruptible, including any meetings you have in between races or sessions. As a reminder, coaches are not allowed to massage any athlete, even if you are a licensed massage therapist. This includes all massages, rubdowns, stretching, physical manipulation, injury rehabilitation, and the use of electronic or instrument assisted modalities such as stim treatment, dry needing, and cupping. All coaches "on the deck" must be currently registered coach members of USA Swimming. Verification can be in the form of a current USA Swimming membership card or Coaches Pass available thru the USA swimming App. Coaches must show their USA swimming coaching card or Coaches Pass for entrance to facility. All Coaches must have some form of USA coaching credential verification with them at all times.



Officials Conduct & Eligibility:	 This meet is conducted according to current USA Swimming Rules, and in adherence to the USA-S Minor Athlete Abuse Prevention Policy (MAAPP 2.0). Make sure all interactions with athletes are observable and interruptible. Current USA Swimming and NJS Swimming certification is required for all officials and the Meet Referee will check cards or your USA Swimming app credentials. Swimming officials from participating teams should contact the meet referee (see page 1) with the sessions when they are able to help. All officials must wear the standard white and blue uniform. Officials will be required to work the entire session.
Meet Format Waiver:	 This meet will be run in accordance to current USA Swimming Rules. The host club has the right to change the format of the meet with the approval of the Administrative vice chair and either the Age Group or Senior vice chair. These changes would be made for a more efficient swim meet for the swimmers and the host club. Reasons for these changes include: To allow more swimmers to swim. To conform to facility capacity limits or for facility safety concerns. To condense the meet into smaller time frame. Some of the changes that may be made: 1) add a session, 2) heat limit distance events 3) condense sessions, and 4) eliminate relays.
Warm-up Procedures:	 Warm-ups will be run under New Jersey Swimming Warm-up and Safety Guidelines. Warm-ups will include general warm-up lanes, sprint lanes, and pace lanes. Swimming Equipment is not allowed in the competition pool during all warm-up sessions. This includes kick boards, hand paddles, and pull buoys. All swimmers are entitled to a fair and comparable warm-up. All teams must receive the same opportunities for warm-up lanes, sprint lanes, and pace lanes. All swimmers must enter the pool feet first from the starting end of the pool. New Jersey Swimming officials will monitor warm-ups. All general warm-up lanes will swim in a counterclockwise direction. Warm-up for the 12 & Under sessions will be two 25 minute sessions, or three 20 minute sessions. This will be decided after entries are received. Warm-up for the 13 & Over sessions will be two 30 minute sessions, or three 25 minute sessions. This will be decided after entries are received.
Check-In:	 All check-in sheets must be turned into the scoring table 35 minutes before the start of each session. Swimmers that are swimming will have a line through their name. Swimmers that are being scratched will have their names circled with a "SCR" next to the circle. Swimmers scratching a single event will have a line through their name and the event number circled with "SCR" next to the circle. Failure to follow this procedure may result in the swimmer(s) being scratched from the session.
No Show Procedure:	• No penalty will be incurred for an unscratched swimmer who fails to report to the starting blocks for his/her scheduled event. However, the event will be counted toward the swimmer's maximum allowable swims for that day. The swimmer may be allowed to swim the event in a later heat or a subsequent event if the swimmer is at the starting end of the pool, ready to swim, and an open lane is available. However, the host club will not schedule an additional heat to accommodate the swimmer.
Internet Website Posting:	 Internet location for all meet information: http://www.besmarttinc.com. Heat Sheets and real-time results will be available during the meet. Downloadable Results (Zipped .CL2 & .HY3 files) for TM will be provided post meet. Printable meet results (.PDF files) will be provided post meet.
Results:	 Meet result files for TM will be emailed to all participating teams. Meet results will be posted on the meet website and on the New Jersey Swimming Website: www.njswim.org
USA-S Racing Start Certification Statement:	Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Audio/Visual Recording Statement:	Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms or behind the starting blocks.
USA-S Deck Change Policy Statement:	Deck changes are prohibited.
USA-S Drone Policy Statement:	Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
Minor Athlete Abuse Prevention Policy (<i>MAAPP 2.0</i>)	All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP 2.0"), and that they understand that compliance with the MAAPP 2.0 policy is a condition of participation in the conduct of this competition.
Tech Suit/Swimwear Policy:	 Swimwear must conform to USA Swimming Rules. Rule 102.8. Only swimsuits complying with FINA swimsuit specification may be worn in any USA Swimming sanctioned or approved competition. "Tech suits" are not permitted at this meet for 12 & under swimmers. "Tech Suits" are defined as suits that have bonded seams, kinetic tape, or meshed seams. A list of restricted suits can be found on the NJ Swimming Website; www.njswim.org. Rule 102.8.1E explicitly bans the use of therapeutic elastic tape (eg: kinesio tape) on any part of the body. Pursuant to USA Swimming Rule 205.10.1, it is permissible for a swimmer to wear a single set of garments underneath his or her competition swimsuit for modesty and/or other privacy reasons.
Meet Requirement Statement:	In order to be eligible for the NJ Swimming Zone Championship Team or for NJ Swimming Athlete Travel Grants for sectional and national level meets, NJ Swimming policy stipulates certain participation requirements. As a NJ Swimming sanctioned meet, this meet counts toward those participation requirements.
COVID-19 Assumption of Risk Disclaimer	The host team has taken enhanced health and safety measures for all participants. All persons participating must follow all posted instructions while at Newark Academy Pool. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. All persons visiting the Newark Academy Pool are voluntarily assuming all risks related to exposure to COVID-19.
Hotels:	 Courtyard Hanover Whippany, NJ Route 10, Whippany NJ 08981 973-887-8700 Hamilton Park Hotel, 175 Park Ave, Florham Park, NJ 07932 973-377-2424 Hyatt House, 194 Park Ave, Morristown, NJ 07960 973-971-0008 Madison Hotel, 1 Convent Rd, Morristown, NJ 07960 973-285-1800 Westin Governor Morris, 2 Whippany Rd, Morristown, NJ 07960 973-539-7300 Westminster Hotel, 550 W Mount Pleasant Ave, Livingston, NJ 07039 973-533-0600
Directions:	Google Maps: https://goo.gl/maps/aGHsZuBSd1HBV8Ry8





Hosted by Scarlet Aquatics Saturday-Sunday November 19th-20th, 2022

Waiver

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA Swimming, NJ Swimming, Scarlet Aquatics, Newark Academy, Elite Swim Club, Be Smartt Inc and their staffs for any injuries and/or expenses incurred by me/us at the swim meet, or while on the road to and from the meet. I/we are USA Swimming registered athletes and am/are eligible to compete in all the events I/we have entered.

COVID-19 Waiver

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

Meet Verification

I hereby certify that all entered swimmers and coaches listed on the waiver form, for the Scarlet Aquatics Autumn Blast Swim Meet on November 19th-20th, 2022 are registered members of USA Swimming. All USA Swimming members are correctly entered according to; Article 302.4 of the USA Swimming Rules and Regulations. False Registration: An LSC may impose a fine of up to \$100 per event against a member coach or a member club's representative signing a document which indicates a swimmer is registered with USA Swimming for a meet when that swimmer is not properly registered or eligible to compete for that club. This will be enforced by the LSC and the LSC will be entitled to the fines imposed.

Also, I acknowledge that deck access is limited to coaches and/or officials working the meet and displaying their credentials. s



2022 Scarlet Autumn Blast

Information below must be submitted to the club hosting the meet before the start of the meet along with payment.

Club Name/Club Code		
Signature of Coach and/or	Parent/Guardian	
Telephone	E-Mail Address	
Name(s) of Coach(es):		
Name/E-Mail/Phone Num	ber of person to contact regarding this entry:	
Name/E-Mail/Phone Num	ber of person to contact regarding timers/officials:	
Furthern For Communication	Indicidual count patrice (2 CT 00	· ch
Entry Fee Summary:		\$ \$
	Individual 400 IM/500 Freestyle event entries @ \$8.00 =	\$\$
	1000/1650 Freestyle event entries @ \$12.00 =	
	Swimmer surcharge @ \$10.00/swimmer/day =	\$
	Total:	\$

Make checks payable to: Ultimate Athletic Performance LLC

