|  | 2023 Autumn Blast <br> Hosted by Scarlet Aquatics at Newark Academy <br> Held under the sanction of USA Swimming |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| NJ Swimming | Official NJ Swimming Sanction Document |  |  |  |  |
| Date of Meet: | Friday-Sunday, November 17 ${ }^{\text {th }}$-19 ${ }^{\text {th }}$, 2023 |  |  |  |  |
| Facility: | Newark Academy <br> (Link to Address, Directions, \& Facility Information) |  |  |  |  |
| Host Team Contact: | Bill D |  | 908-273-6542 |  | eliteswimc |
| Meet Director: | Bill D |  | 908-27 | 6542 | eliteswimc |
| Meet Referee: | Gretchen Van de Walle |  |  |  | njhikers@g |
| Admin Officials: | Be Smartt, Inc |  |  |  | besmarttin |
| Safety Marshall: | Angel Camacho Brandy Deatly |  |  |  | anglcamach eliteswimc |
| Entry Coordinator: | Be Sm |  | 609-55 | 0988 | besmarttin |
| Entries Open: | Tuesday October 31 ${ }^{\text {st, }} 2023$ at 6:00am |  |  |  |  |
| Entry Deadline: | Friday November 10 ${ }^{\text {th }}, 2023$, at 6:00pm |  |  |  |  |
| Swimmer Age | Swimmer ages for this meet are as of: Friday November 17 ${ }^{\text {th, }} 2023$ |  |  |  |  |
| Entry Fees: | Individual Entry: $\$ 7.00 \quad 400$ IM/500 Freestyle Entry: $\$ 9.00$ <br> 1000/1650 Freestyle Entry Fee: $\$ 14.00$ <br> There will be a surcharge of $\$ 10.00$ per swimmer per day for 12 \& Under swimmers. 13 \& Over swimmers $\$ 10$ surcharge. |  |  |  |  |
| Meet Course: | Short Course Yards (SCY) |  |  |  |  |
| Meet Format: | - This meet will be run as a timed final meet. <br> - There will be 10 \& Under, 12 \& Under, $13-14$, and 15 \& Over events. <br> - There are "faster than" qualifying times for this meet. For all events 200 yards and shorter, a swimmer who meets the time standards for one event may swim 3 events. A swimmer must meet the time standard to compete in an event 500 yards and longer. <br> - The meet will be deck seeded with coaches checking in/scratching all swimmers and relays. When a session has been seeded, swimmers will be responsible for reporting to the blocks on their own. |  |  |  |  |
| Entry Limits: |  |  | riday aturday unday | Meet: | dual Events |
| Checks Payable To: | Ultimate Athletic Performance LLC |  |  |  |  |
| Email Entry Files To: | besmarttinc@gmail.com |  |  |  |  |
| Checks/Waivers: | Bring to the first session of the meet where the team is competing. |  |  |  |  |

## Tentative Meet Schedule

This schedule is tentative pending receipt of entries. Depending on the entries, sessions may be combined or split.
The complete schedule with session warm-up, and start times will be established when all entries have been received and a timeline developed, published on the meet website, and e-mailed to the coaches of participating teams.

This schedule is also subject to change as there are other weekend events at Newark Academy.


## Event List

| Session | Event \# | Event |  |  |  | Equal/Faster |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Session 1 - Make 1 time, swim 3 events |  |  |  |  |  |  |
| 1 | 1 | Women | 11-12 | 200 | Free | 2:32.49 |
| 1 | 2 | Men | 11-12 | 200 | Free | 2:32.49 |
| 1 | 3 | Women | 10 \& U | 100 | Free | 1:22.59 |
| 1 | 4 | Men | 10 \& U | 100 | Free | 1:22.59 |
| 1 | 5 | Women | 11-12 | 100 | Back | 1:21.59 |
| 1 | 6 | Men | 11-12 | 100 | Back | 1:21.59 |
| 1 | 7 | Women | 10 \& U | 50 | Back | 43.99 |
| 1 | 8 | Men | 10 \& U | 50 | Back | 43.99 |
| 1 | 9 | Women | 11-12 | 50 | Free | 31.89 |
| 1 | 10 | Men | 11-12 | 50 | Free | 31.89 |
| 1 | 11 | Women | 10 \& U | 100 | Breast | 1:47.69 |
| 1 | 12 | Men | 10 \& U | 100 | Breast | 1:47.69 |
| 1 | 13 | Women | 11-12 | 50 | Breast | 41.59 |
| 1 | 14 | Men | 11-12 | 50 | Breast | 41.59 |
| 1 | 15 | Women | 12 \& U | 200 | Breast | 3:13.69 |
| 1 | 16 | Men | 12 \& U | 200 | Breast | 3:13.69 |
| 1 | 17 | Women | 10 \& U | 50 | Fly | 43.49 |
| 1 | 18 | Men | 10 \& U | 50 | Fly | 43.49 |
| 1 | 19 | Women | 11-12 | 100 | Fly | 1:21.59 |
| 1 | 20 | Men | 11-12 | 100 | Fly | 1:21.59 |
| 1 | 21 | Women | 10 \& U | 200 | IM | 3:21.39 |
| 1 | 22 | Men | 10 \& U | 200 | IM | 3:21.39 |
| 1 | 23 | Women | 11-12 | 100 | IM | 1:21.09 |
| 1 | 24 | Men | 11-12 | 100 | IM | 1:21.09 |
| Session 2 - Make 1 time, swim 3 events |  |  |  |  |  |  |
| 2 | 25A | Women | 13-14 | 200 | Back | 2:41.59 |
| 2 | 25B | Women | 15 \& 0 | 200 | Back | 2:33.99 |
| 2 | 26A | Men | 13-14 | 200 | Back | 2:33.09 |
| 2 | 26B | Men | 15 \& 0 | 200 | Back | 2:25.69 |
| 2 | 27A | Women | 13-14 | 200 | Breast | 3:03.99 |
| 2 | 27B | Women | 15 \& 0 | 200 | Breast | 2:54.69 |
| 2 | 28A | Men | 13-14 | 200 | Breast | 2:55.89 |
| 2 | 28B | Men | 15 \& 0 | 200 | Breast | 2:44.59 |
| 2 | 29A | Women | 13-14 | 200 | Fly | 2:45.99 |
| 2 | 29B | Women | 15 \& 0 | 200 | Fly | 2:40.79 |
| 2 | 30A | Men | 13-14 | 200 | Fly | 2:42.59 |
| 2 | 30B | Men | 15 \& 0 | 200 | Fly | 2:30.09 |
| 2 | 31A | Women | 13-14 | 400 | IM | *5:34.99 |
| 2 | 31B | Women | 15 \& 0 | 400 | IM | *5:22.99 |
| 2 | 32A | Men | 13-14 | 400 | IM | *5:29.49 |
| 2 | 32B | Men | 15 \& 0 | 400 | IM | *5:11.09 |
| * Swimmers must make the time standard for these events |  |  |  |  |  |  |


| Session | Event \# | Event |  |  |  | Equal/Faster |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Session 3 - Swimmers must make the times for these events |  |  |  |  |  |  |
| 3 | 33A | Women | 13-14 | 500 | Free | 6:16.89 |
| 3 | 33B | Women | 15 \& 0 | 500 | Free | 5:55.99 |
| 3 | 34A | Men | 13-14 | 500 | Free | 6:08.19 |
| 3 | 34B | Men | 15 \& 0 | 500 | Free | 5:42.29 |
| Session 4 - Make 1 time, swim 4 events |  |  |  |  |  |  |
| 4 | 35 | Women | 11-12 | 500 | Free | *6:40.09 |
| 4 | 36 | Men | 11-12 | 500 | Free | *6:40.09 |
| * Swimmers must make the time standard for these events |  |  |  |  |  |  |
| 4 | 37 | Women | 10 \& U | 50 | Free | 36.69 |
| 4 | 38 | Men | 10 \& U | 50 | Free | 36.69 |
| 4 | 39 | Women | 11-12 | 50 | Back | 37.09 |
| 4 | 40 | Men | 11-12 | 50 | Back | 37.09 |
| 4 | 41 | Women | 12 \& U | 200 | Back | 2:50.89 |
| 4 | 42 | Men | 12 \& U | 200 | Back | 2:50.89 |
| 4 | 43 | Women | 10 \& U | 100 | Back | 1:34.99 |
| 4 | 44 | Men | 10 \& U | 100 | Back | 1:34.99 |
| 4 | 45 | Women | 11-12 | 100 | Free | 1:09.29 |
| 4 | 46 | Men | 11-12 | 100 | Free | 1:09.29 |
| 4 | 47 | Women | 10 \& U | 200 | Free | 3:00.29 |
| 4 | 48 | Men | 10 \& U | 200 | Free | 3:00.29 |
| 4 | 49 | Women | 11-12 | 100 | Breast | 1:30.29 |
| 4 | 50 | Men | 11-12 | 100 | Breast | 1:30.29 |
| 4 | 51 | Women | 10 \& U | 50 | Breast | 48.69 |
| 4 | 52 | Men | 10 \& U | 50 | Breast | 48.69 |
| 4 | 53 | Women | 11-12 | 50 | Fly | 35.89 |
| 4 | 54 | Men | 11-12 | 50 | Fly | 35.89 |
| 4 | 55 | Women | 12 \& U | 200 | Fly | 2:57.99 |
| 4 | 56 | Men | 12 \& U | 200 | Fly | 2:57.99 |
| 4 | 57 | Women | 10 \& U | 100 | Fly | 1:43.09 |
| 4 | 58 | Men | 10 \& U | 100 | Fly | 1:43.09 |
| 4 | 59 | Women | 11-12 | 200 | IM | 2:51.69 |
| 4 | 60 | Men | 11-12 | 200 | IM | 2:51.69 |
| 4 | 61 | Women | 10 \& U | 100 | IM | 1:34.79 |
| 4 | 62 | Men | 10 \& U | 100 | IM | 1:34.79 |
| Session 5 - Swimmers must make the times for this event |  |  |  |  |  |  |
| 5 | 63 | Women |  | 1000 | Free | 12:21.09 |
| Session 6 - Swimmers must make the times for this event |  |  |  |  |  |  |
| 6 | 64 | Men |  | 1000 | Free | 11:39.19 |

