

2023 Scarlet Autumn Blast

Friday-Saturday-Sunday November 17th-19th

Meet Schedule

Day	Session	Age Group	Warm-Up	Check-In	Start	
Friday	1	12 & Under	5:00pm	5:25pm	5:55pm	Two Warm-Ups
Saturday	2	13 & Over	7:00am	7:30am	8:05am	Two Warm-Ups
Saturday	3	13 & Over 500 Freestyle	11:30am	11:30am	12:00pm	One Warm-Up
Saturday	4	12 & Under	1:15pm	1:45pm	2:20pm	Three Warm-Ups
Sunday	5	13 & Over Distance	7:00am	7:00am	7:30am	One Warm-Up



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Warm-Up Schedule

Friday 12 & Under

	L1	L2	L3	L4	L5	L6
5:00pm	SCAR	SCAR	SCAR	SCAR	SCAR	SCAR
5:25pm	SCAR	SCAR/ UNAT	LIFE	SCAR	SCAR	SCAR/ CBGC

Saturday 13 & Over

	L1	L2	L3	L4	L5	L6
7:00am	SCAR	SCAR	SCAR	SCAR	SCAR	SCAR
7:30am	SCAR	SCAR	SCAR	SCAR	CBGC	CBGC/STAR

Saturday 13 & Over 1650 Freestyle

	L1	L2	L3	L4	L5	L6
11:30am	One Open Warm-up					

Saturday 12 & Under

	L1	L2	L3	L4	L5	L6
1:15pm	SCAR	SCAR	SCAR	SCAR	SCAR	SCAR
1:35pm	SCAR	SCAR	SCAR	SCAR/ UNAT	CBGC	CBGC
1:55pm	SCAR	SCAR	SCAR	STAR	STAR/LIFE	LIFE

Sunday 13 & Over Distance

	L1	L2	L3	L4	L5	L6
07:00	One Open Warm-up					

