



# 2024 April LC Invitational

Hosted by Scarlet Aquatics  
at the Werblin Recreation Center, Rutgers University  
*Held under the sanction of USA Swimming*

NJ Swimming:	<a href="#">NJ Swimming Sanction Document</a>		
Dates of Meet:	<b>Saturday-Sunday April 20<sup>th</sup>-21<sup>st</sup>, 2024</b>		
Location:	<a href="#">Sonny Werblin Recreation Center, Rutgers University</a> <i>(link to facility location &amp; directions, and pool certification information)</i>		
Host Team Contact:	Thomas Speedling	732-742-4600	<a href="mailto:scarletaquatics@gmail.com">scarletaquatics@gmail.com</a>
Meet Director:	Ellen Mace	609-558-0988	<a href="mailto:besmarttinc@gmail.com">besmarttinc@gmail.com</a>
Meet Referees:	John Kelly		<a href="mailto:Johnfk41965@gmail.com">Johnfk41965@gmail.com</a>
Admin Official:	Be Smartt Inc		<a href="mailto:besmarttinc@gmail.com">besmarttinc@gmail.com</a>
Safety Marshall:	Bercy Zuniga Carlos Catalano		<a href="mailto:scarletaquatics@gmail.com">scarletaquatics@gmail.com</a> <a href="mailto:ccatalano.scarlet@gmail.com">ccatalano.scarlet@gmail.com</a>
Entry Coordinator:	Be Smartt Inc	609-558-0988	<a href="mailto:besmarttinc@gmail.com">besmarttinc@gmail.com</a>
Entries Open:	<b>Monday April 1<sup>st</sup>, 2024 at 6:00am</b>		
Entry Deadline:	<b>Friday April 12<sup>th</sup>, 2024 at 6:00pm or when the meet fills.</b>		
Swimmer Age	Swimmer ages for this meet are as of: April 20 <sup>th</sup> , 2024		
Entry Fees:	Individual Entry: \$9.00		800, 1500 Free Entry: \$15.00
	400 IM, 400 Free Entry: \$12.00		
	<b>There will be an athlete surcharge of \$20.</b>		
Meet Course:	Long Course Meters (LCM).		
Meet Format:	<ul style="list-style-type: none"> <li>This meet will be run as timed final meet.</li> <li>There will be 12 &amp; Under, 13 &amp; Over, and Open events.</li> <li>There are minimum, "faster than", time standards for this meet. For each session, a swimmer who meets the time standards for the event may swim 4 events that session. Swimmers entering the 400 IM, and the 400, 800, &amp; 1500 Freestyle events must meet the qualifying standards for those events.</li> <li>This meet will be deck seeded with coaches checking in/scratching all swimmers and relays. When a session has been seeded, swimmers will be responsible for reporting to the blocks on their own.</li> </ul>		
Entry Limits:	Daily: <b>4</b> Individual Events	Meet: <b>8</b> Individual Events	
Checks Payable To:	<b>Scarlet Aquatic Club</b>		
Email Entry Files To:	<a href="mailto:besmarttinc@gmail.com">besmarttinc@gmail.com</a>		
Checks/Waivers:	Bring to the first session of the meet where the team is competing.		

## Tentative Meet Schedule

*This schedule is tentative pending receipt of entries.*

*Depending on the entries, sessions may be combined or split.*

*The complete schedule with session warm-up, and start times will be established when all entries have been received and a timeline developed, published on the meet website, and e-mailed to the coaches of participating teams.*

Saturday		
Session 1	Morning	13 & Over
Session 2	Midday	Distance
Session 3	Afternoon	12 & Under
Sunday		
Session 4	Morning	13 & Over
Session 5	Midday	Distance
Session 6	Afternoon	12 & Under

Scoring:	<ul style="list-style-type: none"> <li>Team scoring will not be kept.</li> </ul>
Awards:	<ul style="list-style-type: none"> <li>None.</li> </ul>
Starts:	<ul style="list-style-type: none"> <li>'Fly-over/Over-the-top' starts will be used during this meet.</li> </ul>
Admissions:	<ul style="list-style-type: none"> <li>Rutgers will be selling a limited number of tickets on a session by session basis for the meet. Tickets will go on sale April 16<sup>th</sup>. Tickets may be purchased at <a href="http://go.rutgers.edu/swimmeet-tickets">go.rutgers.edu/swimmeet-tickets</a>.</li> <li>Heat sheets will be online at <a href="http://www.besmarttinc.com">www.besmarttinc.com</a> (free) and Meet Mobile (subscription required)</li> </ul>
Concessions:	<ul style="list-style-type: none"> <li>None.</li> </ul>
Vendor:	<ul style="list-style-type: none"> <li>None.</li> </ul>
Heat Limited Distance Events:	<ul style="list-style-type: none"> <li>The 800 &amp; 1500 freestyle will swim fast to slow, alternating genders. Slower heats may be combined without an empty lane between genders.</li> <li>Swimmers are responsible to provide their own timer &amp; counter for these events.</li> <li>The distance sessions may be limited to 1 hour 45 minutes, with entries accepted on a first come, first served basis.</li> <li>Teams with swimmers who are beyond the session limit will be notified at least one week prior to the meet. Such swimmers may come and see if they scratch into the session. Otherwise refunds will be given to swimmers closed out of the event, or the swimmers may select another event if the meet is not oversubscribed.</li> </ul>
Internet Website Posting:	Internet location for all meet information: <a href="http://www.besmarttinc.com">http://www.besmarttinc.com</a>
Meet Requirement Statement:	In order to be eligible for the NJ Swimming Zone Championship Team or for NJ Swimming Athlete Travel Grants for sectional and national level meets, NJ Swimming policy stipulates certain participation requirements. As a NJ Swimming sanctioned meet, this meet counts toward those participation requirements.

## Event List

Event #	Event	Equal/Faster
<b>Session: 1 Saturday 13 &amp; Over ("Make 1, Swim 4")</b>		
1	Women 13 & Over 200 Butterfly	
	13-14	3:06.89
	15 & Over	2:43.59
2	Men 13 & Over 200 Butterfly	
	13-14	3:03.09
	15 & Over	2:31.09
3	Women 13 & Over 100 Backstroke	
	13-14	1:23.89
	15 & Over	1:15.99
4	Men 13 & Over 100 Backstroke	
	13-14	1:21.69
	15 & Over	1:10.39
5	Women 13 & Over 200 Breaststroke	
	13-14	3:25.69
	15 & Over	3:07.99
6	Men 13 & Over 200 Breaststroke	
	13-14	3:21.29
	15 & Over	2:51.69
7	Women 13 & Over 100 Freestyle	
	13-14	1:12.49
	15 & Over	1:08.59
8	Men 13 & Over 100 Freestyle	
	13-14	1:10.89
	15 & Over	1:03.29
9	Women 13 & Over 200 IM	
	13-14	2:59.39
	15 & Over	2:47.19
10	Men 13 & Over 200 IM	
	13-14	2:56.69
	15 & Over	2:34.69
11	Women 13 & Over 400 Freestyle <i>Must make qualifying time.</i>	
	13-14	5:21.99
	15 & Over	5:11.19
12	Men 13 & Over 400 Freestyle <i>Must make qualifying time.</i>	
	13-14	5:20.39
	15 & Over	4:51.29
<b>Session: 2 Saturday Distance (Must make qualifying time)</b>		
13	Women 800 Freestyle	10:41.99
14	Men 800 Freestyle	10:09.19

	<b>Event #</b>	<b>Event</b>	<b>Equal/Faster</b>
<b>Session: 3 Saturday 12 &amp; Under ("Make 1, Swim 4")</b>			
	15	Girls 12 & Under 100 Butterfly	
		10 & Under	1:57.19
		11-12	1:32.99
	16	Boys 12 & Under 100 Butterfly	
		10 & Under	1:57.19
		11-12	1:32.99
	17	Girls 12 & Under 100 Breaststroke	
		10 & Under	2:03.39
		11-12	1:44.69
	18	Boys 12 & Under 100 Breaststroke	
		10 & Under	2:03.39
		11-12	1:44.69
	19	Girls 12 & Under 50 Freestyle	
		10 & Under	41.39
		11-12	36.19
	20	Boys 12 & Under 50 Freestyle	
		10 & Under	41.39
		11-12	36.19
	21	Girls 12 & Under 50 Backstroke	
		10 & Under	50.39
		11-12	42.99
	22	Boys 12 & Under 50 Backstroke	
		10 & Under	50.39
		11-12	42.99
	23	Girls 12 & Under 200 Freestyle	
		10 & Under	3:25.79
		11-12	2:50.69
	24	Boys 12 & Under 200 Freestyle	
		10 & Under	3:25.79
		11-12	2:50.69
<b>Session: 4 Sunday 13 &amp; Over ("Make 1, Swim 4")</b>			
	25	Women 13 & Over 100 Butterfly	
		13-14	1:24.39
		15 & Over	1:14.39
	26	Men 13 & Over 100 Butterfly	
		13-14	1:21.29
		15 & Over	1:07.39
	27	Women 13 & Over 200 Freestyle	
		13-14	2:39.49
		15 & Over	2:27.79
	28	Men 13 & Over 200 Freestyle	
		13-14	2:34.99
		15 & Over	2:16.99
	29	Women 13 & Over 100 Breaststroke	
		13-14	1:34.59
		15 & Over	1:26.39

	<b>Event #</b>	<b>Event</b>	<b>Equal/Faster</b>
	30	Men 13 & Over 100 Breaststroke	
		13-14	1:32.29
		15 & Over	1:19.19
	31	Women 13 & Over 50 Freestyle	
		13-14	33.49
		15 & Over	31.59
	32	Men 13 & Over 50 Freestyle	
		13-14	32.39
		15 & Over	28.99
	33	Women 13 & Over 200 Backstroke	
		13-14	3:01.39
		15 & Over	2:43.59
	34	Men 13 & Over 200 Backstroke	
		13-14	2:57.29
		15 & Over	2:31.99
	35	Women 13 & Over 400 IM <i>Must make qualifying time.</i>	
		13-14	6:12.29
		15 & Over	5:54.29
	36	Men 13 & Over 400 IM <i>Must make qualifying time.</i>	
		13-14	5:35.59
		15 & Over	5:27.59
<b>Session: 5 Sunday Distance (Must make qualifying time)</b>			
	37	Women 1500 Freestyle	20:34.99
	38	Men 1500 Freestyle	19:21.79
<b>Session: 6 Sunday 12 &amp; Under ("Make 1, Swim 4")</b>			
	39	Girls 12 & Under 200 IM	
		10 & Under	3:49.29
		11-12	3:17.19
	40	Boys 12 & Under 200 IM	
		10 & Under	3:49.29
		11-12	3:17.19
	41	Girls 12 & Under 50 Butterfly	
		10 & Under	49.09
		11-12	40.49
	42	Boys 12 & Under 50 Butterfly	
		10 & Under	49.09
		11-12	40.49
	43	Girls 12 & Under 100 Backstroke	
		10 & Under	1:49.89
		11-12	1:32.39
	44	Boys 12 & Under 100 Backstroke	
		10 & Under	1:49.89
		11-12	1:32.39

	<b>Event #</b>	<b>Event</b>	<b>Equal/Faster</b>
	45	Girls 12 & Under 100 Freestyle	
		10 & Under	1:33.99
		11-12	1:17.49
	46	Boys 12 & Under 100 Freestyle	
		10 & Under	1:33.99
		11-12	1:17.49
	47	Girls 12 & Under 50 Breaststroke	
		10 & Under	55.59
		11-12	47.59
	48	Boys 12 & Under 50 Breaststroke	
		10 & Under	55.59
		11-12	47.59