## 2023 Scarlet Summer Blast, June 10<sup>th</sup> & 11<sup>th</sup>

**Meet Schedule** 

Session	Age Group	Warm-Up	Check-In	Start
Saturday	Doors Open		9:15am	
1	Saturday 12 & Under	9:30am	9:55am	10:30am
2	Saturday 13 & Over	1:55pm	2:30pm	3:05pm
Sunday	Doors Open		7:00am	
3	Sunday 12 & Under	7:15am	7:45am	8:20am
4	Sunday 13 & Over	12:10pm	12:45pm	1:20pm
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At the end of each main warm-up, there will be 5 minutes for the teams warming up in the dive pool to do starts off the blocks in the main pool

\*\* Warm-Up in Dive Pool. Session will start 5 minutes after main session end.

Warm-up Schedule										
	Saturday 12 & Under									
	Main L1	Main L2	Main L3	Main L4	Main L5	Main L6	Main L7	Main L8		
9:30am	SCAR	SCAR	SCAR	SCAR	SCAR	SCAR	SCAR	SCAR		
9:55am	LT	LT	LT	LT	LT	WW	WW	WW		
	Dive L8	Dive L7	Dive L6	Dive L5	Dive L4	Dive L3	Dive L2	Dive L1		
9:30am	SCAR	SCAR	SCAR	SCAR	SCAR	SCAR	SCAR	SCAR		
9:55am	WW	WW	CAT	NJBL	SCAR	SCAR	SCAR	SCAR		

Scarlet Aquatics will provide all timers, except for 500 freestyle



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## Warm-up Schedule

### Saturday 13 & Over

	Main L1	Main L2	Main L3	Main L4	Main L5	Main L6	Main L7	Main L8
1:55pm	SCAR							
2:25pm	LT	LT	LT	LT	LT	WW	WW	WW
	Dive I 8	Dive I 7	Dive I 6	Dive I 5	Dive I 4	Dive I 3	Dive I 2	Dive I 1
	Dive L8	Dive L7	Dive L6	Dive L5	Dive L4	Dive L3	Dive L2	Dive L1
1:55pm	Dive L8 SCAR	Dive L7 SCAR	Dive L6 SCAR	Dive L5 SCAR	Dive L4 SCAR	Dive L3 SCAR	Dive L2 SCAR	Dive L1 SCAR

#### Sunday 12 & Under

	Main L1	Main L2	Main L3	Main L4	Main L5	Main L6	Main L7	Main L8
7:15am	SCAR							
7:40am	WW	WW	CAT	CAT/NJBL	SCAR	SCAR	SCAR	SCAR
		Diva I 7	Divol6		Divo I 4		Dive 12	Divo I 1
	Dive L8	Dive L7	Dive L6	Dive L5	Dive L4	Dive L3	Dive L2	Dive L1
7:15am	Dive L8 SCAR	Dive L7 SCAR	Dive L6 SCAR	Dive L5 SCAR	Dive L4 SCAR	Dive L3 SCAR	Dive L2 SCAR	Dive L1 SCAR

#### Sunday 13 & Over

	Main L1	Main L2	Main L3	Main L4	Main L5	Main L6	Main L7	Main L8
12:10pm	SCAR							
12:40pm	LT							
	Dive L8	Dive L7	Dive L6	Dive L5	Dive L4	Dive L3	Dive L2	Dive L1
12:10pm	Dive L8 SCAR	Dive L7 SCAR	Dive L6 SCAR	Dive L5 SCAR	Dive L4 SCAR	Dive L3 SCAR	Dive L2 SCAR	Dive L1 SCAR

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