## 2025 Scarlet Summer Blast, June 7<sup>th</sup> & 8<sup>th</sup>

#### **Meet Schedule**

Session	Age Group	Warm-Up	Check-In	Start
Saturday	<b>Doors Open</b>		7:15am	
1	Saturday 12 & Under	7:30am	8:00am	8:35am
2	Saturday 13 & Over	12:35pm	1:10pm	1:45pm
Sunday	Doors Open		7:15am	
3	Sunday 12 & Under	7:30am	7:55am	8:30am
4	Sunday 13 & Over	12:25pm	1:00pm	1:35pm



At the end of each main warm-up, there will be 5 minutes for the teams warming up in the dive pool to do starts off the blocks in the main pool

## There will be continous warm-up in the Dive Pool during the meet

### Warm-up Schedule

### Saturday 12 & Under

	Main L1	Main L2	Main L3	Main L4	Main L5	Main L6	Main L7	Main L8
7:30am	SCAR							
7:50am	SCAR	HQH						
8:10am	SCAR	SCAR	SCAR	SCAR	SCAR	SCAR	DST	DST

	Dive L8	Dive L7	Dive L6
7:30am	SCAR	SCAR	SCAR
7:50am	BB	BB	BB
8:10am	CAT	CAT	CAT

Scarlet Aquatics will provide all timers.



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## Warm-up Schedule

## Saturday 13 & Over

	Main L1	Main L2	Main L3	Main L4	Main L5	Main L6	Main L7	Main L8
12:35pm	SCAR	SCAR	SCAR	SCAR	SCAR	SCAR	SCAR	SCAR
1:05pm	SCAR	SCAR	SCAR	SCAR	SCAR	SCAR	SCAR	HQH
	Dive I 8	Dive I 7	Dive I 6	Dive I 5	Dive I 4	Dive L3	Dive I 2	Dive I 1
12:35pm	Dive L8	Dive L7 SCAR	Dive L6 SCAR	Dive L5 SCAR	Dive L4 SCAR	Dive L3 SCAR	Dive L2 SCAR	Dive L1 SCAR

### Sunday 12 & Under

	Main L1	Main L2	Main L3	Main L4	Main L5	Main L6	Main L7	Main L8
7:30am	SCAR	SCAR	SCAR	SCAR	SCAR	SCAR	SCAR	SCAR
7:55am	SCAR	SCAR	SCAR	SCAR	SCAR	BB	BB	BB
	Dive I 8	Dive I 7	Dive I 6	Dive I.5	Dive I 4	Dive I 3	Dive I 2	Dive I 1
7:30am	Dive L8 SCAR	Dive L7 SCAR	Dive L6 SCAR	Dive L5 SCAR	Dive L4 SCAR	Dive L3 CAT	Dive L2 CAT	Dive L1 HQH

## Sunday 13 & Over

	Main L1	Main L2	Main L3	Main L4	Main L5	Main L6	Main L7	Main L8
12:25pm	SCAR	SCAR	SCAR	SCAR	SCAR	SCAR	SCAR	SCAR
12:55pm	SCAR	SCAR	SCAR	SCAR	SCAR	SCAR	SCAR	SCAR
	Divolo	D: 1.7	D: 10	D: 15	<b>D</b> : 1.4	- · · · ·	D: 10	
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	Dive L8	Dive L7	Dive L6	Dive L5	Dive L4	Dive L3	Dive L2	Dive L1
12:25pm	SCAR	SCAR	SCAR	SCAR	SCAR	SCAR	SCAR	HQH

**Scarlet Aquatics will provide all timers.** 

