2024 Scarlet Heat Madness Saturday June 1st

Meet Schedule

| Session | Age Group | Warm-Up | Check-In | Start |
|---------|-------------------------|---------|----------|---------|
| | Doors Open | | 7:45am | |
| 1 | 13 & Over 400 Freestyle | 8:00am | 8:00am | 8:35am |
| 2 | 13 & Over | 9:15am | 9:45am | 10:20am |
| 3 | 12 & Under | 1:40pm | 2:00pm | 2:35pm |



Warm-up Schedule

Session 1 Saturday 13 & Over 400 Freestyle

| | L1 | L2 | L3 | L4 | L5 | L6 | L7 | L8 |
|--------|------------------|----|----|----|----|----|----|----|
| 8:00am | One Open Warm-Up | | | | | | | |

Session 2 – Saturday 13 & Over

| | L1 | L2 | L3 | L4 | L5 | L6 | L7 | L8 |
|--------|------|------|------|------|------|------|--------|------|
| 9:15am | SCAR | SCAR |
| 9:45am | SCAR | SCAR | SCAR | SCAR | SCAR | SCAR | Others | |

Session 3 – Saturday 12 & Under

| | L1 | L2 | L3 | L4 | L5 | L6 | L7 | L8 |
|--------|------|------|------|------|------|------|------|---------|
| 1:40pm | SCAR | GMY/HQH |
| 2:05pm | SCAR |

Scarlet will provide all timers

