

2023 Scarlet Summer Luau July 1st & 2nd

Meet Schedule

Session	Age Group	Warm-Up	Check-In	Start
Saturday	Doors Open		7:00am	
1	Saturday 400 IM	7:15am	7:15am	7:50am
2	Saturday 13 & Over	8:45am	9:15am	9:50am
3	Saturday 12 & Under	1:55pm	2:15pm	2:50pm
Sunday	Doors Open		7:00am	
4	Sunday 13 & Over 400 Free	7:15am	7:15am	7:50am
5	Sunday 13 & Over	8:45am	9:15am	9:50am
6	Sunday 12 & Under	1:55pm	2:15pm	2:50pm

Swimmers provide their own timer for the 400 IM & 400 Freestyle

Warm-up Schedule

Saturday 13 & Over 400 IM

	L1	L2	L3	L4	L5	L6	L7	L8
7:15am	<i>Open Warm-Up/Swimmer provides their own timer</i>							

Saturday 13 & Over

	L1	L2	L3	L4	L5	L6	L7	L8
8:45am	SCAR	SCAR	SCAR	SCAR	SCAR	SCAR	SCAR	SCAR
9:15am	SCAR	NJRC	NJRC	NJRC	NJRC/PPST	RY	DST	WW



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Warm-up Schedule

Saturday 12 & Under

	L1	L2	L3	L4	L5	L6	L7	L8
1:55pm	SCAR	SCAR	SCAR	SCAR	SCAR	SCAR	SCAR	SCAR
2:20pm	NJRC	NJRC	NJRC	NJRC/PPST	RY	RY	WW	DST

Sunday 13 & Over 400 Freestyle

	L1	L2	L3	L4	L5	L6	L7	L8
7:15am	<i>Open Warm-Up/Swimmer provides their own timer.</i>							

Sunday 13 & Over

	L1	L2	L3	L4	L5	L6	L7	L8
8:45am	SCAR	SCAR	SCAR	SCAR	SCAR	SCAR	SCAR	SCAR
9:15am	SCAR	SCAR	RY	RY	WW	WW	PPST/NJRC	DST

Sunday 12 & Under

	L1	L2	L3	L4	L5	L6	L7	L8
1:55pm	SCAR	SCAR	SCAR	SCAR	SCAR	SCAR	SCAR	SCAR
2:20pm	SCAR	SCAR	SCAR	RY	RY	PPST	WW	DST

