

Hosted by Scarlet Aquatics at the Werblin Recreation Center, Rutgers University Held under the sanction of USA Swimming

	NJ Swimming Sanction - NJS	S-PF-052723LCM			
M . C			e approval of the administrative		
Meet Sanction #	chairman, age group chairman or senior chairman are a violation of the sanction.				
		It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.			
Date of Meet:	Saturday-Sunday, May 27th-28	th, 2023			
	Sonny Werblin Recreation Cer	nter, Busch Campu	s, Rutgers University		
			vehicles to be registered with the		
Location:	ž O		artment. A registration link will be		
	distributed with the Timing				
	www.besmarttinc.com a we				
Closed Sanctioned Meet – Invited Teams:	EEX-NJ, JW-MA, LIAC-MR, LIFE WEST-MR, YMID-MR If the meet does not fill after the	If the meet does not fill after the invited teams have sent in their entries, the meet host reserves the right to invite additional teams. Interested teams should e-mail the host team			
Facility Info:	The Sonny Werblin Recreation Center pool is an 8-lane, 50 meter pool, with pedestal starting blocks and a Colorado Timing system. The water depth in the competition pool is 6 feet at the scoreboard end and 14 feet at the dive end. There is an auxiliary pool (patio pool) for warm-up and warm-down throughout the meet, and seating for 850 spectators, including 400 chair-backed seats. The remaining seating is bleacher style.				
Pool Certification Statement:	The competition course has been certification is on file with USA S		ance with 104.2.2C(4). The copy of such		
Host Team Contact:	Ken O'Reilly		coachkeno@aol.com		
Meet Director:	Ellen Mace	609-558-0988	besmarttinc@gmail.com		
Meet Referees:	Ernesto Martinez		emathletics@gmail.com		
Admin Officials:	Be Smartt Inc		besmarttinc@gmail.com		
Safety Marshall:	Erin Miller Brian Hoffman		emmalex2@aol.com swimcoach25@aol.com		
Entry Coordinator:	Be Smartt Inc	609-558-0988	besmarttinc@gmail.com		
Entries Open:	Wednesday May 3 rd , 2023, at 6	5:00am			
Entry Deadline:	Friday May 19th, 2023, at 6:00	pm			
Swimmer Age	Swimmer ages for this meet are as of: Saturday May 27th, 2023				
Entry Fees:	Individual Entry Fees: Prelims/Finals: \$ Distance: \$15.00 There will be an athlete surch		Timed Finals: \$8.00		
Meet Course:	Long Course Meters (LCM).	-			



Meet Format:	 freestyle events The meet will be run as prelims/fina There are minimum ("faster than events have different time standa afternoon age group timed finals day, may swim three events in the This meet will be deck seeded with one 	als for Senior events, with three heats at finals. "I time standards for this meet. The 12 & Under rds for 10 & Under and 11-12 swimmers. In the sessions, swimmers who qualify for one event per e age group session that day ("Make 1, Swim 3"). coaches checking in/scratching all swimmers When a will be responsible for reporting to the blocks on their	
Entry Limits:	Daily Open Prelims/Finals: 3 Individual Events, Daily Age Group Timed Finals: 3 Individual Events	Meet Open Prelims/Finals: 6 Individual Events, Age Group Timed Finals: 6 Individual Events	
Checks Payable To:	New Jersey Wave		
Email Entry Files To:	besmarttinc@gmail.com		
Checks/Waivers:	Bring to the first session of the meet where the team is competing.		

Saturday May 27th

Saturday Morning Session #1—Open Preliminaries

Women	Equal/Faster	Open Event	Equal/Faster	Men
#3	2:23.79	200 Freestyle	2:12.99	#4
#5	1:24.39	100 Breaststroke	1:17.19	#6
#7	2:36.59	200 Backstroke	2:24.99	#8
#9	2:36.59	200 Butterfly	2:24.09	#10
#11	30.59	50 Freestyle	27.99	#12
#13	5:35.29	400 IM	5:10.59	#14

Saturday Midday Session #2—Distance Timed Finals

Women	Equal/Faster	Open Event	Equal/Faster	Men
#1	9:55.99	800 Freestyle**	9.15.99	#2

^{**} Fastest heat swims at finals.



Saturday May 27th...continued

Saturday Afternoon Session #3—Age Group Timed Finals

"Make 1, Swim 3"

Girls	Equal/Faster	12 & Under Event	Equal/Faster	Boys
#15	3:47.29	10 & Under 200 IM	3:47.29	114.6
#15	3:17.19	11-12 200 IM	3:17.19	#16
#17	32.99	13-14 50 Freestyle	31.89	#18
ш10	1:32.99	10 & Under 100 Freestyle	1:32.99	#20
#19	1:17.49	11-12 100 Freestyle	1:17.49	#20
#21	1:22.89	13-14 100 Backstroke	1:20.69	#22
#23	49.89	10 & Under 50 Backstroke	49.89	#24
#43	42.99	11-12 50 Backstroke	42.99	
#25	3:23.69	13-14 200 Breaststroke	3:19.29	#26
#27	2:02.39	10 & Under 100 Breaststroke	2:02.39	#20
# 4 /	1:43.69	11-12 100 Breaststroke	1:43.69	#28
#29	1:23.39	13-14 100 Butterfly	1:20.29	#30
ДО 1	48.59	10 & Under 50 Butterfly	48.59	шээ
#31	39.59	11-12 50 Butterfly	39.59	#32
#33	2:35.49	13-14 200 Freestyle	2:32.99	#34

Saturday Evening Session #4—Finals

Women	Equal/Faster	Open Event	Equal/Faster	Men
	Fastest Heats of Events #1-#2			
Finals of Events #3-#14, 3 heats each				

2023 Scarlet Memorial Day

Sunday May 28th

Sunday Morning Session #5—Open Preliminaries

Women	Equal/Faster	Open Event	Equal/Faster	Men
#37	4:53.19	400 Freestyle	4:33.29	#38
#39	1:12.39	100 Butterfly	1:05.39	#40
#41	2:59.99	200 Breaststroke	2:47.69	#42
#43	1:13.99	100 Backstroke	1:08.39	#44
#45	2:43.19	200 IM	2:30.69	#46
#47	1:06.59	100 Freestyle	1:01.29	#48



Sunday May 29th...continued

Sunday Midday Session #6—Distance Timed Finals

Women	Equal/Faster	Open Event	Equal/Faster	Men
#35	18:45.99	1500 Freestyle**	17:45.99	#36

^{**} Fastest heat swims at finals.

Sunday Afternoon Session #7—Age Group Timed Finals

"Make 1, Swim 3"

Girls	Equal/Faster	Age Group and Event	Equal/Faster	Boys
#49	2:57.39	13-14 200 IM	2:54.69	#50
#51	40.89 35.69	10 & Under 50 Freestyle 11-12 50 Freestyle	40.89 35.69	#52
#53	1:11.49	13-14 100 Freestyle	1:09.89	#54
#55	1:48.89 1:31.39	10 & Under 100 Backstroke 11-12 100 Backstroke	1:48.99 1:31.39	#56
#57	2:59.39	13-14 200 Backstroke	2:55.29	#58
#59	55.09 47.09	10 & Under 11-12 50 Breaststroke	55.09 47.09	#60
#61	1:33.59	13-14 100 Breaststroke	1:31.29	#62
#63	1:56.19 1:31.99	10 & Under 100 Butterfly 11-12 100 Butterfly	1:56.19 1:31.99	#64
#65	3:04.89	13-14 200 Butterfly	3:01.09	#66
#67	3:23.79 2:48.69	10 & Under 200 Freestyle 11-12 200 Freestyle	3:23.79 2:48.69	#68

Sunday Evening Session #8—Finals

Women	Equal/Faster	Open Event	Equal/Faster	Men
	Fastest Heats of Events #35-#36			
		Finals of Events #37-#48, 3 heats each		



Tentative Meet Schedule

This schedule is tentative pending receipt of entries.

Depending on the entries, sessions may be combined or split.

The complete schedule with session warm-up, and start times will be established when all entries have been received and a timeline developed, published on the meet website, and e-mailed to the coaches of participating teams.

Saturday		
Session 1	Morning	Open Preliminaries
Session 2	Midday	Open 800 Freestyle
Session 3	Afternoon	Age Group Timed Finals
Session 4	Evening	Finals
Sunday		
Session 5	Morning	Open Preliminaries
Session 6	Midday	Open 1500 Freestyle
Session 7	Afternoon	Age Group Timed Finals
Session 8	Evening	Finals

Scoring:	Team scoring will not be kept.		
Awards:	No awards.		
Starts:	• 'Fly-over/Over-the-top' starts will be used during preliminary and timed final heats.		
Admissions and Programs:	 Rutgers will be selling a limited number of tickets on a session-by-session basis for the meet. Tickets will go on sale Tuesday May 23rd. Tickets may be purchased at <u>go.rutgers.edu/swimmeet-tickets</u>. All spectators, including non-host team timers, are required to purchase tickets. Programs will be available via the Meet Mobile app (fee) and on besmarttinc.com (free). 		
Concessions:	Rutgers will have a concession stand for light snacks and refreshments in the hallway.		
Vendor:	A swim shop may be in attendance.		
Locker Rooms:	 If only one locker room/restroom: If Athletes and Adults including Coaches & Officials must use the same facility, make sure you are not alone with an athlete in the locker room, including using the restroom. Be proactive and tell the meet director immediately if this happens, even when no fault of your own. If multiple facilities: There is a separate locker room/restroom for athletes only! All other adults including Coaches & Officials need to make sure that you are only using the facility marked for you. 		
Entry Info:	 There will be no refunds after the entry deadline except for events that may be scratched from meet by the Entry Coordinator or Meet Director, or as otherwise directed by NJ Swimming. Entries will be acknowledged within 48 hours of receipt. All entries will be accepted on a first come basis. Entry forms, verification forms, waiver release, and fees must be received no later than the first session of the meet where the team competes. Team entries will be considered accepted when the host club accepts the entries. Meet Entries will be taken until the meet fills. The host club must stay within the four hour per session rule. Special Notice: All entry fees must be paid no later than Session Check-in. If a team fails to make payment by that time all their swimmers may be scratched, at the discretion of the Host Team. 		



Entry Times:	 New Jersey Swimming does not allow 'NT' or 'No Time' to be used as an entry time. All entry times must be in long course meters. Converted times are permitted. 	
Distance Events:	 The 800/1500 Freestyle events will be run fastest to slowest in separate sessions at the conclusion of the morning session. (These events may be heat limited. See below.) The fastest heat of each gender will swim during the evening finals sessions. Heats will alternate genders. Heats may combine genders if appropriate in order to save time. This may be done without an open lane separating the genders. Each swimmer is responsible to provide their own timer, and if so desired, a person to count 	
Heat Limited Events (800/1500 Freestyle):	 The midday distance sessions will be limited to 1 hour 45 minutes, with entries accepted on a first come, first served basis. Teams with swimmers who are beyond the session limit will be notified at least one week prior to the meet. Such swimmers may come and see if they scratch into the session. Otherwise refunds will be given to swimmers closed out of the event, or the swimmers may select another event if the meet is not oversubscribed. 	
Relays:	None.	
Swimmer Eligibility:	 No swimmer will be permitted to compete unless the swimmer is a member of USA Swimming as provided in Article 302. All transfer swimmer(s) must swim unattached for 60 days from their last attached competition. Swimmers must use an UN- (New Team Alpha Code) as their team affiliation. All Unattached swimmers must be listed on the team's official waiver entry form. All swimmers 18 & Over at the meet start date must have met the USA Swimming Athlete Protection Training requirement. Failure to complete it will result in an athlete's inability to swim in this meet. 	
Adaptive Provisions:	USA Swimming rules and regulations provides "guidelines for officiating swimmers with disabilities" and any athlete who needs any of these adaptations should provide the Referee with a note stating their name, their specific need, and a list of events in which they need assistance prior to the start of each session's competition. If necessary, this information may be provided by the swimmer's coach or guardians. NJ swimming will provide all swimmers with disabilities a chance to swim in events for which they have qualified (met the time standards of the meet).	
Host Club Responsibilities:	 The host club will provide a single timer in each lane throughout the meet, except for distance events where swimmers will provide their own timers and lap counters. The host club will e-mail entry verification back to the participating clubs. The host club will create a warm-up schedule that will be fair and equal to all teams. The host club will create timing assignments that are fair and equitable with as many teams participating as possible. Warm-up schedules and assignments, and timing assignments will be e-mailed to all participating clubs and posted on the website www.besmarttinc.com no later than 1 week before the meet. 	
Participating Club Responsibilities:	 Participating clubs must help with timing assignments. Timing assignments will be e-mailed to participating clubs and posted on the swim meet website: www.besmarttinc.com 1 week prior to the meet. See "Admissions and Programs" section about ticket requirements for timers. Participating club parents must stay off the pool deck except for timing assignments. Parent timers may not use phones/cameras while on the deck. Participating clubs should help with officiating whenever possible. Officials from participating clubs should contact the meet referee (see page 1) with their availability. 	



This meet is conducted according to current USA Swimming Rules, and in adherence to the USA-S Minor Athlete Abuse Prevention Policy (MAAPP 2.0). Make sure all interactions with athletes are observable and interruptible, including any meetings you have in between races or sessions. As a reminder, coaches are not allowed to massage any athlete, even if you are a licensed massage therapist. This includes all massages, rubdowns, stretching, physical manipulation, Coaches Conduct & injury rehabilitation, and the use of electronic or instrument assisted modalities such as stim Eligibility: treatment, dry needing, and cupping. All coaches "on the deck" must be currently registered coach members of USA Swimming. Verification can be in the form of a current USA Swimming membership card or Coaches Pass available thru the USA swimming Deck Pass App. Coaches must show their USA swimming coaching card or Coaches Pass for entrance to All Coaches must have some form of USA coaching credential verification with them at all times. This meet is conducted according to current USA Swimming Rules, and in adherence to the USA-S Minor Athlete Abuse Prevention Policy (MAAPP 2.0). Make sure all interactions with athletes are observable and interruptible. Current USA Swimming and NJS Swimming certification is required for all officials and the Officials Conduct & Meet Referee will check your cards. Eligibility: Swimming officials from participating teams should contact the meet referee (see page 1) with the sessions when they are able to help. All officials must wear the standard white and blue uniform. Officials will be required to work the entire session and will receive free admission. This meet will be run in accordance to current USA Swimming Rules. The host club has the right to change the format of the meet with the approval of the Administrative vice chair and either the Age Group or Senior vice chair. These changes would be made for a more efficient swim meet for the swimmers and the host club. Reasons for Meet Format these changes include: Waiver: To allow more swimmers to swim. To conform to facility capacity limits or for facility safety concerns. To condense the meet into smaller time frame. Some of the changes that may be made: 1) add a session, 2) heat limit distance events 3) condense sessions, and 4) eliminate relays. Warm-ups will be run under New Jersey Swimming Warm-up and Safety Guidelines. Teams will be assigned lanes according to the size of their entries, to achieve a fair and comparable warm-up for all swimmers. Warm-up Swimming Equipment is **not allowed** in the competition pool during all warm-up sessions. Procedures: This includes kick boards, hand paddles, and pull buoys. All swimmers must enter the pool feet first from the starting end of the pool. New Jersey Swimming officials will monitor warm-ups. All general warm-up lanes will swim in a counterclockwise direction. All check-in sheets must be turned into the scoring table 35 minutes before the start of each session. Swimmers that are swimming will have a line through their name. Swimmers that are being scratched will have their names circled with a "SCR" next to the circle. Swimmers Check-In: scratching a single event will have a line through their name and the event number circled with "SCR" next to the circle. Failure to follow this procedure may result in the swimmer(s) being scratched from the session. No penalty will be incurred for an unscratched swimmer who fails to report to the starting No Show blocks for his/her scheduled event. However, the event will be counted toward the Procedure for swimmer's maximum allowable swims for that day. The swimmer may be allowed to swim preliminaries and the event in a later heat or a subsequent event if the swimmer is at the starting end of the pool, timed finals: ready to swim, and an open lane is available. However, the host club will not schedule an additional heat to accommodate the swimmer.



Scratch Rule:	 The meet will follow USA Swimming rule 207.11.6.D and rule 207.11.6.E for scratches from finals. A swimmer who fails to scratch from finals within the deadlines outlined in rule 207.11.6.E and then fails to swim the event at finals will be barred from further competition for the remainder of the meet. In addition, the club of a swimmer who qualifies for finals or consolation finals and fails to compete in that final during the last session of the meet without properly scratching from the event in accordance to the above procedures may be fined \$50 for each occurrence. 		
Internet Website Posting:	Internet location for all meet information: http://www.besmarttinc.com Pre-Meet Information posted on website: Meet Information will be posted on the website. Downloadable Hy-Tek Events list (.HYV file) will be posted on the website. List Teams whose entries have been received. List "heat limited" events psych sheet. List Updated meet schedule. List Warm-up Schedule and Team Warm-up Assignments. List Timing assignments. Post-Meet Information posted on website: Downloadable Results (Zipped .CL2 & .HY3 files) for TM Printable meet results (.PDF file),		
Results:	 Meet result files for TM will be emailed to all participating teams. Meet results will be posted on the meet website and on the New Jersey Swimming Website: www.njswim.org 		
USA-S Racing Start Certification Statement:	Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.		
Audio/Visual Recording Statement:	Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.		
USA-S Deck Change Policy Statement:	Deck changes are prohibited.		
USA-S Drone Policy Statement:	Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.		
Minor Athlete Abuse Prevention Policy (MAAPP 2.0)	All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP 2.0"), and that they understand that compliance with the MAAPP 2.0 policy is a condition of participation in the conduct of this competition.		
Tech Suit/Swimwear Policy:	 Swimwear must conform to USA Swimming Rules. Rule 102.8. Only swimsuits complying with FINA swimsuit specification may be worn in any USA Swimming sanctioned or approved competition. "Tech suits" are not permitted at this meet for 12 & under swimmers. "Tech Suits" are defined, as suits that have bonded seams, kinetic tape, or meshed seams. A list of restricted suits can be found on the NJ Swimming Website; www.njswim.org. Rule 102.8.1E explicitly bans the use of therapeutic elastic tape (eg: kinesio tape) on any part of the body. Pursuant to USA Swimming Rule 205.10.1, it is permissible for a swimmer to wear a single set of garments underneath his or her competition swimsuit for modesty and/or other privacy reasons. 		



COVID-19 Assumption of Risk Disclaimer	The host team has taken enhanced health and safety measures for all participants. All persons participating must follow all posted instructions while at the Werblin Recreation Center Pool. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. All persons visiting the Werblin Recreation Center Pool voluntarily assume all risks related to exposure to COVID-19.	
Meet Requirement Statement:	This meet is a closed/sanctioned meet, as defined in the NJ Swimming Policies & Procedures Manual. As such, participation in this meet does not count toward participation requirements for NJ Swimming Zone Team eligibility nor for NJ Swimming Athlete Travel Grants for sectional and national level meets. However, times achieved in this meet are eligible for inclusion in SWIMS.	
Hotels:	 The Doubletree Executive Somerset on Atrium Drive The Crowne Plaza, 732-716-1175 The Courtyard by Marriott on Davidson Avenue 	
Medical Information:	 The Werblin Recreation Facility is staffed by certified lifeguards and all operational personnel are trained in CPR and First Aid. There is an AED on site (by reception) and EMT service on the campus. 	
Directions:	Google Maps: https://goo.gl/maps/KiPCdDs6bP54IpmP7 Rutgers will have posted signs indicating which of the parking lots are for the swim meet. Please use one of these lots. Rutgers campus police may ticket automobiles that are parked in lots other than those designated for the swim meet!	





Saturday-Sunday May 27th-28th

Waiver

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA Swimming, NJ Swimming, Rutgers University, Scarlet Aquatics, Be Smartt Inc. and their staffs for any injuries and/or expenses incurred by me/us at the swim meet, or while on the road to and from the meet. I/we are USA Swimming registered athletes and am/are eligible to compete in all the events I/we have entered.

Covid-19 Waiver

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

Meet Verification

I hereby certify that all entered swimmers and coaches listed on the waiver form for the Scarlet Memorial Day meet on May 27th-28th, 2023 are registered members of USA Swimming. All USA Swimming members are correctly entered according to; Article 302.4 of the USA Swimming Rules and Regulations. False Registration: An LSC may impose a fine of up to \$100 per event against a member coach or a member club's representative signing a document which indicates a swimmer is registered with USA Swimming for a meet when that swimmer is not properly registered or eligible to compete for that club. This will be enforced by the LSC and the LSC will be entitled to the fines imposed.

Also I acknowledge that deck access is limited to coaches and/or officials working the meet and displaying their credentials.



Information below must be submitted to the club hosting the meet before the start of the meet along with payment.

Club Name/Club Code	·	
Signature of Coach and	d/or Parent/Guardian	
Telephone	E-Mail Address	
Name(s) of Coach(es)	·	
	Number of person to contact regarding this entry:	
NAME/E-Mail/Phone	Number of person to contact regarding timers/officials:	
Entry Fee Summary:	Timed Final individual event entries @ \$8.00 =	\$
Entry 1 cc Summary.	Prelims/Finals individual event entries @ \$10.00 =	\$
	Distance individual event entries @ \$15.00 =	\$
	Swimmer surcharges @ \$15/swimmer/day =	\$
	Total:	\$

Make checks payable to: New Jersey Wave

