



2018 Last Chance Meet

Hosted by Scarlet Aquatics
 at the Werblin Recreation Center, Rutgers University
 Held under the sanction of USA Swimming

Meet Sanction #	NJ Swimming Sanction #- NJS031618SC Any changes of the meet information without the approval of the administrative chairman, age group chairman or senior chairman are a violation of the sanction. It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.		
Date of Meet:	Friday March 16th to Sunday March 18th, 2018		
Location:	Sonny Werblin Recreation Center, Busch Campus, Rutgers University		
Facility Info:	The Werblin competition pool has two 8-lane 25-yard courses, with a minimum depth for diving of 6 feet. There are two auxiliary pools, known as "patio pools" (for warm-up and warm-down), and seating for 1,000 spectators, including 400 chair-backed seats. The remaining seating is bleacher style.		
Pool Certification Statement:	The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.		
Host Team Contact:	Thomas Speedling	732-742-4600	scarletaquatics@gmail.com
Meet Director:	Ellen Mace	609-558-0988	besmarttinc@gmail.com
Meet Referee:	Perry Novak (Saturday, Sunday) Steve Sawin (Friday)		perrynovak@optonline.net spsawin@aol.com
Admin Official:	John Lister		besmarttinc@gmail.com
Safety Marshall:	Kyle Gurkovich		kgurkovich@gmail.com
Entry Coordinator:	Be Smartt Inc	609-558-0988	besmarttinc@gmail.com
Entries Open:	Immediately		
Entry Deadline:	Monday March 12th, 2018, at noon		
Swimmer Age	Swimmer ages for this meet are as of: March 16th, 2018		
Entry Fees:	Individual Entry: Prelim/Final Events: \$5.00, Timed Final Events: \$4.00 Distance: \$11.00		
Meet Course:	Short Course Yards (SCY)		
Meet Format:	<ul style="list-style-type: none"> • This meet will have 10 & Under, 11-12, and 13 & Over events. • This meet will run depending on the number of entries. See <i>Pool arrangement</i> section for details. Pools will be arranged once all entries are received and a time-line established. This information will be sent via e-mail to participating teams and posted on the meet website www.besmarttinc.com. • This meet will be run as timed finals for 12 & Under events, and distance events. • This meet will be run as prelims/finals for 13 & Over events, with 3 finals heats. • There are minimum ("faster than") time standards for this meet. • This meet will be deck seeded with coaches checking in/scratching all swimmers and relays. When a session has been seeded, swimmers will be responsible for reporting to the blocks on their own. 		
Entry Limits:	Daily: 3 Individual Prelims/Finals Events or 4 Timed Finals	Meet: 9 Prelims/Finals Individual Events 12 Timed finals Events	
Checks Payable To:	Scarlet Aquatic Club		
Email Entry Files To:	besmarttinc@gmail.com		
Checks/Waivers:	Bring to the first session of the meet where the team is competing.		



2018 Last Chance Meet

Friday March 16th,
Facility Opens at 7:00am

Friday Morning Sessions #1, #2—13 & Over Preliminaries

Warm-up: 7:15am

Meet Start: TBA

Women	Equal/Faster	13 & Over Event	Equal/Faster	Men
#21	2:11.49	200 Freestyle	2:01.79	#22
#23	1:10.19	100 Backstroke	1:05.19	#24
#25	1:19.39	100 Breaststroke	1:14.89	#26
#27	None	50 Butterfly	None	#28

Friday Midday Sessions #3, #4—13 & Over 1000 Freestyle

Warm-up: TBA

Meet Start: TBA

Women	Equal/Faster	13 & Over Event	Equal/Faster	Men
#19	12:11.09	1000 Freestyle*	11:29.19	#20

* Will be seeded fast to slow. Fastest heat swims at Finals.

Friday Afternoon Sessions #5, #6—12 & Under Timed Finals

Warm-up: TBA

Meet Start: TBA

Girls	Equal/Faster	Age Group & Event	Equal/Faster	Boys
#1	2:31.79	11-12 200 Freestyle	2:31.79	#2
#3	1:34.39	10 & Under 100 IM	1:34.39	#4
#5	6:06.19	11-12 400 IM	6:06.19	#6
#7	43.89	10 & Under 50 Backstroke	43.89	#8
#9	41.99	11-12 50 Breaststroke	41.99	#10
#11	1:21.99	11-12 100 Butterfly	1:21.99	#12
#13	1:48.99	10 & Under 100 Breaststroke	1:48.99	#14
#15	1:21.89	11-12 100 Backstroke	1:21.89	#16
#17	2:58.29	10 & Under 200 Freestyle	2:58.29	#18

Friday Evening Session #7—Finals

Warm-up: TBA

Meet Start: TBA

Women	Equal/Faster	13 & Over	Equal/Faster	Men
<i>Finals of Events #21-#28, 3 heats each</i>				



2018 Last Chance Meet

Saturday March 17th

Facility Opens at 7:00am

Saturday Sunrise Sessions #8, #9—13 & Over 500 Freestyle Preliminaries

Warm-up: 7:15am

Meet Start: TBA

Women	Equal/Faster	13 & Over Event	Equal/Faster	Men
#49	5:52.19	500 Freestyle**	5:31.69	#50

** Will be seeded fast to slow.

Saturday Morning Sessions #10, #11—13 & Over Preliminaries

Warm-up: TBA

Meet Start: TBA

Women	Equal/Faster	13 & Over Event	Equal/Faster	Men
#51	1:09.89	100 Butterfly	1:05.59	#52
#53	2:30.99	200 Backstroke	2:23.69	#54
#55	None	50 Breaststroke	None	#56
#57	1:01.09	100 Freestyle	55.39	#58
#59	None	50 Backstroke	None	#60
#61	5:28.99	400 IM**	5:13.19	#62

** Will be seeded fast to slow.

Saturday Afternoon Session #12, #13—12 & Under Timed Finals

Warm-up: TBA

Meet Start: TBA

Girls	Equal/Faster	Age Group & Event	Equal/Faster	Boys
#29	1:20.29	11-12 100 IM	1:20.29	#30
#31	36.19	10 & Under 50 Freestyle	36.19	#32
#33	37.09	11-12 50 Backstroke	37.09	#34
#35	48.19	10 & Under 50 Breaststroke	48.19	#36
#37	1:08.29	11-12 100 Freestyle	1:08.29	#38
#39	1:42.09	10 & Under 100 Butterfly	1:42.09	#40
#41	3:17.99	11-12 200 Breaststroke	3:17.99	#42
#43	7:39.49	10 & Under 500 Freestyle	7:39.49	#44
#45	2:59.99	11:12 200 Butterfly	2:59.99	#46
#47	13:45.49	11-12 1000 Freestyle	13:45.99	#48

Saturday Evening Session #14—Finals

Warm-up: TBA

Meet Start: TBA

Women	Equal/Faster	13 & Over Event	Equal/Faster	Men
<i>Finals of Events #49-#62, 3 heats each</i>				



2018 Last Chance Meet

Sunday March 18th

Facility Opens at 7:00am

Sunday Morning Session #15, #16—13 & Over Preliminaries

Warm-up: 7:15am

Meet Start: 8:20am

Women	Equal/Faster	13 & Over Event	Equal/Faster	Men
#87	2:38.79	200 Butterfly	2:25.59	#88
#89	2:52.69	200 Breaststroke	2:42.59	#90
#91	28.19	50 Freestyle	25.39	#92
#93	2:30.29	200 IM	2:20.29	#94

Sunday Midday Sessions #17, #18—13 & Over 1650 Freestyle

Warm-up: TBA

Meet Start: TBA

Women	Equal/Faster	13 & Over Event	Equal/Faster	Men
#85	20:08.99	1650 Freestyle*	19:00.99	#86

* Will be seeded fast to slow. Fastest heat swims at Finals.

Saturday Afternoon Session #19, #20—12 & Under Timed Finals

Warm-up: TBA

Meet Start: TBA

Girls	Equal/Faster	Age Group & Event	Equal/Faster	Boys
#65	3:19.39	10 & Under 200 IM	3:19.39	#66
#67	2:51.79	11-12 200 IM	2:51.79	#68
#69	42.99	10 & Under 50 Butterfly	42.99	#70
#71	31.39	11-12 50 Freestyle	31.39	#72
#73	1:22.09	10 & Under 100 Freestyle	1:22.09	#74
#75	2:53.99	11-12 200 Backstroke	2:53.99	#76
#77	1:36.19	10 & Under 100 Backstroke	1:36.19	#78
#79	1:29.89	11-12 100 Breaststroke	1:29.89	#80
#81	35.49	11-12 50 Butterfly	35.49	#82
#83	6:40.99	11-12 500 Freestyle	6:40.99	#84

Sunday Evening Session #21—Finals

Warm-up: TBA

Meet Start: TBA

Women	Equal/Faster	Age Group & Event	Equal/Faster	Men
#105		Open 800 Freestyle Relay		#106



Meet Schedule

Friday March 16 th		Warm-up	Start
Facility Opens at 7:00am			
Sessions #1, #2	13 & Over Preliminaries	7:15am	TBA*
Sessions #3, #4	13 & Over 1000 Freestyle	TBA*	TBA*
Sessions #5, #6	12 & Under Timed Finals	TBA*	TBA*
Session #7	Finals	TBA*	TBA*
Friday March 17 th		Warm-up	Start
Facility Opens at 7:00am			
Sessions #8, #9	13 & Over 500 Freestyle Preliminaries	7:15am	TBA*
Sessions #10, #11	13 & Over Preliminaries	TBA*	TBA*
Sessions #12, #13	12 & Under Timed Finals	TBA*	TBA*
Session #14	Finals	TBA*	TBA*
Sunday March 18 th		Warm-up	Start
Facility Opens at 7:00am			
Sessions #15, #16	13 & Over Preliminaries	7:15am	TBA*
Sessions #17, #18	13 & Over 1650 Freestyle	TBA*	TBA*
Sessions #19, #20	12 & Under Timed Finals	TBA*	TBA*
Session #21	Finals	TBA**	TBA**

**The schedule all sessions after the first each day will be developed once all entries have been received. It will be e-mailed to all participating team coaches and published on the meet web sites.

Scoring:	<ul style="list-style-type: none"> Team scoring will be kept through 16 places, 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1.
Awards:	<ul style="list-style-type: none"> No awards.
Starts:	<ul style="list-style-type: none"> 'Fly-over/Over-the-top' starts may be used during this meet during preliminary and timed finals sessions. Information will be published in the pre-meet schedule distribution.
Pool Arrangement:	<ul style="list-style-type: none"> It is expected that this meet will run in two pools. Depending on the number of swimmers and attendance, the meet may swim odd/even heats in different pools. However, if attendance is light, the meet may run in one pool, and distance events may alternate genders. This information will be published in the pre-meet schedule distribution.
Admissions and Programs:	<ul style="list-style-type: none"> Admission will be \$10.00 per session for all morning preliminaries, distance, and afternoon 12 & Under sessions. Admission for evening finals sessions will be \$7.00 per session. Psych sheets and heat sheets will be online at www.besmarttinc.com (free) and Meet Mobile (subscription required)
Concessions:	<ul style="list-style-type: none"> Rutgers will be operating a food and refreshments stand in the hallway.
Vendor:	<ul style="list-style-type: none"> Metro Swim Shop will be in attendance.
Entry Info:	<ul style="list-style-type: none"> There will be no refunds after the entry deadline except for events that may be scratched from meet by the Entry Coordinator or Meet Director, or as otherwise directed by NJ Swimming. Entries will be acknowledged within 48 hours of receipt. Entry forms, verification forms, waiver release, and fees must be received no later than the first session of the meet where the team competes. Team entries will be considered accepted when the host club accepts the entries. Special Notice: All entry fees must be paid no later than Session Check-in. If a team fails to make payment by that time all their swimmers may be scratched, at the discretion of the Host Team.



Entry Times:	<ul style="list-style-type: none"> • New Jersey Swimming does not allow 'NT' or 'No Time' to be used as an entry time. • All entry times must meet the time standards for this meet as approved by NJ Swimming. • All entry times must be in short course yards. Converted times are permitted.
Distance Events	<ul style="list-style-type: none"> • The 1000 and 1650 freestyle events are timed finals. • They will be run fastest to slowest. • Heats may be combined to save time, both by age group and gender, without there necessarily being an empty lane. Also heat(s) may be moved to the other pool to even the timeline. • Swimmers with the fastest 8 seeded times in each event will swim during the evening finals session. Slower seeded swimmers will swim during the midday sessions. • The 12 & Under 500, and 11-12 1000 freestyle events are part of their respective sessions. They will be seeded slowest to fastest. Swimmers must provide their own counters, but not timers. • Swimmers in the 13 & Over 500 freestyle preliminaries must provide their own timers and counters. • Except during evening finals sessions, swimmers must provide their own timers. Swimmers must provide their own counters.
Heat Limited Events:	<ul style="list-style-type: none"> • None.
Relays:	<ul style="list-style-type: none"> • None.
Swimmer Eligibility:	<ul style="list-style-type: none"> • No swimmer will be permitted to compete unless the swimmer is a member of USA Swimming as provided in Article 302. • All transfer swimmer(s) must swim unattached for 120 days from their last attached competition. Swimmers must use an UN- (New Team Alpha Code) as their team affiliation. All Unattached swimmers must be listed on the team's official waiver entry form. • All swimmers must be included in a team's official meet roster in the meet database to be eligible to participate in any events in the meet, including relays.
Adaptive Provisions:	<ul style="list-style-type: none"> • USA Swimming rules and regulations provides "guidelines for officiating swimmers with disabilities" and any athlete who needs any of these adaptations should provide the Referee with a note stating their name, their specific need, and a list of events in which they need assistance prior to the start of each session's competition. If necessary, this information may be provided by the swimmer's coach or guardians. NJ Swimming will provide all swimmers with disabilities a chance to swim in events for which they have qualified (met the time standards of the meet).
Host Club Responsibilities:	<ul style="list-style-type: none"> • The host club will provide a single timer in each lane throughout the meet, except for distance events where swimmers will provide their own timers and lap counters. • The host club will e-mail entry verification back to the participating clubs. • The host club will create a warm-up schedule that will be fair and equal to all teams. • The host club will create timing assignments that are fair and equitable with as many teams participating as possible. • Warm-up schedules and assignments, and timing assignments will be e-mailed to all participating clubs and posted on the website www.besmartinc.com no later than 1 week before the meet.
Participating Club Responsibilities:	<ul style="list-style-type: none"> • Participating clubs must help with timing assignments. Timing assignments will be e-mailed to participating clubs and posted on the swim meet website: www.besmartinc.com 1 week prior to the meet. • Participating club parents must stay off the pool deck except for timing assignments. • Participating clubs should help with officiating whenever possible. List the club contact for club officials on the meet summary.
Coaches Eligibility:	<ul style="list-style-type: none"> • All coaches "on the deck" must be currently registered coach members of USA Swimming. • Coaches must show coaching card for entrance to facility. • All coaches must have coaching cards visible at all times while on deck.
Officials:	<ul style="list-style-type: none"> • Swimming officials from participating teams should contact the meet referee (see page 1) with the sessions when they are able to help. • Current USA Swimming and NJS Swimming certification is required for all officials and the Meet Referee will check your cards. • All officials must wear the standard white and blue uniform. • Officials will be required to work the entire session and will receive free admission.



Meet Format Waiver:	<ul style="list-style-type: none"> This meet will be run in accordance to current USA Swimming Rules. The host club has the right to change the format of the meet with the approval of the Administrative vice chair and either the Age Group or Senior vice chair. These changes would be made for a more efficient swim meet for the swimmers and the host club. Reasons for these changes include: <ul style="list-style-type: none"> To allow more swimmers to swim. To conform to facility capacity limits or for facility safety concerns. To condense the meet into smaller time frame. Some of the changes that may be made: 1) add a session, 2) heat limit distance events 3) condense sessions, and 4) eliminate relays.
Warm-up Procedures:	<ul style="list-style-type: none"> Warm-ups will be run under New Jersey Swimming Warm-up and Safety Guidelines. Teams will be assigned lanes according to the size of their entries, to achieve a fair and comparable warm-up for all swimmers. Swimming Equipment is not allowed in the competition pools during all warm-up sessions. This includes kick boards, hand paddles, and pull buoys. All swimmers must enter the pool feet first from the starting end of the pool. New Jersey Swimming officials will monitor warm-ups. All general warm-up lanes will swim in a counterclockwise direction.
Check-In:	<ul style="list-style-type: none"> All check-in sheets must be turned into the scoring table 35 minutes before the start of each session. Swimmers that are swimming will have a line through their name. Swimmers that are being scratched will have their names circled with a "SCR" next to the circle. Swimmers scratching a single event will have a line through their name and the event number circled with "SCR" next to the circle. Failure to follow this procedure may result in the swimmer(s) being scratched from the session.
Scratch Rule:	<ul style="list-style-type: none"> The meet will follow USA Swimming rule 207.11.6.D and rule 207.11.6.E for scratches from finals. A swimmer who fails to scratch from finals within the deadlines outlined in rule 207.11.6.E and then fails to swim the event at finals will be barred from further competition for the remainder of the meet. In addition, the club of a swimmer who qualifies for finals or consolation finals and fails to compete in that final during the last session of the meet without properly scratching from the event in accordance to the above procedures may be fined \$50 for each occurrence.
No Show Procedure for Prelims and Time Trials:	<ul style="list-style-type: none"> No penalty will be incurred for an unscratched swimmer who fails to report to the starting blocks for his/her scheduled event for preliminary sessions and timed finals events. However, the event will be counted toward the swimmer's maximum allowable swims for that day. The swimmer may be allowed to swim the event in a later heat or a subsequent event if the swimmer is at the starting end of the pool, ready to swim, and an open lane is available. However, the host club will not schedule an additional heat to accommodate the swimmer.
Internet Website Posting:	<p>Internet location for all meet information: http://www.besmarttinc.com</p> <p>Pre-Meet Information posted on website:</p> <ul style="list-style-type: none"> Meet Information will be posted on the website. Downloadable Hy-Tek Events list (.HYV file) will be posted on the website. List Teams whose entries have been received. List Updated meet schedule. List Warm-up Schedule and Team Warm-up Assignments. List Timing assignments. <p>Post-Meet Information posted on website:</p> <ul style="list-style-type: none"> Downloadable Results (Zipped .CL2 & .HY3 files) for TM Printable meet results (.PDF file),
Results:	<ul style="list-style-type: none"> Meet result files for TM will be emailed to all participating teams. Meet results will be posted on the meet website and on the New Jersey Swimming Website: www.njswim.org
USA-S Racing Start Certification Statement:	<p>Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</p>



Audio/Visual Recording Statement:	Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
Locker Rooms:	Parents are not permitted in the athlete locker rooms at any time.
USA-S Deck Change Policy Statement:	Deck changes are prohibited.
USA-S Drone Policy Statement:	Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
Tech Suit/ Swimwear Policy:	Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specification may be worn in any USA Swimming sanctioned or Approved competition. “Tech suits” are not permitted at this meet for 12 & under swimmers. “Tech Suits” are defined as suits that have Bonded Seams, Kinetic Tape, or Meshed Seams. A list of restricted suits may be found on the NJ Swimming Website; www.njswim.org
Meet Requirement Statement:	In order to be eligible for the NJ Swimming Zone Championship Team or for NJ Swimming Athlete Travel Grants for sectional and national level meets, NJ Swimming policy stipulates certain participation requirements. As a NJ Swimming sanctioned meet, this meet counts toward those participation requirements.
Hotels:	<ul style="list-style-type: none"> • Fairbridge Hotel, Davidson Avenue, 732-356-1700 • The Crowne Plaza, 732-716-1175 • The Courtyard by Marriott on Davidson Avenue • The Doubletree Executive Somerset on Atrium Drive
Directions:	<p><i>Directions to Sonny Werblin Recreation Center:</i></p> <p>Address: 656 Bartholomew Rd, Piscataway NJ 08854</p> <p>Garden State Parkway Southbound Turn off at Exit 129 and take the New Jersey Turnpike South. Exit the Turnpike at Exit 9, follow NJ Turnpike directions below.</p> <p>Garden State Parkway Northbound Turn off at Exit 105 and follow signs for Route 18 North. After approximately 24 miles, you will pass the entrance for the New Jersey Turnpike. Continue on Route 18 North. After approximately 3.7 miles Route 18 will cross the Raritan River. Continue on Route 18 North to the Campus Rd exit ramp on the right. Follow Campus Road to a traffic circle. Turn right at the traffic circle onto Bartholomew Rd. The Recreation Center is on your left.</p> <p>Interstate 287 Turn off at Exit 9 Bound Brook/Highland Park. Proceed East on River Road towards Highland Park. Continue on River Road and you will pass under the overpass for Route 18. Turn left at the next traffic light onto North. Take the next exit on Route 18 North, Campus Road. Follow Campus Road to a traffic circle. Turn right at the traffic circle onto Bartholomew Rd. The Recreation Center is on your left.</p> <p>New Jersey Turnpike Exit the Turnpike at Exit 9, bear right after the tollbooths and follow signs for Route 18 North—New Brunswick. Stay to the left to continue on Route 18 North. Proceed along Route 18 North. After approximately 3.7 miles Route 18 will cross the Raritan River. Continue on Route 18 North to the Campus Rd exit ramp on the right. Follow Campus Road to a traffic circle. Turn right at the traffic circle onto Bartholomew Rd. The Recreation Center is on your left.</p> <p>US Route 1 Turn off at exit marked Route 18 North—New Brunswick. Proceed along Route 18 North. After approximately 3.7 miles Route 18 will cross the Raritan River. Continue on Route 18 North to the Campus Rd exit ramp on the right. Follow Campus Road to a traffic circle. Turn right at the traffic circle onto Bartholomew Rd. The Recreation Center is on your left.</p> <p>Rutgers will have posted signs indicating which of the parking lots are for the swim meet. Please use one of these lots. Rutgers campus police may ticket automobiles that are parked in lots other than those designated for the swim meet!</p>





NEW JERSEY SWIMMING

2018 Last Chance Meet

Hosted by Scarlet Aquatics

Friday-Sunday March 16th-18th



Waiver

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA Swimming, NJ Swimming, Rutgers University, Eastern Express Swimming, Be Smartt Inc and their staffs for any injuries and/or expenses incurred by me/us at the swim meet, or while on the road to and from the meet. I/we are USA Swimming registered athletes and am/are eligible to compete in all the events I/we have entered.

Meet Verification

I hereby certify that all entered swimmers and coaches listed on the waiver form, for the **Scarlet Aquatics Last Chance Meet on March 16th-18th, 2018** are registered members of USA Swimming. All USA Swimming members are correctly entered according to; Article 302.4 of the USA Swimming Rules and Regulations. False Registration: An LSC may impose a fine of up to \$100 per event against a member coach or a member club's representative signing a document which indicates a swimmer is registered with USA Swimming for a meet when that swimmer is not properly registered or eligible to compete for that club. This will be enforced by the LSC and the LSC will be entitled to the fines imposed.

Also, I acknowledge that deck access is limited to coaches and/or officials working the meet and displaying their credentials.

Club Name/Club Code _____

Signature of Coach and/or Parent/Guardian _____

Telephone _____ E-Mail Address _____

Name(s) of Coach(es): _____

Name/E-Mail/Phone Number of person to contact regarding this entry:

NAME/E-Mail/Phone Number of person to contact regarding timers/officials:

Entry Fee Summary:	_____ Prelim/Final Individual event entries @ \$5.00 =	\$_____
	_____ Timed Final Individual event entries @ \$4.00 =	\$_____
	_____ 1000/1650 Timed-Final individual event entries @ \$11.00 =	\$_____
	Total:	\$_____

Make checks payable to: **Scarlet Aquatic Club**