

| Name of Meet: | SKYY FAST TIMES at LYNDHURST HIGH 2011 |
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| Meet Sanction #: | NJS112611SC |
| Host Club: | This meet is hosted by: SKYY Swim Team |
| Date of Meet: | Saturday November 26, and Sunday November 27 th , 2011 |
| Location: | Lyndhurst Community Pool: 400 Weart Road Lyndhurst, NJ, 07070 The pool is attached to Lyndhurst High School. |
| Facility Info: | The Lyndhurst Community Pool is a 6 lane 25 yard pool, with Colorado Timing. Entry to the facility will be via the main entrance to Walsh Gym. All swimmers, coaches, and parents are to enter pool via the side entrance from the lobby area. There is gallery seating for all participants and spectators. The depth of the pool at the block end is 7 feet; the depth of the pool at the turn end is 4 feet. ABSOLUTELY NO CHAIRS OR BLANKETS WILL BE ALLOWED IN THE POOL AREA. |
| Pool Certification Statement: | The competition course has not been certified in accordance with 104.2.2C(4). Note that this statement is a required meet announcement statement, and refers to the pre-certification of the pool length measurement in regards to National and World Record swims which may occur in the pool. The fact that this pool is not certified in accordance to 104.2.2C(4) does not impact on the validity of the times achieved in this pool. Times swum at this meet will in fact be entered in SWIMS and are eligible for qualifying for any other USA Swimming sanctioned competition. |
| Meet Director & Team Contact: | Erin Miller, emmalex2@aol.com, 201-304-1842 |
| Meet Marshal: | Michelle Limbacher, swimby@optonline.net , 201-562-7942 |
| Meet Referee: | Dan Bibb, danielbibb@aol.com, 201-390-5278 |
| Entry Coordinator: | BE Smartt, Inc will be the Entry Coordinator, E-Mail address: entries@juno.com 1.609.558.0988 Best time to call after 8:00PM and weekends |
| Entry Deadline: | Entry Deadline Date: SATURDAY November 12, 2011 |
| | All entries will be accepted on a first come basis. Meet Entries will be taken until the meet fills. The host club must stay within the four hour per session rule. |
| | Email entries to: entries@juno.com (please use FASTTIMES2011 in the subject line) |
| | Mail entry summary, signed NJ Swimming waiver, and check to: BE SMARTT INC., 604 Paxson Avenue, Mercerville, NJ 08619 |
| | It is not necessary to use overnight or express mail to send hard copy and check, which are sent in support of an e-mailed entry. |



| Entries: | In accordance with NJS policy, team entries may be submitted by E-mail to entries 1@juno.com. (please use FASTTIMES2011 in subject line) All entries must be Hy-Tek program entries as an attached file to an e-mail. • The meet entry coordinator will respond to e-mails entries within 48 hours. If you do not receive an e-mail response within 48 hours, assume that your email has not been received. It then becomes the sender's responsibility to make sure that the host club's meet entry coordinator receives the e-mail. If you do not receive an e-mail response, you must contact the entry coordinator by email or phone. • An Entry Summary with a signed NJ Swimming waiver and a check must accompany or follow each entry. • Incomplete entries will not be accepted. • Deck entries will not be accepted. • Teams entered will be posted on the host club website. |
|-----------------------------|---|
| Meet Format Waiver: | The host club has the right to change the format of the meet with the approval of the sanctioning chairman and age group or senior chairman. These changes would be made for a more efficient swim meet for the swimmers and the host club. • To conform to facility capacity no more than 225 swimmers per session |
| Internet Website Posting: | Meet Website address: www.besmarttinc.com Pre-Meet Information posted on website. Meet Information will be posted on the website. Hy-Tek Events list (HYV.file) will be posted on the website. List Teams whose entries have been received. List Updated meet schedule. List Warm-up Schedule and Team Warm-up Assignments. List Timing assignments. Post-Meet Information posted on website. List Downloadable Results (CL.2 file) List Downloadable Meet Back-up (Backup.zip File) |
| Meet Requirement Statement: | In order to be eligible for the SC New Jersey Zone Championship Team or for NJ Swimming Athlete Reimbursement for sectional and national level meets, NJ Swimming policy stipulates certain participation requirements. As a NJ Swimming sanctioned meet, this meet counts towards those participation requirements. |
| Coaches Eligibility: | All coaches "on the deck" must be registered with New Jersey Swimming and be members of USA Swimming. Coaches must show coaching card for entrance to facility. Coaches must have coaching card visible at all times while on deck. |
| Swimmer Eligibility: | All swimmers must be members of USA Swimming to enter and compete in this meet. All swimmers must be listed on a team's official entry form to be eligible to participate in this swim meet in any events including relays. All transfer swimmer(s) must swim unattached for 120 days from their last attached competition. Swimmers must us an UN- (New Team Alpha Code) as their team affiliation. All Unattached swimmers must be listed on the team's official waiver entry form. There will 6-under, 8 & under, 10 & Under, 12/under and Open events. No time standards will be used for this meet. New Jersey Swimming only allows swimmers to compete in only 3 individual events per day. Swimmers may compete in two (2) relay events per day. Age for this meet is calculated as of November 26, 2011 |



| Distance Events (1650): | Depending on time constraints, the 1650 events may be limited to as few as 2 heats each (fastest 12 girls & fastest 12 boys). The 1650 will be swum fastest to slowest, alternating girls and boys. There will be a warm-up of at least 20 minutes for the 1650 session, which will immediately follow the conclusion of Session #1. Heats of the 1650 may be combined without an open lane separating the genders. Swimmers are to supply their own timer and counter for the 1650. |
|---------------------------|--|
| Swimmers | Any swimmer entered in the meet must be certified by a USA Swimming member coach as being |
| <u>Unaccompanied by a</u> | proficient in performing a racing start or must start each race from within the water. If a swimmer is |
| <u>USAS Certified</u> | not accompanied by a USA Swimming member coach, then it is the responsibility of the swimmer |
| Coach: | or the swimmer's legal guardian to ensure compliance with this requirement. |
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| Meet Format: | This meet will be run in accordance to current USA Swimming Rules. |
| | This meet will be run as a timed final meet. |
| | If the meet doesn't fill sufficiently, then the sessions on either or both days may be combined, at the discretion of the meet host, Admin Chair and AG Chair. |
| | This meet will be deck seeded with coaches checking in/scratching all swimmers. When the seeding has been posted, swimmers will report to the blocks directly. |
| Meet Schedule: | The building opening time is no sooner than: 6:30am. This meet will have 2 sessions on Sat and 3 sessions on Sunday. The 1650 and 12-under session times will be determined after all entries are received and a timeline is established. |

Meet Schedule:

| Two sessions each day | | Warm-up | Start |
|-----------------------|------------------|----------|-----------|
| Session1&3 | OPEN (AM) | 6:55a.m. | 8:00 a.m. |
| Session 3A | OPEN 1650s (Mid) | TBA* | TBA* |
| Session2 &4 | 12/under (PM) | TBA** | TBA** |

^{*} There will be at least a 20 minute warm-up for the 1650s immediately following the conclusion of Session 3. This start time will be determined after all the entries have been received and a time line is created.

** Starting times for all PM sessions will be determined after entries are received and a time line is created. If the meet does not fill, then all events may be combined into one AM session.

| Warm-up | All teams will be given a minimum of thirty minutes of warm-ups. |
|--------------------|---|
| <u>Procedures:</u> | Warm-ups will be run under New Jersey Swimming Warm-up and Safety Guidelines. |
| | |
| | Warm-ups will include general warm-up lanes, sprint lanes, and pace |
| | lanes. |
| | All swimmers must enter the pool from the starting end of the pool. |
| | New Jersey Swimming officials will monitor warm-ups. |
| | Warm-up Procedures based upon number of entries: |
| | There will be a one-hour warm-up session with sprint lanes offered in the |
| | final 15 minutes of warm-ups. |
| | - OR - |
| | • The warm-up sessions will be two 30-minute warm-ups divided by teams. |
| | There will be designated sprint lanes/pace lanes during the last 10 minutes. |
| | |



| Entry Times. | New James Continuing description (NIT) of OUT (1) |
|---|---|
| Entry Times: | New Jersey Swimming does not allow 'NT' or 'No Time' to be used as an entry time. |
| | All entry times must be in short course yards. |
| | Converted times are permissible. |
| Check-In: | All check-in sheets must be turned into the scoring table 30 minutes before the start of each session. Swimmers that are swimming will have a line through their name. Swimmers that are being scratched will have their names circled with a "SCR" next to the circle. Swimmers scratching a single event will have a line through his/her name and the event number circled with "SCR" next to the circle. Failure to follow the proper deck seeded procedure may result in the swimmer being scratched from the session. All relay events will have a positive check-in that will be posted at the scoring table; relay names need to be turned in by the end of warm-up. |
| Starts: | New Jersey Swimming requires that whistle starts be used. The host club will determine if "overhead/fly-over" starts will be used after a time line has been produced. This information will be published in the premeet information. |
| Relays: | Coaches must turn in relay cards prior to that relay swimming listing correct swimmers names and correct order. |
| Scoring: | Swimmers in OPEN, 12/U, 10/UNDER, 8/UNDER or 6/UNDER will be scored separately. |
| Awards: | Ribbons will be awarded for the top 8 swimmers in all age groups and for the 12/u and 10/under, and 8/u, 6/u and Open individual age group events. Ribbons will be given for the top 3 teams in each relay event. |
| Entry Fees: | Individual Entry Fee: \$4.00. Relay Entry Fee: \$8.00 Make checks payable to: SKYY Swim Team (All entry fees are non-refundable) |
| Admissions and | Admission will be \$6.00 per session. |
| Programs: | • Cost of Program will be \$4.00 per session. |
| Results: | All Teams must request on the meet Summary whether they want results mailed or e-mailed. |
| Host Club Responsibilities: | The host club will provide a single timer in each lane throughout the meet, with the exception of the 1650 events. Swimmers in the 1650 events are to supply their own timer. |
| | The entry coordinator will create a warm-up schedule and timing assignments that will be fair and equal to all teams. This warm-up schedule will be e-mailed to all participating clubs and posted on the website: www.besmarttinc.com no later than 1 week before the meet. |
| Participating Club Responsibilities: | Participating clubs must help with timing assignments. Timing assignments will be e-mailed to participating clubs and posted on the swim meet website: www.besmarttinc.com 1 week prior to the meet. Participating club parents must stay off the pool deck except for timing assignments. Participating clubs should help with officiating whenever possible. List the |
| | club contact for club officials on the meet summary. |



| Food Concessions: | Food Concessions will be available in the Lobby, |
|-------------------|--|
| <u>Vendor:</u> | A sports vendor will be selling merchandise at the meet. |
| Directions: | • Rt. 17 South – to Route 3 W for ½ mile – Get off at Ridge Rd. exit, turn left on Ridge Rd. Travel for a 2 miles, take a Right on Forest, pool is aprox. 1 mile on the right – attached to Lyndhurst High School. |



SKYY Swim Team FAST TIMES at Lyndhurst High

ORDER OF EVENTS

SESSION 1: OPEN Warm – Up: 6:55 a.m. Meet Starts: 8:00 a.m.

Open Events

| | Open Livents | |
|---------------|-----------------------------|---------------|
| Girls | Age Group | Boys |
| <u>Evt. #</u> | Event | <u>Evt. #</u> |
| #1 | OPEN 400 yd. IM | #2 |
| #3 | OPEN 100 yd. Backstroke | #4 |
| #5 | OPEN 200 yd. Butterfly | #6 |
| #7 | OPEN 50 yd. Freestyle | #8 |
| #9 | OPEN 200 yd. Freestyle | #10 |
| #11 | OPEN 200 yd. Breaststroke | #12 |
| #13 | OPEN 500 yd. Freestyle | #14 |
| #15 | OPEN 50 yd. Breaststroke | #16 |
| #17 | OPEN 50 yd. Backstroke | #18 |
| #19 | OPEN 50 yd. Butterfly | #20 |
| #21 | OPEN 800 yd Freestyle Relay | #22 |
| #23 | OPEN 200 yd Freestyle Relay | #24 |

SESSION 2: 12/under
Warm –Up: TBA
Meet Starts: TBA

Events for 12/under

| | Events for 12/under | |
|---------------|------------------------------|---------------|
| Girls | Age Group | Boys |
| <u>Evt. #</u> | Event | <u>Evt. #</u> |
| #25 | 12/under 200 yd. IM | #26 |
| #27 | 8/under 50 yd. free | #28 |
| #29 | 6/u 25 yd. free | #30 |
| #31 | 12/under 100 free | #32 |
| #33 | 8/under 50 back | #34 |
| #35 | 6/u 25 back | #36 |
| #37 | 10/under 50 back | #38 |
| #39 | 8/under 25 breast | #40 |
| #41 | 6/u 25 Breast | #42 |
| #43 | 10/under 50 Breast | #44 |
| #45 | 12/u 200 Butterfly | #46 |
| #47 | 6/under 25 Butterfly | #48 |
| #49 | 8/under 100 freestyle relay | #50 |
| #51 | 10/under 200 freestyle relay | #52 |
| #53 | 12/u 200 yd. freestyle relay | #54 |



SESSION 3: OPEN
Warm –Up: 6:55 a.m.
Meet Starts: 8:00 a.m. Start

Open Events

| | open Events | |
|---------------|---------------------------|---------------|
| Girls | Age Group | Boys |
| <u>Evt. #</u> | Event | <u>Evt. #</u> |
| #55 | OPEN 200 yd. IM | #56 |
| #57 | OPEN 200 yd. Backstroke | #58 |
| #59 | OPEN 100 yd Butterfly | #60 |
| #61 | OPEN 100 yd free | #62 |
| #63 | OPEN 100 yd. Breaststroke | #64 |
| #65 | OPEN 100 IM | #66 |
| #67 | OPEN 400 Freestyle Relay | #68 |
| #69 | OPEN 200 Medley Relay | #70 |
| | Session 3A | |
| #71 | OPEN 1650 Freestyle * | #72 |
| #71 | | #72 |

^{*} There will be a 30 minute warm-up prior to the beginning of the 1650 events. The 1650 events will be run fastest to slowest, alternating girls and boys. Swimmers are to supply their own timer and counter for the 1650.

SESSION 4: 12/under Warm –Up: TBA Meet Starts: TBA

Events for 12/under

| Girls | Age Group | Boys |
|---------------|-----------------------------|---------------|
| <u>Evt. #</u> | Event | <u>Evt. #</u> |
| #73 | 12/under 400 yd. IM | #74 |
| #75 | 10/under 50 free | #76 |
| #77 | 8/under 25 free | #78 |
| #79 | 10/under 100 free | #80 |
| #81 | 12/under 200 breaststroke | #82 |
| #83 | 8/u 25 back | #84 |
| #85 | 12/ under 500 yd freestyle | #86 |
| #87 | 8/under 25 Butterfly | #88 |
| #89 | 10/under 50 Butterfly | #90 |
| #91 | 12/under 200 yd. Backstroke | #92 |
| #93 | 8/u 100 yd. Medley Relay | #94 |
| #95 | 10/under 200 medley Relay | #96 |
| #97 | 12/under 400 medley Relay | #98 |



New Jersey Swimming Inc. Official Meet Verification Form

| Club Name: | Club Code: | |
|--|---|------------|
| Club E-Mail Address: | | |
| Head Coaches Name: | | |
| | | |
| | | |
| | SWIMMING SUMMERINGS | |
| • | coaches listed on the entry or hard copy with disk entries, for the FAST TI aturday & Sunday November 26-27, 2011 are registered members of New | |
| | All United States Swimming numbers are correctly listed and, unless other | - |
| noted, are not required to swim unattacl | hed (UN) due to the 120-day transfer. Also I acknowledge that deck access | s is |
| limited to coaches and/or officials work | ring the meet and displaying their credentials. | |
| Signature(Signature cannot be | Date photocopied) | |
| Article 302.4 of the USA Swimming Re | ales and regulations. | |
| club's representative signing a document | may impose a fine of up to \$100 per event against a member coach or a ment which indicates a swimmer is registered with United States Swimming fastered or eligible to compete for that club. This will be enforced by the LS and. | for a meet |
| LIST ALL UNATTACHED SWIMM | IERS: | |
| Unattached Swimmer | , Unattached Swimmer | |
| Unattached Swimmer | , Unattached Swimmer | |
| Unattached Swimmer | , Unattached Swimmer | |
| Unattached Swimmer | , Unattached Swimmer | |



FAST TIMES (at Lyndhurst High) 2011 ENTRY SUMMARY

| Team: | _ USA-S CLUB CODE: |
|--|---|
| WAIVER | |
| administrators and assigns, waive and release Team, Lyndhurst Community Pool, BE Smar | ry, I/we herby, for myself/ourselves, my/ours heirs, e any and all claims against USA-Swimming, SKYY swim rtt, Inc. and their staff for any injuries and/or expenses e on the road to and from the meet. I/we am/are a USA all of the events I/we have entered. |
| | Signature of Club Official, Coach, and/or Parent or Guardian |
| Name of Club: USA Club Code: Name(s) of Coach (es) | |
| Address:Phone #: | |
| Contact Person Responsible for Entries: Phone #: Fax #: E-Mail: | |
| Contact Person Regarding Timers and Official Phone #: | |
| | RY FEE SUMMARY |
| | es x \$4.00 = \$ x \$8.00 = \$ |

MAKE CHECKS PAYABLE TO: SKYY Swim Team