## **FAST TIMES AT LYNDHURST HIGH**

SATURDAY AND SUNDAY, November 26 & 27, 2011

FLY OVER starts will be used throughout the meet!

MEET SCHEDULE
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DAY	<b>SESSION</b>	AGE GROUP	WARM-UP	CHECK-IN	START	<u>COMMENTS</u>
SATURDAY	1	OPEN	6:55AM	7:25AM	8:00AM	
		EVENTS				
SATURDAY	2	12/UNDER	12:25PM	12:55PM	1:30PM	APPROX
		EVENTS				
SUNDAY	3	OPEN	6:55AM	7:25AM	8:00AM	
		EVENTS				
SUNDAY	4	1650'S	10:45AM	10:45AM	11:15AM	APPROX
SUNDAY	5	12/UNDER	3:30PM	4:00PM	4:35PM	APPROX
		EVENTS				

## **WARM-UP SCHEDULE**

SATURDAY				SUNDAY					
SESSION 1 OPENEVENTS		SESSION 2 12UNDERS		SESSION 3 OPENEVENTS		SESSION 4	SESSION 5		
						1650'S			
6:55AM	7:25AM	12:25PM	12:55PM	6:55AM	7:25AM	10:45AM	3:30PM	4:00PM	
SKYY	CAT	SKYY	CCC	SKYY	CAT		SKYY	CAT	
BAC	EAG	JFAC	EAG	BAC	CCC	ALL	JG	CCC	
CCC	JFAC	WAVE	JG	JG	EAG		WAVE	EAG	
JG	WAVE	all others	OCY	RY	WAVE	TEAMS		all others	
	all others			all others					

## TIMING ASSIGNMENTS

_	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	ALTERNATES:	
SATURDAY								
OPEN	JFAC	CCC	EAG	CAT	BAC	JG	ALL OTHERS	
12/UNDERS	CCC	EAG	JFAC	WAVE	UN-G	CCC	ALL OTHERS	
SUNDAY								
OPEN	CAT	CCC	RY	BAC	EAG	WAVE	ALL OTHERS	
1650'S	650'S Swimmers provide own timers and lap counters.							
12/UNDERS	CCC	EAG	WAVE	JG	CCC	EAG	ALL OTHERS	

