

## 2023 NJS/STAC 12 & Under Silver Championships Region A February 25<sup>th</sup>-26<sup>th</sup>

### Meet Schedule

Session	Age Group	Warm-Up	Check-In	Start
1	Saturday 10 & Under	8:00am	<b>8:25am</b>	9:00am
2	Saturday 12 & Under 500 Freestyle	11:15am†	<b>10:55am</b>	11:30am
3	Saturday 11-12	12:30pm	<b>12:55pm</b>	1:30pm
4	Sunday 10& Under	8:00am	<b>8:25am</b>	9:00am
5	Sunday 11-12	12:00pm	<b>12:25pm</b>	1:00pm
6	Sunday 1650	3:00pm	<b>2:40pm</b>	3:15pm

†11/12 swimming the 500 freestyle can start to warm-up at 11:00am  
Lanes 13-20 are open continuously for warm-up



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### Warm-up Schedule

#### Saturday 10 & Under

	L1	L2	L3	L4	L5	L6	L7	L8	L9	L10
8:00am	STAC	STAC	STAC	STAC	CAT	CAT	CAT	CAT	CAT	CAT/NJB
8:25am	GSCY	GSCY	GSCY/EAG	GMNY	GMNY/OTT	BB	JFAC/WWAT	CBGC	GMY	STAR/MDY

#### Saturday 11-12

	L1	L2	L3	L4	L5	L6	L7	L8	L9	L10
12:30pm	STAC	STAC	STAC	STAC	BB	BB	BB	GSCY	GSCY	GSCY
12:55pm	CAT	CAT	CAT/OTT	GMNY	GMNY	CBGC	JFAC/TWST	STAR/NJB	EAG/MDY	GMY/WWAT

#### Sunday 10 & Under

	L1	L2	L3	L4	L5	L6	L7	L8	L9	L10
8:00am	CAT	CAT	CAT	CAT	CAT	STAC	STAC	STAC	STAC	CBGC
8:25am	GSCY	GSCY	GMNY	GMNY	BB	GMY	STAR/ACE	EAG/JFAC	MDY/NJB	WWAT/OTT

#### Sunday 11-12

	L1	L2	L3	L4	L5	L6	L7	L8	L9	L10
12:00pm	STAC	STAC	STAC	STAC	BB	BB	BB	GSCY	GSCY	GSCY
12:25pm	CAT	CAT	GMNY	GMNY	STAR	CBGC	JFAC	EAG/OTT	GMY/ACE/ TWST	MDY/NJB /WWAT



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### Timing Assignments

#### Saturday 10 & Under

L1	L2	L3	L4	L5	L6	L7	L8	L9	L10
CAT	GSCY	GMNY	STAC	STAC	STAC	STAC	BB	CBGC	GMY
GMY	CBGC	BB	GMNY	GSCY	CAT	MDY	NJB	JFAC	STAR

*Alternates: WWAT, EAG, OTT*

#### Saturday 500 Freestyle

L1	L2	L3	L4	L5	L6	L7	L8	L9	L10
<i>Swimmers provide their own timers &amp; counters</i>									

#### Saturday 11-12

L1	L2	L3	L4	L5	L6	L7	L8	L9	L10
BB	GSCY	CAT	STAC	STAC	STAC	STAC	BB	GSCY	CAT
GMNY	CBGC	JFAC	STAR	EAG	OTT	GMY	GSCY	BB	GMNY

*Alternates: CBGC, WWAT, MDY*

#### Sunday 10 & Under

L1	L2	L3	L4	L5	L6	L7	L8	L9	L10
CAT	GSCY	GMNY	STAC	STAC	STAC	STAC	BB	GMY	CBGC
STAR	EAG	JFAC	MDY	NJB	WWAT	CAT	GSCY	GMNY	BB

*Alternates: GMY, CBGC, STAR*

#### Sunday 11-12

L1	L2	L3	L4	L5	L6	L7	L8	L9	L10
BB	GSCY	CAT	STAC	STAC	STAC	STAC	CAT	GSCY	JFAC
CBGC	STAR	GMNY	GMNY	STAR	CBGC	JFAC	EAG	OTT	GMY

*Alternates: BB, MDY, NJB*

#### Saturday 1000 Freestyle

P	L2	L3	L4	L5	L6	L7	L8	L9	L10
<i>Swimmers provide their own timers &amp; counters</i>									

