

2019 XCEL Meet of XCellence - 06-08-2019 to 06-09-2019**www.besmarttinc.com for heat sheets and results****Follow Be Smartt Inc on Facebook & Twitter!****Results - Saturday Mid Distance****Event 17 Girls 14 & Under 400 LC Meter Freestyle****Meet Qualifying 14&U: 5:36.99**

| Name | Age | Team | Seed Time | Finals Time |
|--------------------------|-----------------|----------------------------------|------------------|--------------------|
| 1 Cai, Beatrice | 14 | X-Cel Swimming-NJ | 4:50.30 | 4:47.29 |
| 33.47 | 1:09.64 (36.17) | 1:46.32 (36.68) | 2:22.84 (36.52) | |
| 2:59.85 (37.01) | 3:36.71 (36.86) | 4:13.03 (36.32) | 4:47.29 (34.26) | |
| 2 Kim, Beatrix | 13 | X-Cel Swimming-NJ | 4:48.62 | 4:53.13 |
| 33.30 | 1:10.97 (37.67) | 1:48.40 (37.43) | 2:25.69 (37.29) | |
| 3:02.42 (36.73) | 3:39.89 (37.47) | 4:16.90 (37.01) | 4:53.13 (36.23) | |
| 3 DiVenti, Katie | 14 | Princeton Piranhas Swim Team-I | 4:45.37 | 4:53.58 |
| 35.07 | 1:11.85 (36.78) | 1:49.56 (37.71) | 2:26.93 (37.37) | |
| 3:04.87 (37.94) | 3:41.90 (37.03) | 4:19.20 (37.30) | 4:53.58 (34.38) | |
| 4 Hopkins, Emma L | 14 | Princeton Piranhas Swim Team-I | 4:53.90 | 4:58.75 |
| 33.37 | 1:10.20 (36.83) | 1:48.50 (38.30) | 2:26.51 (38.01) | |
| 3:04.70 (38.19) | 3:43.09 (38.39) | 4:21.29 (38.20) | 4:58.75 (37.46) | |
| 5 Wang, Jessie X | 12 | X-Cel Swimming-NJ | 5:00.70 | 5:01.28 |
| 34.68 | 1:12.14 (37.46) | 1:51.14 (39.00) | 2:29.66 (38.52) | |
| 3:08.15 (38.49) | 3:47.71 (39.56) | 4:24.79 (37.08) | 5:01.28 (36.49) | |
| 6 Sugden, Maddie C | 14 | Princeton Piranhas Swim Team-I | 5:00.42 | 5:01.80 |
| 34.47 | 1:12.88 (38.41) | 1:51.62 (38.74) | 2:30.25 (38.63) | |
| 3:09.51 (39.26) | 3:49.11 (39.60) | 4:26.37 (37.26) | 5:01.80 (35.43) | |
| 7 Heden, Jessica N | 12 | X-Cel Swimming-NJ | 4:57.18 | 5:02.03 |
| 34.33 | 1:12.73 (38.40) | 1:51.43 (38.70) | 2:30.19 (38.76) | |
| 3:08.77 (38.58) | 3:47.86 (39.09) | 4:26.36 (38.50) | 5:02.03 (35.67) | |
| 8 Walden, Abby | 14 | Stingrays-NJ | 4:48.50 | 5:02.43 |
| 35.27 | 1:12.42 (37.15) | 1:51.01 (38.59) | 2:29.10 (38.09) | |
| 3:08.09 (38.99) | 3:46.55 (38.46) | 4:25.65 (39.10) | 5:02.43 (36.78) | |
| 9 Weber, Courtney E | 13 | Princeton Piranhas Swim Team-I | 5:06.98 | 5:02.75 |
| 34.36 | 1:12.34 (37.98) | 1:50.81 (38.47) | 2:29.18 (38.37) | |
| 3:07.88 (38.70) | 3:47.22 (39.34) | 4:25.58 (38.36) | 5:02.75 (37.17) | |
| 10 Miner, Stella J | 13 | Princeton Piranhas Swim Team-I | 5:13.07 | 5:05.02 |
| 34.83 | 1:13.54 (38.71) | 1:52.69 (39.15) | 2:31.96 (39.27) | |
| 3:10.95 (38.99) | 3:49.93 (38.98) | 4:28.05 (38.12) | 5:05.02 (36.97) | |
| 11 Zhao, Annie | 13 | X-Cel Swimming-NJ | 5:02.63 | 5:06.08 |
| 35.57 | 1:14.13 (38.56) | 1:54.49 (40.36) | 2:32.70 (38.21) | |
| 3:11.80 (39.10) | 3:50.15 (38.35) | 4:28.48 (38.33) | 5:06.08 (37.60) | |
| 12 Tangen, Kyleigh B | 13 | Princeton Piranhas Swim Team-I | 5:04.77 | 5:07.97 |
| 34.91 | 1:13.86 (38.95) | 1:53.70 (39.84) | 2:32.69 (38.99) | |
| 3:12.53 (39.84) | 3:51.50 (38.97) | 4:30.25 (38.75) | 5:07.97 (37.72) | |
| 13 Sorochen, Grace | 14 | X-Cel Swimming-NJ | 5:05.79 | 5:08.67 |
| 35.33 | 1:14.42 (39.09) | 1:54.09 (39.67) | 2:33.63 (39.54) | |
| 3:13.03 (39.40) | 3:52.17 (39.14) | 4:30.88 (38.71) | 5:08.67 (37.79) | |
| 14 Ristad, Sabine A | 12 | X-Cel Swimming-NJ | 5:08.69 | 5:08.80 |
| 35.24 | 1:13.86 (38.62) | 1:53.29 (39.43) | 2:32.53 (39.24) | |
| 3:12.14 (39.61) | 3:51.65 (39.51) | 4:30.88 (39.23) | 5:08.80 (37.92) | |
| 15 Domantay, Madeleine E | 14 | Princeton Tigers Aquatics Club-I | 5:12.74 | 5:11.59 |
| 36.26 | 1:15.09 (38.83) | 1:55.05 (39.96) | 2:34.79 (39.74) | |
| 3:14.92 (40.13) | 3:54.73 (39.81) | 4:34.34 (39.61) | 5:11.59 (37.25) | |
| 16 Bernard, Ariel M | 12 | X-Cel Swimming-NJ | 5:11.70 | 5:13.32 |
| 35.31 | 1:14.32 (39.01) | 1:54.58 (40.26) | 2:34.48 (39.90) | |
| 3:14.45 (39.97) | 3:55.11 (40.66) | 4:35.20 (40.09) | 5:13.32 (38.12) | |

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| | Name | Age | Team | Seed Time | Finals Time |
|-----|---------------------|-------------------|----------------------------------|------------------|--------------------|
| 17 | Michaels, Frannie R | 14 | Jersey Flyers Aquatic Club-NJ | 5:28.57 | 5:16.60 |
| | 36.32 | 1:16.33 (40.01) | 1:56.57 (40.24) | 2:37.87 (41.30) | |
| | 3:18.58 (40.71) | 3:59.09 (40.51) | 4:38.89 (39.80) | 5:16.60 (37.71) | |
| 18 | McHeffey, Molly L | 14 | New Jersey Race Club-NJ | 5:05.71 | 5:18.25 |
| | 36.35 | 1:15.33 (38.98) | 1:55.89 (40.56) | 2:36.41 (40.52) | |
| | 3:17.08 (40.67) | 3:57.25 (40.17) | 4:38.74 (41.49) | 5:18.25 (39.51) | |
| 19 | Chatterjee, Mahika | 13 | Princeton Tigers Aquatics Club-I | 5:27.64 | 5:21.93 |
| | 36.58 | 1:16.46 (39.88) | 1:57.44 (40.98) | 2:38.88 (41.44) | |
| | 3:20.52 (41.64) | 4:01.94 (41.42) | 4:43.30 (41.36) | 5:21.93 (38.63) | |
| 20 | Vindigni, Emma H | 13 | Princeton Tigers Aquatics Club-I | 5:34.89 | 5:35.42 |
| | 37.92 | 1:20.11 (42.19) | 2:03.53 (43.42) | 2:46.65 (43.12) | |
| | 3:30.12 (43.47) | 5:35.42 (2:05.30) | 5:35.42 () | | |
| 21 | Smithson, Anna | 11 | Eastern Express Swim Team-NJ | 5:34.92 | 5:43.26 |
| | 39.71 | 1:22.00 (42.29) | 2:05.82 (43.82) | 2:49.37 (43.55) | |
| | 3:33.95 (44.58) | 4:17.73 (43.78) | 5:01.82 (44.09) | 5:43.26 (41.44) | |
| 22 | Tanudjaja, Adeline | 9 | X-Cel Swimming-NJ | 5:36.88 | 6:48.08 |
| | 43.26 | 1:35.67 (52.41) | 2:29.82 (54.15) | 3:22.61 (52.79) | |
| | 4:15.38 (52.77) | 5:07.63 (52.25) | 5:59.60 (51.97) | 6:48.08 (48.48) | |
| --- | Chen, Nora C | 12 | X-Cel Swimming-NJ | 5:19.29 | NS |
| --- | DiBlasi, Alessia | 14 | Jersey Flyers Aquatic Club-NJ | 4:49.78 | SCR |
| --- | Sherman, Regan | 14 | Stingrays-NJ | 4:44.50 | SCR |
| --- | Wang, Amber | 14 | X-Cel Swimming-NJ | 4:47.44 | SCR |

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| Name | Age | Team | Seed Time | Finals Time | |
|----------------------|-----------------|----------------------------------|-----------------|-------------|------|
| 1 Stokes, Zoe E | 17 | X-Cel Swimming-NJ | 4:27.58 | 4:41.36 | SILV |
| 31.54 | 1:06.35 (34.81) | 1:42.32 (35.97) | 2:18.55 (36.23) | | |
| 2:55.08 (36.53) | 3:31.55 (36.47) | 4:07.87 (36.32) | 4:41.36 (33.49) | | |
| 2 Liu, Helen D | 15 | X-Cel Swimming-NJ | 4:35.45 | 4:42.03 | SILV |
| 32.93 | 1:08.66 (35.73) | 1:45.15 (36.49) | 2:22.12 (36.97) | | |
| 2:58.08 (35.96) | 3:33.81 (35.73) | 4:08.32 (34.51) | 4:42.03 (33.71) | | |
| 3 Trolle, Camilla O | 16 | X-Cel Swimming-NJ | 4:41.19 | 4:48.32 | SILV |
| 33.78 | 1:09.78 (36.00) | 1:46.09 (36.31) | 2:22.75 (36.66) | | |
| 2:59.44 (36.69) | 3:36.11 (36.67) | 4:12.53 (36.42) | 4:48.32 (35.79) | | |
| 4 Zhang, Victoria | 15 | X-Cel Swimming-NJ | 4:47.93 | 4:51.55 | SILV |
| 33.85 | 1:10.68 (36.83) | 1:48.29 (37.61) | 2:25.69 (37.40) | | |
| 3:02.80 (37.11) | 3:39.76 (36.96) | 4:16.62 (36.86) | 4:51.55 (34.93) | | |
| 5 Hebert, Marie M | 18 | Princeton Tigers Aquatics Club-I | 4:29.20 | 4:52.67 | SILV |
| 33.38 | 1:09.95 (36.57) | 1:48.19 (38.24) | 2:25.52 (37.33) | | |
| 3:03.16 (37.64) | 3:40.27 (37.11) | 4:17.46 (37.19) | 4:52.67 (35.21) | | |
| 6 Williams, Isabel | 16 | X-Cel Swimming-NJ | 4:43.08 | 4:53.54 | SILV |
| 34.24 | 1:10.81 (36.57) | 1:47.88 (37.07) | 2:24.78 (36.90) | | |
| 3:02.23 (37.45) | 3:39.55 (37.32) | 4:17.01 (37.46) | 4:53.54 (36.53) | | |
| 7 Kimock, Carolann I | 15 | X-Cel Swimming-NJ | 4:44.65 | 4:53.92 | SILV |
| 33.79 | 1:10.08 (36.29) | 1:47.26 (37.18) | 2:24.44 (37.18) | | |
| 3:01.94 (37.50) | 3:39.58 (37.64) | 4:17.63 (38.05) | 4:53.92 (36.29) | | |
| 8 Bernard, Micaela R | 17 | X-Cel Swimming-NJ | 4:47.60 | 4:55.47 | SILV |
| 34.16 | 1:11.88 (37.72) | 1:49.82 (37.94) | 2:27.66 (37.84) | | |
| 3:04.46 (36.80) | 3:41.96 (37.50) | 4:19.11 (37.15) | 4:55.47 (36.36) | | |
| 9 Yonan, Katie G | 16 | Peddie Aquatic Association-NJ | 4:45.44 | 5:00.37 | SILV |
| 34.05 | 1:10.71 (36.66) | 1:48.53 (37.82) | 2:26.07 (37.54) | | |
| 3:04.06 (37.99) | 3:42.62 (38.56) | 4:21.59 (38.97) | 5:00.37 (38.78) | | |
| 10 Lvov, Elinor | 16 | Paa Unattached-NJ | 4:40.66 | 5:00.54 | SILV |
| 31.92 | 1:08.02 (36.10) | 1:46.23 (38.21) | 2:24.04 (37.81) | | |
| 3:02.99 (38.95) | 3:42.23 (39.24) | 4:22.31 (40.08) | 5:00.54 (38.23) | | |
| 11 Ho, Naomi M | 16 | X-Cel Swimming-NJ | 4:52.46 | 5:00.60 | SILV |
| 33.59 | 1:10.76 (37.17) | 1:49.02 (38.26) | 2:27.15 (38.13) | | |
| 3:05.45 (38.30) | 3:44.34 (38.89) | 4:23.08 (38.74) | 5:00.60 (37.52) | | |
| 12 Tuder, Susannah M | 16 | Stingrays-NJ | 4:51.99 | 5:05.95 | SILV |
| 34.14 | 1:11.85 (37.71) | 1:50.24 (38.39) | 2:29.33 (39.09) | | |
| 3:09.14 (39.81) | 3:49.64 (40.50) | 4:28.68 (39.04) | 5:05.95 (37.27) | | |
| 13 Yingling, Haley G | 16 | Princeton Piranhas Swim Team-I | 5:11.96 | 5:10.83 | SILV |
| 35.93 | 1:14.58 (38.65) | 1:54.10 (39.52) | 2:33.66 (39.56) | | |
| 3:13.14 (39.48) | 3:53.15 (40.01) | 4:33.18 (40.03) | 5:10.83 (37.65) | | |
| 14 Mitra, Naqsh | 16 | Princeton Tigers Aquatics Club-I | 4:56.28 | 5:12.37 | SILV |
| 34.86 | 1:13.77 (38.91) | 1:54.02 (40.25) | 2:33.85 (39.83) | | |
| 3:13.74 (39.89) | 3:52.92 (39.18) | 4:32.53 (39.61) | 5:12.37 (39.84) | | |
| 15 Cavalli, Zofia R | 16 | Princeton Tigers Aquatics Club-I | 5:11.05 | 5:13.21 | SILV |
| 35.90 | 1:14.86 (38.96) | 1:55.07 (40.21) | 2:34.57 (39.50) | | |
| 3:14.78 (40.21) | 3:54.75 (39.97) | 4:34.69 (39.94) | 5:13.21 (38.52) | | |
| 16 Devineni, Sahithi | 15 | Princeton Tigers Aquatics Club-I | 5:12.29 | 5:13.64 | SILV |
| 36.09 | 1:14.95 (38.86) | 1:54.71 (39.76) | 2:34.69 (39.98) | | |
| 3:15.27 (40.58) | 3:55.35 (40.08) | 4:35.21 (39.86) | 5:13.64 (38.43) | | |

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| | Name | Age | Team | Seed Time | Finals Time | |
|-----|------------------------|-----------------|----------------------------------|------------------|--------------------|------|
| 17 | Shukul, Aanya | 16 | Peddie Aquatic Association-NJ | 5:00.65 | 5:14.05 | SILV |
| | 36.61 | 1:16.29 (39.68) | 1:56.18 (39.89) | 2:36.57 (40.39) | | |
| | 3:15.74 (39.17) | 3:55.35 (39.61) | 4:34.86 (39.51) | 5:14.05 (39.19) | | |
| 18 | Jakober, Kirstin M | 18 | Peddie Aquatic Association-NJ | 4:55.41 | 5:15.53 | SILV |
| | 34.92 | 1:12.94 (38.02) | 1:52.34 (39.40) | 2:32.21 (39.87) | | |
| | 3:13.30 (41.09) | 3:54.24 (40.94) | 4:35.11 (40.87) | 5:15.53 (40.42) | | |
| 19 | O'Brien, Kerry L | 16 | Raritan Valley YMCA Riptide-NJ | 4:58.00 | 5:20.47 | |
| | 36.23 | 1:16.01 (39.78) | 1:57.06 (41.05) | 2:37.60 (40.54) | | |
| | 3:18.91 (41.31) | 4:00.64 (41.73) | 4:41.41 (40.77) | 5:20.47 (39.06) | | |
| 20 | Davis, Hannah M | 15 | Peddie Aquatic Association-NJ | 5:16.81 | 5:21.80 | |
| | 36.47 | 1:16.39 (39.92) | 1:57.27 (40.88) | 2:38.72 (41.45) | | |
| | 3:20.76 (42.04) | 4:00.33 (39.57) | 4:40.78 (40.45) | 5:21.80 (41.02) | | |
| 21 | Huang, Emily X | 17 | Peddie Aquatic Association-NJ | 5:19.94 | 5:34.41 | |
| | 38.21 | 1:18.99 (40.78) | 2:01.88 (42.89) | 2:44.66 (42.78) | | |
| | 3:27.90 (43.24) | 4:11.43 (43.53) | 4:53.79 (42.36) | 5:34.41 (40.62) | | |
| 22 | McHeffey, Erin M | 17 | New Jersey Race Club-NJ | 5:03.23 | 5:38.22 | |
| | 38.21 | 1:19.57 (41.36) | 2:02.61 (43.04) | 2:44.68 (42.07) | | |
| | 3:28.24 (43.56) | 4:11.49 (43.25) | 4:55.61 (44.12) | 5:38.22 (42.61) | | |
| 23 | Joshi, Akansha | 15 | Princeton Tigers Aquatics Club-1 | 5:17.42 | 6:06.55 | |
| | 38.55 | 1:21.97 (43.42) | 2:08.20 (46.23) | 2:54.37 (46.17) | | |
| | 3:41.95 (47.58) | 4:29.77 (47.82) | 5:19.39 (49.62) | 6:06.55 (47.16) | | |
| --- | Huang, Claire | 17 | Peddie Aquatic Association-NJ | 5:09.53 | | NS |
| --- | Atilgan, Sara N | 15 | Paa Unattached-NJ | 4:51.18 | | NS |
| --- | Wuh, Rayna C | 17 | Peddie Aquatic Association-NJ | 5:07.19 | | SCR |
| --- | Snyder, Libby A | 17 | Princeton Tigers Aquatics Club-1 | 4:58.96 | | SCR |
| --- | Cai, Miranda | 16 | X-Cel Swimming-NJ | 4:56.82 | | SCR |
| --- | Desai, Niyatee P | 17 | X-Cel Swimming-NJ | 5:00.30 | | SCR |
| --- | Della Rocca, Rebecca A | 16 | X-Cel Swimming-NJ | 4:40.69 | | SCR |
| --- | Caddeau, Isabella Z | 16 | Princeton Tigers Aquatics Club-1 | 5:09.95 | | SCR |
| --- | Ma, Eugenia Q | 16 | X-Cel Swimming-NJ | 5:00.90 | | SCR |
| --- | Uy, Rachel A | 16 | Peddie Aquatic Association-NJ | 5:09.02 | | SCR |
| --- | Peterson, Brynn S | 18 | Peddie Aquatic Association-NJ | 4:51.36 | | SCR |
| --- | Nestepny, Giselle D | 15 | Peddie Aquatic Association-NJ | 5:21.21 | | SCR |
| --- | Deleger, Lina M | 15 | X-Cel Swimming-NJ | 4:46.50 | | SCR |
| --- | Danko, Abbie K | 17 | X-Cel Swimming-NJ | 4:39.48 | | SCR |

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| Name | Age | Team | Seed Time | Finals Time |
|--------------------------|-------------------|----------------------------------|-----------------|-------------|
| 1 Baytin, Daniel | 13 | X-Cel Swimming-NJ | 5:05.47 | 5:12.20 |
| 32.16 | 1:10.41 (38.25) | 1:54.06 (43.65) | 2:37.17 (43.11) | |
| 3:18.44 (41.27) | 4:01.84 (43.40) | 4:37.37 (35.53) | 5:12.20 (34.83) | |
| 2 Schaeffer, Brayden P | 14 | Peddie Aquatic Association-NJ | 5:31.41 | 5:25.08 |
| 35.79 | 1:16.77 (40.98) | 1:56.67 (39.90) | 2:35.80 (39.13) | |
| 3:24.84 (49.04) | 4:13.11 (48.27) | 4:49.53 (36.42) | 5:25.08 (35.55) | |
| 3 Listor, Daniel G | 13 | Peddie Aquatic Association-NJ | 5:23.21 | 5:29.45 |
| 34.96 | 1:15.49 (40.53) | 1:58.46 (42.97) | 2:41.03 (42.57) | |
| 3:27.32 (46.29) | 4:14.25 (46.93) | 4:51.51 (37.26) | 5:29.45 (37.94) | |
| 4 Tanudjaja, Christopher | 14 | X-Cel Swimming-NJ | 5:32.42 | 5:34.00 |
| 34.13 | 1:14.78 (40.65) | 2:02.12 (47.34) | 2:46.73 (44.61) | |
| 3:31.09 (44.36) | 4:17.07 (45.98) | 4:56.75 (39.68) | 5:34.00 (37.25) | |
| 5 Ge, Raymond | 12 | X-Cel Swimming-NJ | 5:48.32 | 5:43.95 |
| 36.69 | 1:19.40 (42.71) | 2:04.58 (45.18) | 2:49.40 (44.82) | |
| 3:39.67 (50.27) | 4:29.46 (49.79) | 5:06.86 (37.40) | 5:43.95 (37.09) | |
| 6 Guo, Daniel | 12 | X-Cel Swimming-NJ | 5:33.96 | 5:46.48 |
| 35.44 | 1:17.49 (42.05) | 2:03.91 (46.42) | 2:49.87 (45.96) | |
| 3:38.09 (48.22) | 4:27.32 (49.23) | 5:08.10 (40.78) | 5:46.48 (38.38) | |
| 7 Liang-Gilman, Henry R | 13 | X-Cel Swimming-NJ | 5:49.17 | 5:47.65 |
| 38.43 | 1:20.19 (41.76) | 2:05.37 (45.18) | 2:50.17 (44.80) | |
| 3:40.41 (50.24) | 4:31.08 (50.67) | 5:10.00 (38.92) | 5:47.65 (37.65) | |
| 8 Gao, David | 14 | Eastern Express Swim Team-NJ | 5:57.84 | 5:59.28 |
| 38.72 | 1:26.06 (47.34) | 2:11.22 (45.16) | 2:55.21 (43.99) | |
| 3:47.03 (51.82) | 4:39.11 (52.08) | 5:20.08 (40.97) | 5:59.28 (39.20) | |
| 9 Lopez, Jeremy E | 14 | Peddie Aquatic Association-NJ | 6:24.01 | 6:01.39 |
| 40.85 | 1:31.25 (50.40) | 2:14.99 (43.74) | 2:58.33 (43.34) | |
| 3:51.08 (52.75) | 4:44.77 (53.69) | 5:23.72 (38.95) | 6:01.39 (37.67) | |
| 10 Huang, William | 12 | X-Cel Swimming-NJ | 6:14.59 | 6:07.11 |
| 36.10 | 1:20.86 (44.76) | 2:10.48 (49.62) | 2:58.72 (48.24) | |
| 3:52.82 (54.10) | 4:46.36 (53.54) | 5:27.24 (40.88) | 6:07.11 (39.87) | |
| 11 Wang, Andy | 12 | X-Cel Swimming-NJ | 6:23.55 | 6:18.64 |
| 40.16 | 1:29.06 (48.90) | 2:17.07 (48.01) | 3:03.71 (46.64) | |
| 4:03.48 (59.77) | 5:00.85 (57.37) | 5:40.54 (39.69) | 6:18.64 (38.10) | |
| 12 Saini, Tanush | 14 | Peddie Aquatic Association-NJ | 6:22.08 | 6:20.68 |
| 38.20 | 1:25.33 (47.13) | 2:12.19 (46.86) | 2:57.33 (45.14) | |
| 3:56.00 (58.67) | 4:57.14 (1:01.14) | 5:40.64 (43.50) | 6:20.68 (40.04) | |
| 13 Lu, Daniel S | 12 | X-Cel Swimming-NJ | 6:24.39 | 6:25.95 |
| 44.96 | 1:36.37 (51.41) | 2:25.33 (48.96) | 3:13.98 (48.65) | |
| 4:08.70 (54.72) | 5:01.71 (53.01) | 5:44.67 (42.96) | 6:25.95 (41.28) | |
| --- Zhang, Allan Y | 13 | X-Cel Swimming-NJ | 5:32.32 | SCR |
| --- Danko, Nick R | 14 | Princeton Tigers Aquatics Club-I | 5:51.85 | SCR |
| --- Formica, Ryan C | 14 | Princeton Piranhas Swim Team-I | 6:02.17 | SCR |
| --- Xia, Alexander | 13 | X-Cel Swimming-NJ | 5:54.09 | SCR |

2019 XCEL Meet of XCellence - 06-08-2019 to 06-09-2019**www.besmarttinc.com for heat sheets and results****Follow Be Smartt Inc on Facebook & Twitter!****Results - Saturday Mid Distance****Event 18 Men 15 & Over 400 LC Meter IM****5:54.09 15&O SILV****Meet Qualifying 15&O: 6:02.09**

| Name | Age | Team | Seed Time | Finals Time | |
|-------------------------|-----------------|----------------------------------|-----------------|-----------------|------|
| 1 Liang-Gilman, Edwin L | 16 | X-Cel Swimming-NJ | 4:39.92 | 4:53.45 | SILV |
| | 31.05 | 1:06.23 (35.18) | 1:43.55 (37.32) | 2:19.74 (36.19) | |
| | 3:03.24 (43.50) | 3:46.59 (43.35) | 4:20.62 (34.03) | 4:53.45 (32.83) | |
| 2 Yan, James Y | 17 | X-Cel Swimming-NJ | 4:56.14 | 4:56.12 | SILV |
| | 32.21 | 1:07.71 (35.50) | 1:47.53 (39.82) | 2:25.74 (38.21) | |
| | 3:06.85 (41.11) | 3:48.45 (41.60) | 4:23.38 (34.93) | 4:56.12 (32.74) | |
| 3 Feng, Ethan | 15 | Unattached - Whitewaters-NJ | 4:43.36 | 4:56.58 | SILV |
| | 30.31 | 1:05.12 (34.81) | 1:42.25 (37.13) | 2:19.82 (37.57) | |
| | 3:03.14 (43.32) | 3:46.92 (43.78) | 4:22.44 (35.52) | 4:56.58 (34.14) | |
| 4 Sukach, Andrew | 17 | Eastern Express Swim Team-NJ | 5:03.01 | 4:57.95 | SILV |
| | 30.56 | 1:04.72 (34.16) | 1:43.22 (38.50) | 2:21.04 (37.82) | |
| | 3:06.06 (45.02) | 3:50.88 (44.82) | 4:25.64 (34.76) | 4:57.95 (32.31) | |
| 5 Huang, Joshua | 17 | X-Cel Swimming-NJ | 4:42.40 | 4:59.02 | SILV |
| | 30.20 | 1:05.17 (34.97) | 1:44.35 (39.18) | 2:22.41 (38.06) | |
| | 3:05.85 (43.44) | 3:49.69 (43.84) | 4:24.91 (35.22) | 4:59.02 (34.11) | |
| 6 Davenport, Jeffrey R | 17 | Princeton Tigers Aquatics Club-1 | 4:54.56 | 5:00.30 | SILV |
| | 30.14 | 1:05.21 (35.07) | 1:42.89 (37.68) | 2:20.71 (37.82) | |
| | 3:05.57 (44.86) | 3:50.77 (45.20) | 4:25.69 (34.92) | 5:00.30 (34.61) | |
| 7 Lim, Andrew H | 15 | X-Cel Swimming-NJ | 4:47.39 | 5:00.78 | SILV |
| | 30.82 | 1:06.46 (35.64) | 1:48.12 (41.66) | 2:27.86 (39.74) | |
| | 3:09.88 (42.02) | 3:52.91 (43.03) | 4:28.81 (35.90) | 5:00.78 (31.97) | |
| 8 Kim, Danny | 15 | X-Cel Swimming-NJ | 4:50.68 | 5:01.11 | SILV |
| | 31.11 | 1:07.53 (36.42) | 1:49.10 (41.57) | 2:29.76 (40.66) | |
| | 3:12.52 (42.76) | 3:55.40 (42.88) | 4:29.90 (34.50) | 5:01.11 (31.21) | |
| 9 Cahnbley, Tobias J | 17 | X-Cel Swimming-NJ | 4:44.64 | 5:03.26 | SILV |
| | 31.31 | 1:08.12 (36.81) | 1:47.30 (39.18) | 2:24.58 (37.28) | |
| | 3:11.79 (47.21) | 3:57.15 (45.36) | 4:30.31 (33.16) | 5:03.26 (32.95) | |
| 10 Vitaloni, Matty | 15 | Whitewaters Swimming-NJ | 5:00.14 | 5:06.87 | SILV |
| | 32.62 | 1:08.82 (36.20) | 1:47.84 (39.02) | 2:26.61 (38.77) | |
| | 3:11.78 (45.17) | 3:57.36 (45.58) | 4:32.61 (35.25) | 5:06.87 (34.26) | |
| 11 Wu, Johnathan L | 15 | X-Cel Swimming-NJ | 5:06.28 | 5:12.23 | SILV |
| | 32.23 | 1:09.85 (37.62) | 1:47.57 (37.72) | 2:26.20 (38.63) | |
| | 3:16.19 (49.99) | 4:03.78 (47.59) | 4:38.87 (35.09) | 5:12.23 (33.36) | |
| 12 Paoloni, Alessio S | 16 | Eastern Express Swim Team-NJ | 5:12.54 | 5:13.30 | SILV |
| | 31.45 | 1:08.29 (36.84) | 1:48.41 (40.12) | 2:27.76 (39.35) | |
| | 3:15.60 (47.84) | 4:04.49 (48.89) | 4:38.14 (33.65) | 5:13.30 (35.16) | |
| 13 Ortiz, Mo R | 19 | Eastern Express Swim Team-NJ | 4:58.10 | 5:20.59 | SILV |
| | 32.13 | 1:08.92 (36.79) | 1:52.40 (43.48) | 2:32.45 (40.05) | |
| | 3:19.43 (46.98) | 4:05.73 (46.30) | 4:45.30 (39.57) | 5:20.59 (35.29) | |
| 14 Chen, Matthew | 16 | Princeton Tigers Aquatics Club-1 | 5:18.09 | 5:20.98 | SILV |
| | 30.81 | 1:09.24 (38.43) | 1:54.28 (45.04) | 2:37.14 (42.86) | |
| | 3:24.44 (47.30) | 4:12.63 (48.19) | 4:49.62 (36.99) | 5:20.98 (31.36) | |
| 15 Palumbo, Michael J | 15 | Peddie Aquatic Association-NJ | 5:17.29 | 5:22.61 | SILV |
| | 35.65 | 1:15.99 (40.34) | 1:57.52 (41.53) | 2:37.84 (40.32) | |
| | 3:26.84 (49.00) | 4:14.67 (47.83) | 4:49.30 (34.63) | 5:22.61 (33.31) | |
| 16 Wang, Jack | 15 | X-Cel Swimming-NJ | 5:14.44 | 5:23.27 | SILV |
| | 33.69 | 1:14.66 (40.97) | 1:57.25 (42.59) | 2:39.46 (42.21) | |
| | 3:25.78 (46.32) | 4:12.71 (46.93) | 4:48.27 (35.56) | 5:23.27 (35.00) | |

2019 XCEL Meet of XCellence - 06-08-2019 to 06-09-2019**www.besmarttinc.com for heat sheets and results****Follow Be Smartt Inc on Facebook & Twitter!****Results - Saturday Mid Distance****(Event 18 Men 15 & Over 400 LC Meter IM)**

| | Name | Age | Team | Seed Time | Finals Time | |
|-----|--------------------|-----------------|----------------------------------|------------------|--------------------|------|
| 17 | Tennant, Owen D | 16 | Whitewaters Swimming-NJ | 4:57.82 | 5:36.51 | SILV |
| | 32.32 | 1:11.75 (39.43) | 1:54.92 (43.17) | 2:37.97 (43.05) | | |
| | 3:26.14 (48.17) | 4:14.27 (48.13) | 4:55.63 (41.36) | 5:36.51 (40.88) | | |
| 18 | Gold, Lucas A | 15 | Princeton Piranhas Swim Team-I | 5:58.29 | 5:42.65 | SILV |
| | 41.24 | 1:27.47 (46.23) | 2:08.88 (41.41) | 2:48.77 (39.89) | | |
| | 3:41.42 (52.65) | 4:31.97 (50.55) | 5:08.61 (36.64) | 5:42.65 (34.04) | | |
| 19 | Ji, Christopher | 16 | X-Cel Swimming-NJ | 5:29.58 | 5:44.11 | SILV |
| | 35.59 | 1:16.73 (41.14) | 2:05.03 (48.30) | 2:52.33 (47.30) | | |
| | 3:36.96 (44.63) | 4:23.36 (46.40) | 5:04.41 (41.05) | 5:44.11 (39.70) | | |
| 20 | Kundu, Rohit | 16 | Princeton Tigers Aquatics Club-I | 5:37.92 | 5:48.09 | SILV |
| | 34.60 | 1:15.95 (41.35) | 2:00.38 (44.43) | 2:44.13 (43.75) | | |
| | 3:35.00 (50.87) | 4:27.59 (52.59) | 5:09.27 (41.68) | 5:48.09 (38.82) | | |
| 21 | Parikh, Param p | 16 | New Jersey Race Club-NJ | 6:00.43 | 5:48.18 | SILV |
| | 34.66 | 1:17.26 (42.60) | 2:00.37 (43.11) | 2:43.89 (43.52) | | |
| | 3:39.89 (56.00) | 4:33.03 (53.14) | 5:11.41 (38.38) | 5:48.18 (36.77) | | |
| 22 | Hoffman, William G | 17 | Princeton Tigers Aquatics Club-I | 5:33.49 | 5:54.25 | |
| | 35.37 | 1:19.01 (43.64) | 2:05.48 (46.47) | 2:50.88 (45.40) | | |
| | 3:40.24 (49.36) | 4:30.99 (50.75) | 5:54.25 (1:23.26) | | | |
| 23 | Iledan, John J | 17 | Princeton Tigers Aquatics Club-I | 5:36.36 | 5:57.72 | |
| | 36.16 | 1:15.92 (39.76) | 2:05.67 (49.75) | 2:53.32 (47.65) | | |
| | 3:44.69 (51.37) | 4:36.89 (52.20) | 5:18.95 (42.06) | 5:57.72 (38.77) | | |
| --- | Nahoum, Scott J | 15 | Peddie Aquatic Association-NJ | 5:39.33 | SCR | |
| --- | Sharma, Anish | 17 | Peddie Aquatic Association-NJ | 5:37.47 | SCR | |
| --- | Badawy, Daniel | 15 | X-Cel Swimming-NJ | 4:55.68 | SCR | |
| --- | Morgan, Griff | 20 | Eastern Express Swim Team-NJ | 4:45.21 | SCR | |
| --- | Radkov, Nick S | 16 | Peddie Aquatic Association-NJ | 4:42.41 | SCR | |