

2019 XCEL Meet of XCellence - 06-08-2019 to 06-09-2019**www.besmarttinc.com for heat sheets and results****Follow Be Smartt Inc on Facebook & Twitter!****Results - Sunday Mid Distance****Event 56 Boys 14 & Under 400 LC Meter Freestyle****Meet Qualifying 14&U: 5:27.39**

| Name | Age | Team | Seed Time | Finals Time |
|--------------------------|-----------------|----------------------------------|-----------------|-------------|
| 1 Lu, Daniel | 13 | X-Cel Swimming-NJ | 4:26.20 | 4:25.42 |
| 29.78 | 1:02.72 (32.94) | 1:36.76 (34.04) | 2:10.80 (34.04) | |
| 2:44.70 (33.90) | 3:18.38 (33.68) | 3:52.44 (34.06) | 4:25.42 (32.98) | |
| 2 Ouzilou, Zaccharie | 14 | Princeton Tigers Aquatics Club-1 | 4:30.46 | 4:36.95 |
| 30.56 | 1:03.88 (33.32) | 1:38.61 (34.73) | 2:13.99 (35.38) | |
| 2:49.61 (35.62) | 3:25.64 (36.03) | 4:01.77 (36.13) | 4:36.95 (35.18) | |
| 3 Cullen, Mitchell T | 14 | New Jersey Race Club-NJ | 4:52.78 | 4:52.10 |
| 32.40 | 1:08.65 (36.25) | 1:46.12 (37.47) | 2:23.78 (37.66) | |
| 3:01.15 (37.37) | 3:39.01 (37.86) | 4:17.01 (38.00) | 4:52.10 (35.09) | |
| 4 Laine, Benjamin R | 14 | Princeton Tigers Aquatics Club-1 | 5:07.69 | 4:54.67 |
| 33.02 | 1:08.90 (35.88) | 1:47.63 (38.73) | 2:26.24 (38.61) | |
| 3:04.98 (38.74) | 3:42.43 (37.45) | 4:20.51 (38.08) | 4:54.67 (34.16) | |
| 5 Xu, David J | 12 | X-Cel Swimming-NJ | 5:02.56 | 4:55.99 |
| 34.47 | 1:11.69 (37.22) | 1:49.30 (37.61) | 2:26.86 (37.56) | |
| 3:04.48 (37.62) | 3:41.85 (37.37) | 4:19.37 (37.52) | 4:55.99 (36.62) | |
| 6 Huynh, Julian E | 12 | Peddie Aquatic Association-NJ | 4:55.50 | 4:56.47 |
| 33.79 | 1:11.43 (37.64) | 1:49.45 (38.02) | 2:27.65 (38.20) | |
| 3:05.98 (38.33) | 3:43.59 (37.61) | 4:21.42 (37.83) | 4:56.47 (35.05) | |
| 7 Zhang, Allan Y | 13 | X-Cel Swimming-NJ | 4:58.39 | 4:57.85 |
| 33.47 | 1:11.25 (37.78) | 1:48.75 (37.50) | 2:27.04 (38.29) | |
| 3:05.22 (38.18) | 3:43.60 (38.38) | 4:21.32 (37.72) | 4:57.85 (36.53) | |
| 8 Tanudjaja, Christopher | 14 | X-Cel Swimming-NJ | 4:54.30 | 4:58.19 |
| 32.53 | 1:09.31 (36.78) | 1:48.20 (38.89) | 2:26.18 (37.98) | |
| 3:04.77 (38.59) | 3:42.51 (37.74) | 4:21.63 (39.12) | 4:58.19 (36.56) | |
| 9 Lopez, Jeremy E | 14 | Peddie Aquatic Association-NJ | 5:07.02 | 4:59.30 |
| 34.71 | 1:11.34 (36.63) | 1:48.94 (37.60) | 2:26.73 (37.79) | |
| 3:04.80 (38.07) | 3:43.14 (38.34) | 4:21.40 (38.26) | 4:59.30 (37.90) | |
| 10 Chang, Jonathan | 14 | Princeton Tigers Aquatics Club-1 | 5:04.76 | 5:00.71 |
| 33.60 | 1:11.00 (37.40) | 1:49.86 (38.86) | 2:29.20 (39.34) | |
| 3:08.12 (38.92) | 3:47.10 (38.98) | 4:24.52 (37.42) | 5:00.71 (36.19) | |
| 11 Li, Leo | 13 | Princeton Tigers Aquatics Club-1 | 5:06.14 | 5:01.96 |
| 32.90 | 1:10.35 (37.45) | 1:48.96 (38.61) | 2:27.53 (38.57) | |
| 3:06.54 (39.01) | 3:45.78 (39.24) | 4:24.79 (39.01) | 5:01.96 (37.17) | |
| 12 Ge, Raymond | 12 | X-Cel Swimming-NJ | 5:03.20 | 5:02.19 |
| 34.55 | 1:13.20 (38.65) | 1:52.42 (39.22) | 2:31.42 (39.00) | |
| 3:10.01 (38.59) | 3:48.34 (38.33) | 4:26.18 (37.84) | 5:02.19 (36.01) | |
| 13 Collins, Caleb P | 12 | Eastern Express Swim Team-NJ | 5:36.06 | 5:05.77 |
| 35.38 | 1:13.76 (38.38) | 1:52.90 (39.14) | 2:32.19 (39.29) | |
| 3:10.73 (38.54) | 3:49.62 (38.89) | 4:27.99 (38.37) | 5:05.77 (37.78) | |
| 14 Liang-Gilman, Henry R | 13 | X-Cel Swimming-NJ | 5:04.37 | 5:06.17 |
| 35.13 | 1:12.34 (37.21) | 1:50.76 (38.42) | 2:29.72 (38.96) | |
| 3:08.78 (39.06) | 3:47.68 (38.90) | 4:27.62 (39.94) | 5:06.17 (38.55) | |
| 15 Xu, Jaiden | 12 | X-Cel Swimming-NJ | 5:19.84 | 5:11.27 |
| 36.50 | 1:15.70 (39.20) | 1:55.41 (39.71) | 2:34.98 (39.57) | |
| 3:14.80 (39.82) | 3:54.08 (39.28) | 4:33.37 (39.29) | 5:11.27 (37.90) | |
| 16 Lee, Alex Y | 13 | Eastern Express Swim Team-NJ | 5:25.84 | 5:15.81 |
| 35.82 | 1:14.47 (38.65) | 1:55.50 (41.03) | 2:36.58 (41.08) | |
| 3:17.50 (40.92) | 3:58.02 (40.52) | 4:37.28 (39.26) | 5:15.81 (38.53) | |

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| Name | Age | Team | Seed Time | Finals Time |
|-----------------------|-----------------|----------------------------------|------------------|--------------------|
| 17 Spivak, Gabriel m | 14 | Peddie Aquatic Association-NJ | 5:21.56 | 5:17.70 |
| 35.11 | 1:15.16 (40.05) | 1:56.15 (40.99) | 2:36.72 (40.57) | |
| 3:16.87 (40.15) | 3:57.68 (40.81) | 4:38.43 (40.75) | 5:17.70 (39.27) | |
| 18 Yaprak, Kaan | 13 | Jersey Flyers Aquatic Club-NJ | 5:12.19 | 5:17.85 |
| 34.60 | 1:13.92 (39.32) | 1:54.82 (40.90) | 2:36.13 (41.31) | |
| 3:16.33 (40.20) | 3:58.58 (42.25) | 4:37.73 (39.15) | 5:17.85 (40.12) | |
| 19 Li, Paul | 13 | Princeton Tigers Aquatics Club-1 | 5:17.99 | 5:18.91 |
| 34.80 | 1:13.57 (38.77) | 1:54.64 (41.07) | 2:35.13 (40.49) | |
| 3:16.54 (41.41) | 3:58.25 (41.71) | 4:39.23 (40.98) | 5:18.91 (39.68) | |
| 20 Wang, Andy | 12 | X-Cel Swimming-NJ | 5:26.16 | 5:25.77 |
| 36.98 | 1:18.25 (41.27) | 2:00.51 (42.26) | 2:42.47 (41.96) | |
| 3:24.58 (42.11) | 4:07.16 (42.58) | 4:48.24 (41.08) | 5:25.77 (37.53) | |
| 21 Sheng, Codey | 13 | X-Cel Swimming-NJ | 5:52.39 | 5:25.81 |
| 37.21 | 1:18.61 (41.40) | 2:00.86 (42.25) | 2:42.76 (41.90) | |
| 3:24.36 (41.60) | 4:06.91 (42.55) | 4:47.42 (40.51) | 5:25.81 (38.39) | |
| 22 Huang, William | 12 | X-Cel Swimming-NJ | 5:25.18 | 5:26.94 |
| 35.63 | 1:15.76 (40.13) | 1:57.81 (42.05) | 2:40.37 (42.56) | |
| 3:23.07 (42.70) | 4:04.76 (41.69) | 4:46.65 (41.89) | 5:26.94 (40.29) | |
| 23 Bashore, William T | 11 | Princeton Tigers Aquatics Club-1 | 5:16.86 | 5:27.59 |
| 37.03 | 1:18.34 (41.31) | 2:00.21 (41.87) | 2:41.42 (41.21) | |
| 3:23.72 (42.30) | 4:05.73 (42.01) | 4:48.03 (42.30) | 5:27.59 (39.56) | |
| 24 Lu, Daniel S | 12 | X-Cel Swimming-NJ | 5:26.16 | 5:38.28 |
| 38.54 | 1:20.74 (42.20) | 2:03.79 (43.05) | 2:47.18 (43.39) | |
| 3:30.22 (43.04) | 4:14.18 (43.96) | 4:56.97 (42.79) | 5:38.28 (41.31) | |
| --- Hecht, Kian H | 12 | Princeton Tigers Aquatics Club-1 | 5:24.70 | SCR |
| --- Bauer, Kentaro W | 12 | Princeton Tigers Aquatics Club-1 | 5:26.28 | SCR |
| --- Lee, Allen M | 14 | X-Cel Swimming-NJ | 5:25.68 | SCR |
| --- Xia, Alexander | 13 | X-Cel Swimming-NJ | 4:41.03 | SCR |
| --- Ablai, Aidan | 13 | Unattached-NJ | 5:56.87 | SCR |
| --- Guan, Zachary | 13 | X-Cel Swimming-NJ | 5:03.48 | SCR |

2019 XCEL Meet of XCellence - 06-08-2019 to 06-09-2019**www.besmarttinc.com for heat sheets and results****Follow Be Smartt Inc on Facebook & Twitter!****Results - Sunday Mid Distance****Event 56 Men 15 & Over 400 LC Meter Freestyle****4:25.99 15&O GOLD****4:59.89 15&O SILV****Meet Qualifying 15&O: 4:59.89**

| | Name | Age | Team | Seed Time | Finals Time | |
|----|-----------------------|-----------------|-----------------------------------|------------------|--------------------|------|
| 1 | Badawy, Daniel | 15 | X-Cel Swimming-NJ | 4:16.93 | 4:22.93 | GOLD |
| | 30.31 | 1:02.85 (32.54) | 1:36.20 (33.35) | 2:09.77 (33.57) | | |
| | 2:44.23 (34.46) | 3:17.87 (33.64) | 3:51.60 (33.73) | 4:22.93 (31.33) | | |
| 2 | Cahnbley, Tobias J | 17 | X-Cel Swimming-NJ | 4:14.64 | 4:24.98 | GOLD |
| | 30.74 | 1:04.41 (33.67) | 1:38.90 (34.49) | 2:13.87 (34.97) | | |
| | 2:47.14 (33.27) | 3:20.74 (33.60) | 3:53.80 (33.06) | 4:24.98 (31.18) | | |
| 3 | Huang, Joshua | 17 | X-Cel Swimming-NJ | 4:25.27 | 4:26.28 | SILV |
| | 30.33 | 1:03.48 (33.15) | 1:38.28 (34.80) | 2:13.09 (34.81) | | |
| | 2:48.21 (35.12) | 3:23.17 (34.96) | 3:57.78 (34.61) | 4:26.28 (28.50) | | |
| 4 | Yan, James Y | 17 | X-Cel Swimming-NJ | 4:16.60 | 4:26.54 | SILV |
| | 31.84 | 1:05.18 (33.34) | 1:39.37 (34.19) | 2:12.90 (33.53) | | |
| | 2:46.29 (33.39) | 3:19.81 (33.52) | 3:53.85 (34.04) | 4:26.54 (32.69) | | |
| 5 | Sang, Alex | 18 | X-Cel Swimming-NJ | 4:13.34 | 4:27.94 | SILV |
| | 30.72 | 1:03.62 (32.90) | 1:37.21 (33.59) | 2:11.18 (33.97) | | |
| | 2:44.81 (33.63) | 3:18.98 (34.17) | 3:53.90 (34.92) | 4:27.94 (34.04) | | |
| 6 | Kim, Danny | 15 | X-Cel Swimming-NJ | 4:24.09 | 4:28.12 | SILV |
| | 30.44 | 1:03.40 (32.96) | 1:37.41 (34.01) | 2:11.22 (33.81) | | |
| | 2:45.66 (34.44) | 3:19.85 (34.19) | 3:54.18 (34.33) | 4:28.12 (33.94) | | |
| 7 | Liang-Gilman, Edwin L | 16 | X-Cel Swimming-NJ | 4:19.02 | 4:28.30 | SILV |
| | 31.14 | 1:04.83 (33.69) | 1:39.11 (34.28) | 2:13.32 (34.21) | | |
| | 2:48.05 (34.73) | 3:22.63 (34.58) | 3:56.74 (34.11) | 4:28.30 (31.56) | | |
| 8 | Tong, Justin H | 17 | X-Cel Swimming-NJ | 4:13.24 | 4:33.32 | SILV |
| | 31.13 | 1:04.57 (33.44) | 1:39.10 (34.53) | 2:14.02 (34.92) | | |
| | 2:48.54 (34.52) | 3:23.31 (34.77) | 3:58.79 (35.48) | 4:33.32 (34.53) | | |
| 9 | Yuen, Ethan W | 17 | Peddie Aquatic Association-NJ | 4:32.45 | 4:34.23 | SILV |
| | 30.49 | 1:03.29 (32.80) | 1:37.44 (34.15) | 2:12.00 (34.56) | | |
| | 2:47.31 (35.31) | 3:22.88 (35.57) | 3:59.20 (36.32) | 4:34.23 (35.03) | | |
| 10 | Wu, Johnathan L | 15 | X-Cel Swimming-NJ | 4:38.53 | 4:34.39 | SILV |
| | 31.48 | 1:04.74 (33.26) | 1:39.79 (35.05) | 2:15.05 (35.26) | | |
| | 2:50.40 (35.35) | 3:25.83 (35.43) | 4:01.37 (35.54) | 4:34.39 (33.02) | | |
| 11 | Lim, Andrew H | 15 | X-Cel Swimming-NJ | 4:25.01 | 4:35.89 | SILV |
| | 30.32 | 1:03.35 (33.03) | 1:38.66 (35.31) | 2:14.08 (35.42) | | |
| | 2:49.54 (35.46) | 3:25.86 (36.32) | 4:01.30 (35.44) | 4:35.89 (34.59) | | |
| 12 | Poirier, Lee | 18 | X-Cel Swimming-NJ | 4:24.32 | 4:42.18 | SILV |
| | 31.53 | 1:05.09 (33.56) | 1:41.25 (36.16) | 2:18.72 (37.47) | | |
| | 2:54.66 (35.94) | 3:30.93 (36.27) | 4:07.01 (36.08) | 4:42.18 (35.17) | | |
| 13 | Palumbo, Michael J | 15 | Peddie Aquatic Association-NJ | 4:34.61 | 4:45.69 | SILV |
| | 32.19 | 1:06.79 (34.60) | 1:42.72 (35.93) | 2:19.62 (36.90) | | |
| | 2:57.02 (37.40) | 3:34.00 (36.98) | 4:10.88 (36.88) | 4:45.69 (34.81) | | |
| 14 | Kite, Andrew | 16 | Eastern Express Swim Team-NJ | 4:54.66 | 4:46.60 | SILV |
| | 31.84 | 1:08.33 (36.49) | 1:44.83 (36.50) | 2:21.22 (36.39) | | |
| | 2:58.19 (36.97) | 3:34.51 (36.32) | 4:11.37 (36.86) | 4:46.60 (35.23) | | |
| 15 | Barglow, Luke W | 17 | Princeton Tigers Aquatics Club-NJ | 4:48.43 | 4:50.28 | SILV |
| | 33.57 | 1:09.93 (36.36) | 1:47.36 (37.43) | 2:24.87 (37.51) | | |
| | 3:01.73 (36.86) | 3:38.27 (36.54) | 4:15.02 (36.75) | 4:50.28 (35.26) | | |
| 16 | Reyen, Jeshurun | 17 | X-Cel Swimming-NJ | 4:40.33 | 4:52.36 | SILV |
| | 32.57 | 1:08.83 (36.26) | 1:46.04 (37.21) | 2:24.71 (38.67) | | |
| | 3:02.66 (37.95) | 3:42.24 (39.58) | 4:21.10 (38.86) | 4:52.36 (31.26) | | |

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| | Name | Age | Team | Seed Time | Finals Time | |
|-----|----------------------|-----------------|----------------------------------|------------------|--------------------|------|
| 17 | Greenberg, Michael D | 15 | Peddie Aquatic Association-NJ | 4:58.83 | 4:54.33 | SILV |
| | 34.14 | 1:11.25 (37.11) | 1:48.97 (37.72) | 2:26.00 (37.03) | | |
| | 3:04.23 (38.23) | 3:41.70 (37.47) | 4:18.70 (37.00) | 4:54.33 (35.63) | | |
| 18 | Oneill, Ian J | 15 | New Jersey Race Club-NJ | 4:59.07 | 5:05.69 | |
| | 33.92 | 1:12.35 (38.43) | 1:51.63 (39.28) | 2:30.53 (38.90) | | |
| | 3:10.20 (39.67) | 3:49.57 (39.37) | 4:29.22 (39.65) | 5:05.69 (36.47) | | |
| 19 | Kaldan, Thomas | 17 | X-Cel Swimming-NJ | 4:58.80 | 5:05.77 | |
| | 34.21 | 1:11.59 (37.38) | 1:49.71 (38.12) | 2:27.95 (38.24) | | |
| | 3:07.46 (39.51) | 3:47.14 (39.68) | 4:27.16 (40.02) | 5:05.77 (38.61) | | |
| 20 | Lu, Charlie | 18 | Peddie Aquatic Association-NJ | 4:56.42 | 5:09.41 | |
| | 32.52 | 1:08.63 (36.11) | 1:46.47 (37.84) | 2:25.45 (38.98) | | |
| | 3:06.10 (40.65) | 3:47.07 (40.97) | 4:28.96 (41.89) | 5:09.41 (40.45) | | |
| --- | Paoloni, Alessio S | 16 | Eastern Express Swim Team-NJ | 4:44.28 | DQ | |
| | 29.56 | 1:02.58 (33.02) | 1:36.90 (34.32) | 2:11.18 (34.28) | | |
| | 2:46.13 (34.95) | 3:21.25 (35.12) | 3:57.14 (35.89) | DQ (35.01) | | |
| --- | Radkov, Nick S | 16 | Peddie Aquatic Association-NJ | 4:16.29 | SCR | |
| --- | Dolan, Patrick m | 15 | New Jersey Race Club-NJ | 4:50.32 | SCR | |
| --- | Nahoum, Scott J | 15 | Peddie Aquatic Association-NJ | 4:30.26 | SCR | |
| --- | Gupta, Arjun | 15 | Princeton Tigers Aquatics Club-I | 4:33.54 | SCR | |

2019 XCEL Meet of XCellence - 06-08-2019 to 06-09-2019**www.besmarttinc.com for heat sheets and results****Follow Be Smartt Inc on Facebook & Twitter!****Results - Sunday Mid Distance****Event 57 Girls 14 & Under 400 LC Meter IM****Meet Qualifying 14&U: 6:31.49**

| Name | Age | Team | Seed Time | Finals Time |
|---------------------------|-----------------|----------------------------------|-----------------|-------------|
| 1 Cai, Beatrice | 14 | X-Cel Swimming-NJ | 5:30.27 | 5:30.32 |
| 35.95 | 1:15.31 (39.36) | 1:56.56 (41.25) | 2:36.84 (40.28) | |
| 3:27.00 (50.16) | 4:17.21 (50.21) | 4:54.69 (37.48) | 5:30.32 (35.63) | |
| 2 Wang, Amber | 14 | X-Cel Swimming-NJ | 5:29.89 | 5:32.69 |
| 35.12 | 1:14.53 (39.41) | 1:57.45 (42.92) | 2:38.79 (41.34) | |
| 3:25.77 (46.98) | 4:13.81 (48.04) | 4:54.17 (40.36) | 5:32.69 (38.52) | |
| 3 Weber, Courtney E | 13 | Princeton Piranhas Swim Team-I | 5:32.96 | 5:39.53 |
| 37.43 | 1:21.00 (43.57) | 2:03.41 (42.41) | 2:45.24 (41.83) | |
| 3:33.69 (48.45) | 4:22.45 (48.76) | 5:02.81 (40.36) | 5:39.53 (36.72) | |
| 4 Hopkins, Emma L | 14 | Princeton Piranhas Swim Team-I | 5:53.61 | 5:39.66 |
| 35.96 | 1:17.41 (41.45) | 2:00.63 (43.22) | 2:42.98 (42.35) | |
| 3:32.83 (49.85) | 4:24.19 (51.36) | 5:02.48 (38.29) | 5:39.66 (37.18) | |
| 5 Miner, Stella J | 13 | Princeton Piranhas Swim Team-I | 5:45.33 | 5:42.71 |
| 35.97 | 1:16.79 (40.82) | 2:02.27 (45.48) | 2:47.16 (44.89) | |
| 3:36.80 (49.64) | 4:27.04 (50.24) | 5:05.48 (38.44) | 5:42.71 (37.23) | |
| 6 DiVenti, Katie | 14 | Princeton Piranhas Swim Team-I | 5:48.91 | 5:44.66 |
| 36.30 | 1:17.15 (40.85) | 2:00.73 (43.58) | 2:43.49 (42.76) | |
| 3:36.07 (52.58) | 4:29.76 (53.69) | 5:08.05 (38.29) | 5:44.66 (36.61) | |
| 7 Girouard, Lauren R | 14 | Princeton Tigers Aquatics Club-I | 5:36.51 | 5:50.19 |
| 37.52 | 1:20.27 (42.75) | 2:06.60 (46.33) | 2:51.42 (44.82) | |
| 3:42.25 (50.83) | 4:32.69 (50.44) | 5:12.58 (39.89) | 5:50.19 (37.61) | |
| 8 Burton, Sophia M | 14 | Princeton Piranhas Swim Team-I | 5:40.01 | 5:52.47 |
| 36.92 | 1:22.00 (45.08) | 2:07.81 (45.81) | 2:52.09 (44.28) | |
| 3:43.21 (51.12) | 4:34.72 (51.51) | 5:15.02 (40.30) | 5:52.47 (37.45) | |
| 9 Walker, Sophia L | 12 | X-Cel Swimming-NJ | 6:03.26 | 6:07.74 |
| 40.99 | 1:28.30 (47.31) | 2:16.80 (48.50) | 3:02.87 (46.07) | |
| 3:55.79 (52.92) | 4:48.34 (52.55) | 5:29.49 (41.15) | 6:07.74 (38.25) | |
| 10 Liu, Tracey | 14 | Princeton Tigers Aquatics Club-I | 5:57.25 | 6:08.96 |
| 37.95 | 1:21.96 (44.01) | 2:08.47 (46.51) | 2:53.49 (45.02) | |
| 3:47.79 (54.30) | 4:40.95 (53.16) | 5:25.40 (44.45) | 6:08.96 (43.56) | |
| 11 Pavuluri, Aditi | 14 | Princeton Tigers Aquatics Club-I | 5:48.00 | 6:09.90 |
| 37.88 | 1:24.06 (46.18) | 2:11.06 (47.00) | 2:57.03 (45.97) | |
| 3:50.37 (53.34) | 4:45.58 (55.21) | 5:28.79 (43.21) | 6:09.90 (41.11) | |
| 12 Chen, Nora C | 12 | X-Cel Swimming-NJ | 6:02.52 | 6:10.85 |
| 42.91 | 1:33.57 (50.66) | 2:20.67 (47.10) | 3:06.92 (46.25) | |
| 4:01.33 (54.41) | 4:55.48 (54.15) | 5:33.13 (37.65) | 6:10.85 (37.72) | |
| 13 Saraswat, Apsara | 14 | Princeton Tigers Aquatics Club-I | 5:47.31 | 6:11.84 |
| 40.05 | 1:28.11 (48.06) | 2:15.18 (47.07) | 3:01.30 (46.12) | |
| 3:54.84 (53.54) | 4:49.80 (54.96) | 5:32.35 (42.55) | 6:11.84 (39.49) | |
| 14 Li, Michelle M | 14 | Peddie Aquatic Association-NJ | 6:04.69 | 6:18.58 |
| 37.90 | 1:25.40 (47.50) | 2:15.08 (49.68) | 3:04.71 (49.63) | |
| 3:59.11 (54.40) | 4:52.82 (53.71) | 5:34.84 (42.02) | 6:18.58 (43.74) | |
| 15 Moola, Sanjna | 14 | Princeton Tigers Aquatics Club-I | 6:07.13 | 6:26.20 |
| 42.45 | 1:31.00 (48.55) | 2:17.80 (46.80) | 3:04.65 (46.85) | |
| 4:03.06 (58.41) | 5:01.06 (58.00) | 5:43.43 (42.37) | 6:26.20 (42.77) | |
| 16 Karthikvatsan, Deethya | 12 | Eastern Express Swim Team-NJ | 6:22.34 | 6:29.71 |
| 42.83 | 1:33.19 (50.36) | 2:21.71 (48.52) | 3:11.07 (49.36) | |
| 4:06.98 (55.91) | 5:02.66 (55.68) | 5:49.20 (46.54) | 6:29.71 (40.51) | |

2019 XCEL Meet of XCellence - 06-08-2019 to 06-09-2019**www.besmarttinc.com for heat sheets and results****Follow Be Smartt Inc on Facebook & Twitter!****Results - Sunday Mid Distance****(Event 57 Girls 14 & Under 400 LC Meter IM)**

| | Name | Age | Team | Seed Time | Finals Time |
|-----|---------------------|-----------------|-------------------------|------------------|--------------------|
| 17 | Patel, Riya K | 14 | Paa Unattached-NJ | 6:19.03 | 6:58.12 |
| | 44.53 | 1:38.30 (53.77) | 2:30.63 (52.33) | 3:22.49 (51.86) | |
| | 4:21.31 (58.82) | 5:21.29 (59.98) | 6:10.66 (49.37) | 6:58.12 (47.46) | |
| --- | Bernard, Ariel M | 12 | X-Cel Swimming-NJ | 5:53.78 | DQ |
| | 34.25 | 1:16.58 (42.33) | 2:05.42 (48.84) | 2:52.58 (47.16) | |
| | 3:45.81 (53.23) | 4:39.51 (53.70) | 5:19.48 (39.97) | DQ (38.93) | |
| --- | Sakowicz, Summer b | 14 | New Jersey Race Club-NJ | 5:21.04 | SCR |
| --- | Cherry, Alexandra G | 14 | Stingrays-NJ | 5:53.96 | SCR |
| --- | Zhao, Annie | 13 | X-Cel Swimming-NJ | 5:37.22 | SCR |

2019 XCEL Meet of XCellence - 06-08-2019 to 06-09-2019**www.besmarttinc.com for heat sheets and results****Follow Be Smartt Inc on Facebook & Twitter!****Results - Sunday Mid Distance****Event 57 Women 15 & Over 400 LC Meter IM****5:24.39 15&O GOLD****6:11.59 15&O SILV****Meet Qualifying 15&O: 6:19.59**

| Name | Age | Team | Seed Time | Finals Time | |
|---------------------------|-----------------|----------------------------------|------------------|--------------------|------|
| 1 Liu, Helen D | 15 | X-Cel Swimming-NJ | 5:12.95 | 5:23.37 | GOLD |
| 34.94 | 1:14.04 (39.10) | 1:55.66 (41.62) | 2:35.99 (40.33) | | |
| 3:25.37 (49.38) | 4:14.15 (48.78) | 4:49.47 (35.32) | 5:23.37 (33.90) | | |
| 2 Trolle, Camilla O | 16 | X-Cel Swimming-NJ | 5:28.21 | 5:25.78 | SILV |
| 34.57 | 1:13.16 (38.59) | 1:53.92 (40.76) | 2:33.62 (39.70) | | |
| 3:24.27 (50.65) | 4:14.08 (49.81) | 4:50.00 (35.92) | 5:25.78 (35.78) | | |
| 3 Danko, Abbie K | 17 | X-Cel Swimming-NJ | 5:12.77 | 5:29.16 | SILV |
| 35.64 | 1:16.59 (40.95) | 2:00.03 (43.44) | 2:41.22 (41.19) | | |
| 3:28.85 (47.63) | 4:16.42 (47.57) | 4:53.47 (37.05) | 5:29.16 (35.69) | | |
| 4 Stokes, Zoe E | 17 | X-Cel Swimming-NJ | 5:22.91 | 5:29.82 | SILV |
| 33.08 | 1:10.53 (37.45) | 1:54.01 (43.48) | 2:35.68 (41.67) | | |
| 3:26.64 (50.96) | 4:17.82 (51.18) | 4:54.25 (36.43) | 5:29.82 (35.57) | | |
| 5 Zhang, Victoria | 15 | X-Cel Swimming-NJ | 5:24.16 | 5:33.75 | SILV |
| 33.81 | 1:13.62 (39.81) | 1:58.50 (44.88) | 2:41.58 (43.08) | | |
| 3:31.54 (49.96) | 4:20.96 (49.42) | 4:57.82 (36.86) | 5:33.75 (35.93) | | |
| 6 Kimock, Carolann I | 15 | X-Cel Swimming-NJ | 5:16.97 | 5:35.19 | SILV |
| 33.39 | 1:11.47 (38.08) | 1:54.81 (43.34) | 2:37.35 (42.54) | | |
| 3:28.19 (50.84) | 4:20.59 (52.40) | 4:58.73 (38.14) | 5:35.19 (36.46) | | |
| 7 Aleksandrova, Anastasia | 18 | X-Cel Swimming-NJ | 5:13.87 | 5:37.59 | SILV |
| 34.80 | 1:15.01 (40.21) | 1:58.61 (43.60) | 2:41.92 (43.31) | | |
| 3:30.27 (48.35) | 4:19.45 (49.18) | 4:59.02 (39.57) | 5:37.59 (38.57) | | |
| 8 Hebert, Marie M | 18 | Princeton Tigers Aquatics Club-I | 5:08.14 | 5:40.25 | SILV |
| 33.58 | 1:13.59 (40.01) | 2:00.12 (46.53) | 2:44.63 (44.51) | | |
| 3:34.94 (50.31) | 4:24.01 (49.07) | 5:02.99 (38.98) | 5:40.25 (37.26) | | |
| 9 Hartmann, Lilly M | 15 | Eastern Express Swim Team-NJ | 5:43.89 | 5:41.87 | SILV |
| 38.30 | 1:22.12 (43.82) | 2:05.64 (43.52) | 2:47.61 (41.97) | | |
| 3:37.47 (49.86) | 4:27.22 (49.75) | 5:04.86 (37.64) | 5:41.87 (37.01) | | |
| 10 Yonan, Katie G | 16 | Peddie Aquatic Association-NJ | 5:25.51 | 5:42.57 | SILV |
| 35.59 | 1:16.25 (40.66) | 1:58.77 (42.52) | 2:40.85 (42.08) | | |
| 3:33.01 (52.16) | 4:25.72 (52.71) | 5:04.59 (38.87) | 5:42.57 (37.98) | | |
| 11 Williams, Isabel | 16 | X-Cel Swimming-NJ | 5:20.85 | 5:45.26 | SILV |
| 37.15 | 1:17.38 (40.23) | 2:03.01 (45.63) | 2:47.07 (44.06) | | |
| 3:35.73 (48.66) | 4:25.88 (50.15) | 5:05.59 (39.71) | 5:45.26 (39.67) | | |
| 12 Szabo, Noelle | 17 | Princeton Piranhas Swim Team-I | 5:28.21 | 5:48.34 | SILV |
| 36.10 | 1:18.49 (42.39) | 2:02.80 (44.31) | 2:46.15 (43.35) | | |
| 3:36.97 (50.82) | 4:28.99 (52.02) | 5:09.43 (40.44) | 5:48.34 (38.91) | | |
| 13 Agogliati, Ashley R | 16 | Peddie Aquatic Association-NJ | 5:37.34 | 5:48.98 | SILV |
| 36.23 | 1:18.88 (42.65) | 2:05.75 (46.87) | 2:50.53 (44.78) | | |
| 3:41.18 (50.65) | 4:32.71 (51.53) | 5:11.94 (39.23) | 5:48.98 (37.04) | | |
| 14 Tinevez, Jensen N | 15 | Princeton Tigers Aquatics Club-I | 5:42.77 | 5:51.93 | SILV |
| 38.28 | 1:24.14 (45.86) | 2:12.16 (48.02) | 2:58.21 (46.05) | | |
| 3:46.60 (48.39) | 4:34.64 (48.04) | 5:14.12 (39.48) | 5:51.93 (37.81) | | |
| 15 Davis, Cami T | 17 | Princeton Piranhas Swim Team-I | 5:43.55 | 6:01.33 | SILV |
| 36.67 | 1:21.37 (44.70) | 2:08.66 (47.29) | 2:54.25 (45.59) | | |
| 3:47.93 (53.68) | 4:40.97 (53.04) | 5:21.26 (40.29) | 6:01.33 (40.07) | | |
| 16 Atilgan, Sara N | 15 | Paa Unattached-NJ | 5:26.56 | 6:02.22 | SILV |
| 37.15 | 1:21.19 (44.04) | 2:06.95 (45.76) | 2:52.57 (45.62) | | |
| 3:47.06 (54.49) | 4:42.13 (55.07) | 5:22.53 (40.40) | 6:02.22 (39.69) | | |

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| Name | Age | Team | Seed Time | Finals Time | |
|----------------------|-------------------|----------------------------------|------------------|--------------------|------|
| 17 Pavlovic, Lara | 16 | Peddie Aquatic Association-NJ | 5:48.14 | 6:06.18 | SILV |
| 35.38 | 1:19.21 (43.83) | 2:08.76 (49.55) | 2:56.99 (48.23) | | |
| 3:48.72 (51.73) | 4:39.84 (51.12) | 5:22.88 (43.04) | 6:06.18 (43.30) | | |
| 18 Abbasi, Seher A | 16 | Princeton Piranhas Swim Team-I | 6:16.98 | 6:52.89 | |
| 46.33 | 1:46.51 (1:00.18) | 2:36.02 (49.51) | 3:25.90 (49.88) | | |
| 4:20.80 (54.90) | 5:16.80 (56.00) | 6:06.93 (50.13) | 6:52.89 (45.96) | | |
| --- Peel, Juliette D | 15 | Princeton Tigers Aquatics Club-I | 5:18.04 | SCR | |
| --- Desai, Niyatee P | 17 | X-Cel Swimming-NJ | 5:49.08 | SCR | |