



## SCHEDULE FOR JO's

DAY	SESSION	WARMUP	CHECKIN	START	FINISH (APPROX)	COMMENTS
THURSDAY	PRELIMS	7:15AM	7:45AM	8:20AM	NOON	
	AGE GROUP	11:55AM	12:25PM	1:00PM	5:00PM	APPROX
	FINALS	5:00PM	RELAYS	6:00PM	8:00PM	APPROX
FRIDAY	PRELIMS	7:15AM	7:45AM	8:20AM	11:55AM	
	AGE GROUP	11:55AM	12:25PM	1:00PM	6:00PM	APPROX
	FINALS	6:00PM	RELAYS	7:00PM	9:00PM	APPROX
SATURDAY	PRELIMS	7:15AM	7:45AM	8:20AM	NOON	
	AGE GROUP	11:55AM	12:25PM	1:00PM	6:30PM	APPROX
	FINALS	6:15PM	RELAYS	7:00PM	9:15PM	APPROX
SUNDAY	PRELIMS	7:15AM	7:45AM	8:20AM	11:00AM	
	1500'S					13/OLDERS NOT BEFORE 11:30 11/12 (1500'S) NOT BEFORE 3:00PM
	FINALS	5:00PM	RELAYS	6:00PM	8:00PM	APPROX