



<u>Name of Meet:</u>	<b><u>X-cel Swimming &amp; Whitewaters Swimming present</u></b> <b><u>FALL FESTIVAL MEET of X-CELLENCE</u></b> <b>2011</b>
<u>Meet Sanction #:</u>	NJS111811SC
<u>Host Club:</u>	This meet is hosted by: X-CEL SWIMMING & Whitewaters Swimming
<u>Date of Meet:</u>	Friday, Nov 18, Saturday, Nov. 19, and Sunday Nov. 20, 2011
<u>Location:</u>	Facility: DeNunzio Pool is located on Faculty Road off of Route 571 on the Princeton University campus, Princeton, NJ 08540. It is an Olympic-sized 50 meter 8-lane pool with a minimum depth for diving of 9 feet. Two 8-lane by 25 yard courses will be used (Main Pool: 9 feet at dive end; 12 feet at turn; Dive Pool: 12 feet at dive end; 17 feet at turn.) There is ample seating for spectators.
<u>Facility Info:</u>	DeNunzio Pool is a 50 meter, 8-lane pool with a minimum depth for diving of 9 feet. Two 8-lane by 25 yard courses will be used (Main Pool: 9 feet at dive end; 12 feet at turn; Dive Pool: 12 feet at dive end; 17 feet at turn.) There is ample seating for spectators.
<u>Pool Certification Statement:</u>	The competition course has not been certified in accordance with 104.2.2C(4). Note that this statement is a required meet announcement statement, and refers to the pre-certification of the pool length measurement in regards to National and World Record swims which may occur in the pool. The fact that this pool is not certified in accordance to 104.2.2C(4) does not impact on the validity of the times achieved in this pool. Times swum at this meet will in fact be entered in SWIMS and are eligible for qualifying for any other USA Swimming sanctioned competition.
<u>Meet Director:</u>	ELLEN W. MACE, 609.558.0988, <a href="mailto:entries1@juno.com">entries1@juno.com</a>
<u>Team Contact</u>	Coach Lucy, <a href="mailto:headcoach@xcelswimming.org">headcoach@xcelswimming.org</a> , 609.252.0206
<u>Meet Referee:</u>	Peter Madley, <a href="mailto:pmadley@gmail.com">pmadley@gmail.com</a>
<u>Meet Marshal:</u>	Olaf Noisten, <a href="mailto:honoisten@aol.com">honoisten@aol.com</a>
<u>Entry Coordinator:</u>	BE Smartt, Inc will be the Entry Coordinator, E-Mail address: <a href="mailto:entries1@juno.com">entries1@juno.com</a> <ul style="list-style-type: none"><li>• 1.609.558.0988</li><li>• Best time to call after 8:00PM and weekends</li></ul>
<u>Entry Deadline:</u>	All entries will be accepted on a first come basis. Meet Entries will be taken until the meet fills. The host club must stay within the four hour per session rule.  Entry Deadline Date: Friday, November 4 <sup>th</sup> , 2011 <i>or sooner if all sessions are full</i>  Mail Entries to : BE SMARTT INC., 604 Paxson Avenue, Mercerville, NJ 08619 - OR - Email to: <a href="mailto:entries1@juno.com">entries1@juno.com</a>  Even if you are e-mailing your entries, overnight or express mail is recommended for the hard copy, waiver and entry fee check, <b>but waive the signature.</b>
<u>Entries:</u>	<ul style="list-style-type: none"><li>• In accordance with NJS policy, team entries may be submitted by E-mail to <a href="mailto:entries1@juno.com">entries1@juno.com</a>. (please use FALLFESTIVAL2011 in the subject line) All entries must be Hy-Tek program entries attached to an e-mail.</li><li>• The meet entry coordinator will respond to e-mails entries within 48 hours. If you do not receive an e-mail response within 48 hours, assume that your email has not been received. It then becomes the sender's responsibility to make sure that the host club's meet entry coordinator receives the e-mail. If you do not receive an e-mail response, you must contact the entry coordinator by email or phone or mail in your entries.</li></ul>



	<ul style="list-style-type: none"><li>• An entry summary with a signed NJ Swimming waiver and a check must accompany or follow each entry.</li><li>• Incomplete entries will not be accepted.</li><li>• Deck entries will not be accepted.</li><li>• Teams entered will be posted at <a href="http://www.besmartinc.com">www.besmartinc.com</a></li></ul>
<u>Meet Format Waiver:</u>	<p>The host club has the right to change the format of the meet with the approval of the sanctioning chairman and age group or senior chairman. These changes would be made for a more efficient swim meet for the swimmers and the host club.</p> <ul style="list-style-type: none"><li>• To conform to facility capacity.</li></ul>
<u>Internet Website Posting:</u>	<ul style="list-style-type: none"><li>• Meet Website address: <a href="http://www.besmartinc.com">www.besmartinc.com</a></li><li>• Pre-Meet Information posted on website.<ul style="list-style-type: none"><li>• Meet Information will be posted on the website.</li><li>• Hy-Tek Events list (HYV.file) will be posted on the website.</li><li>• Teams whose entries have been received.</li><li>• Updated meet schedule.</li><li>• Warm-up Schedule and Team Warm-up Assignments.</li><li>• Timing assignments.</li><li>• Post-Meet Information posted on website.</li><li>• Downloadable Results (CL.2 file)</li><li>• Downloadable Meet Back-up (Backup.zip File)</li></ul></li></ul>
<u>Meet Requirement Statement:</u>	<p>In order to be eligible for the SC New Jersey Zone Championship Team or for NJ Swimming Athlete Reimbursement for sectional and national level meets, NJ Swimming policy stipulates certain participation requirements. As a NJ Swimming sanctioned meet, this meet counts towards those participation requirements.</p>
<u>Coaches Eligibility:</u>	<ul style="list-style-type: none"><li>• All coaches “on the deck” must be a registered member of USA Swimming.</li><li>• Coaches must show coaching card for entrance to facility.</li><li>• Coaches must have coaching card visible at all times while on deck.</li></ul>
<u>Swimmer Eligibility:</u>	<ul style="list-style-type: none"><li>• All swimmers must be members of USA Swimming to enter and compete in this meet. All swimmers must be listed on a team’s official entry form to be eligible to participate in this swim meet in any events including relays. All transfer swimmer(s) must swim unattached for 120 days from their last attached competition. Swimmers must use an UN- (New Team Alpha Code) as their team affiliation. All Unattached swimmers must be listed on the team’s official waiver entry form.</li><li>• There will be qualifying times used for this meet. As long as a swimmer qualifies for at least one event per day, that swimmer may swim up to 3 events that day.</li><li>• There will be 10 &amp; Under, 12-under, 11-12, 13-14, 15-19 Events.</li><li>• New Jersey Swimming only allows swimmers to enter and compete in 3 individual events per day.</li><li>• Swimmers may compete in one (1) relay per day.</li><li>• Age for this meet is calculated as of <b>November 18, 2011.</b></li></ul>
<u>Swimmers Unaccompanied by a USAS Certified Coach:</u>	<p>Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. If a swimmer is not accompanied by a USA Swimming member coach, then it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.</p>
<u>Meet Format:</u>	<ul style="list-style-type: none"><li>• This meet will be run in accordance to current USA Swimming Rules. This meet will be run as a timed final meet.</li><li>• <b>This meet will be run using two pools. Pools will be divided by age groups once all entries are received and a time line established. This information will be sent via email and posted on <a href="http://www.besmartinc.com">www.besmartinc.com</a> with the updated pre-meet information.</b></li><li>• This meet will be deck seeded with coaches checking in/scratching all swimmers. When the seeding has been posted, swimmers will report to the blocks directly.</li></ul>
<u>Meet Schedule:</u>	<p>The building opening time is no earlier than: 6:55AM on Saturday and Sunday. See below for day-by-day breakdown.</p>



**Meet Schedule:**

<b>Friday, November 18, 2011</b>		<b>Warm-up</b>	<b>Start</b>
Session 1	All 12/UNDERS	4:45PM	5:50PM
<b>Saturday, November 19, 2011</b>		<b>Warm-up</b>	<b>Start</b>
Session 2	All 12/Unders Check-in by 7:30AM	7:00AM	8:05AM
Session 3	ALL 13/19'S	2:30PM	3:35PM
Session 4	<b>13/19 400 IM'S</b>	Following Session 3	TBA
<b>Sunday, November 20, 2011</b>		<b>Warm-up</b>	<b>Start</b>
Session 5	All 12/Unders Check-in by 7:30AM	7:00AM	8:05AM
Session 6	All 500 Freestyles (Limited to eight heats per event) Teams will be notified if entries exceed the heat limit; refunds will be processed and mailed after the meet.	12:30M (approximately)	1:05PM (no earlier than)
<b>Session 7</b>	All 13/19's—Check-in 30 minutes before start	Right after Session #5 TBA	Will have a 60 minute warm-up

<u>Warm-up Procedures:</u>	<ul style="list-style-type: none"> <li>• Warm-ups will be run under New Jersey Swimming Warm-up and Safety Guidelines.</li> <li>• Warm-ups will include general warm-up lanes, sprint lanes, and pace lanes.</li> <li>• All swimmers must enter the pool from the starting end of the pool.</li> <li>• New Jersey Swimming officials will monitor warm-ups.</li> </ul> <p><u>Warm-up Procedures based upon number of entries:</u></p> <ul style="list-style-type: none"> <li>• There will be a one-hour warm-up session with sprint lanes offered in the final 15 minutes of warm-ups or <u>(based on the number of swimmers/teams in the meet)</u> the warm-up sessions will be two 30-minute warm-ups divided by teams. There will be designated sprint lanes/pace lanes during the last 10 minutes.</li> <li>• There will be a <b>30</b> minute warm-up prior to the beginning of the 500 Freestyle and 400 IM; <b>this warm-up may be in one of the pools while the other pool is still in session;</b> positive check-in is required.</li> </ul>
<u>Entry Times:</u>	New Jersey Swimming does not allow 'NT' or 'No Time' to be used as an entry time. All entry times must be in short course yards.
<u>Check-In:</u>	All check-in sheets must be turned into the scoring table 30 minutes before the start of each session. Swimmers that are swimming will have a line through their name. Swimmers that are being scratched will have their names circled with a "SCR" next to the circle. Swimmers scratching a single event will have a line through his/her name and the event number circled with "SCR" next to the circle. Failure to follow this procedure may result in the swimmer(s) being scratched from the session
<u>Starts:</u>	<ul style="list-style-type: none"> <li>• New Jersey Swimming requires that whistle starts be used.</li> <li>• The host club will determine if "overhead/fly-over" starts will be used after a time line has been produced. This information will be published in the pre-meet information and posted at <a href="http://www.besmartinc.com">www.besmartinc.com</a></li> </ul>
<u>500 Freestyle and 400 IM Events</u>	<ul style="list-style-type: none"> <li>• The 500 Freestyle Events and the 400 IM Events will be run as separate sessions.</li> <li>• The 500 Freestyle and the 400 IM Events will be run slowest to fastest.</li> <li>• These events will be limited to the fastest eight heats per event. Swimmers whose seed times place them below the heat limitation will have the option to pick another event or remain in the event and possibly compete because of day of meet scratches. Swimmers who do not switch events and do not compete in the heat limited event will have their entry free refunded within one week of the meet.</li> <li>• In the 500 free, the swimmer must provide their own timer and person to count.</li> <li>• In the 400 IM, the swimmer must provide own timer.</li> </ul>



<u>Relays</u>	Coaches must turn in relay cards prior to that relay swimming, listing correct swimmer names and correct order.
<u>Scoring:</u>	This meet will not be scored.
<u>Awards:</u>	Custom medals will be awarded for the top 3 swimmers in all age groups and for the top 3 swimmers in each age group of combined age group events. Medals will be awarded to the top 3 relays in each relay event.
<u>Entry Fees:</u>	Individual Entry Fee: \$4.00. Relays \$8.00, Make checks payable to: <b>XCEL SWIMMING</b>
<u>Admissions and Programs:</u>	Admission will be \$7.00 per session. Either heat sheets at each session with be available for \$4 or a two-day program for \$10.00.
<u>Results:</u>	All results will be distributed via email and posted at <a href="http://www.besmarttinc.com">www.besmarttinc.com</a>
<u>Host Club Responsibilities:</u>	<p>The host club will provide a single timer in each lane through out the meet, except for the 500 Freestyles and 400 IM's; swimmers will provide their own timers and lap counters.</p> <p>The entry coordinator will create a warm-up schedule and timing assignments that will be fair and equal to all teams. The warm-up schedule will be e-mailed to all participating clubs and posted on the website: <a href="http://www.besmarttinc.com">www.besmarttinc.com</a> no later than one week before the meet.</p> <p>The host club will have stopwatches for any volunteer timer that needs one.</p>
<u>Participating Club Responsibilities:</u>	<ul style="list-style-type: none"><li>• Participating clubs must help with timing assignments. Timing assignments will be e-mailed to participating clubs and posted on the swim meet website: <a href="http://www.besmarttinc.com">www.besmarttinc.com</a> one week prior to the meet.</li><li>• Participating club parents must stay off the pool deck except for timing assignments.</li><li>• Participating clubs should help with officiating whenever possible. List the club contact for club officials on the meet summary.</li></ul>
<u>Food Concessions:</u>	Food will be available in Jadwin Gymnasium.
<u>Vendor:</u>	A swim vendor will be in attendance.
<u>Directions:</u>	Princeton University DeNunzio Pool is conveniently located approximately one mile west of Route 1 via Route 571 (Washington Avenue.) At the first light, Faculty Road make a right, the parking lot and the pool will be on your left.
<u>Hotels:</u>	Holiday Inn, 100 Independence Way, 1.609.520.1200, ask for special rate. Staybridge Suites, 4375 Route1, 1.609.951.0009, ask of sports group rate Residence Inn by Marriott, 4225 Route 1, 1.732.329.9600, Includes breakfast Princeton Courtyard by Marriott, Route 1 and Mapleton Road, 1.609.716.9100; includes breakfast



# New Jersey Swimming Inc.

Official Meet Verification Form

Club Name: \_\_\_\_\_ Club Code: \_\_\_\_\_

Club E-Mail Address: \_\_\_\_\_

Head Coaches Name: \_\_\_\_\_

Club Address: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_



I hereby certify that all swimmers and coaches listed on the entry or hard copy with disk entries, for the **Fall Festival Meet of X-Cellence** to be held on November 18<sup>th</sup>, 19<sup>th</sup>, and 20<sup>th</sup>, 2011 are registered members of New Jersey Swimming/ United States Swimming. All United States Swimming numbers are correctly listed and, unless otherwise noted, are not required to swim unattached (UN) due to the 120-day transfer. Also I acknowledge that deck access is limited to coaches and/or officials working the meet and displaying their credentials.

Signature \_\_\_\_\_ Date \_\_\_\_\_  
(Signature cannot be photocopied)

Article 302.4 of the USA Swimming Rules and regulations.

**FALSE REGISTRATION:** An LSC may impose a fine of up to **\$100 per event** against a member coach or a member club's representative signing a document which indicates a swimmer is registered with United States Swimming for a meet when that swimmer is not properly registered or eligible to compete for that club. This will be enforced by the LSC and the LSC will be entitled to the fines imposed.

**LIST ALL UNATTACHED SWIMMERS:**

Unattached Swimmer \_\_\_\_\_, Unattached Swimmer \_\_\_\_\_

Unattached Swimmer \_\_\_\_\_, Unattached Swimmer \_\_\_\_\_

Unattached Swimmer \_\_\_\_\_, Unattached Swimmer \_\_\_\_\_

Unattached Swimmer \_\_\_\_\_, Unattached Swimmer \_\_\_\_\_



# The Fall Festival Meet of X-Cellence

## ENTRY SUMMARY

**Team:** \_\_\_\_\_ **USA-S CLUB CODE:** \_\_\_\_\_

### WAIVER

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/ours heirs, administrators and assigns, waive and release any and all claims against USA-Swimming, Princeton University, XCEL Swimming, Whitewaters Swimming, BE Smartt, Inc. and their staff for any injuries and/or expenses incurred by me/us at the swim meet, or while on the road to and from the meet. I/we am/are USA registered athletes, and eligible to compete in all of the events I/we have entered.

\_\_\_\_\_  
Signature of Club Official, Coach, and/or  
Parent or Guardian

Name of Club: \_\_\_\_\_

USA Club Code: \_\_\_\_\_

Name(s) of Coach(es) \_\_\_\_\_

Address: \_\_\_\_\_

Phone #: \_\_\_\_\_ E-Mail: \_\_\_\_\_

Contact Person Responsible for Entries: \_\_\_\_\_

Phone #: \_\_\_\_\_

Fax #: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Contact Person Regarding Timers and Officials: \_\_\_\_\_

Phone #: \_\_\_\_\_

Fax#: \_\_\_\_\_

E-Mail: \_\_\_\_\_

### **ENTRY FEE SUMMARY**

Total # of Individual Entries \_\_\_\_\_ x \$4.00 = \$ \_\_\_\_\_

Total # of Relay Entries \_\_\_\_\_ x \$8.00 = \$ \_\_\_\_\_

Total Amount of Entry \$ \_\_\_\_\_

Total # of Swimmers \_\_\_\_\_

**MAKE CHECKS PAYABLE TO: XCEL SWIMMING**



## Event List: **Make one time per day, swim three events that day.**

### Event and q-time (no slower than)

#### SESSION 1: FRIDAY PM 12/UNDERS

Event 1	Girls 12&U 200 Back	3:08.49
Event 2	Boys 12&U 200 Back	3:08.49
Event 3	Girls 11-12 400 IM	6:06.19
Event 4	Boys 11-12 400 IM	6:06.19
Event 5	Girls 10&U 200 IM	3:25.09
Event 6	Boys 10&U 200 IM	3:25.09
Event 7	Girls 12&U 200 Breast	3:29.29
Event 8	Boys 12&U 200 Breast	3:29.29
Event 9	Girls 12&U 200 Fly	3:04.99
Event 10	Boys 12&U 200 Fly	3:04.99
Event 11	Girls 11-12 200 Free	2:33.79
Event 12	Boys 11-12 200 Free	2:33.79

#### SESSION 2: SATURDAY AM 12/UNDERS

Event 13	Girls 10&U 200 Free Relay	
Event 14	Boys 10&U 200 Free Relay	
Event 15	Girls 11-12 200 Free Relay	
Event 16	Boys 11-12 200 Free Relay	
Event 17	Girls 10&U 100 Back	1:36.19
Event 18	Boys 10&U 100 Back	1:36.19
Event 19	Girls 11-12 50 Free	33.99
Event 20	Boys 11-12 50 Free	33.99
Event 21	Girls 10&U 50 Breast	49.99
Event 22	Boys 10&U 50 Breast	49.99

Event 23	Girls 11-12 100 Breast	1:30.99
Event 24	Boys 11-12 100 Breast	1:30.99
Event 25	Girls 10&U 50 Fly	44.89
Event 26	Boys 10&U 50 Fly	44.89
Event 27	Girls 11-12 100 Fly	1:33.99
Event 28	Boys 11-12 100 Fly	1:33.99
Event 29	Girls 10&U 100 Free	1:27.99
Event 30	Boys 10&U 100 Free	1:27.99

#### SESSION 3: SATURDAY PM ALL 13-19'S

Event 31	Girls 13-14 200 Free Relay	
Event 32	Boys 13-14 200 Free Relay	
Event 33	Girls 15-19 200 Free Relay	
Event 34	Boys 15-19 200 Free Relay	
Event 35	Girls 13-14 50 Free	28.99
Event 36	Boys 13-14 50 Free	27.99
Event 37	Girls 15-19 50 Free	28.19
Event 38	Boys 15-19 50 Free	25.39
Event 39	Girls 13-14 100 Breast	1:22.49

### Event and q-time (no slower than)

#### SESSION 5: SUNDAY AM ALL 12/UNDERS

Event 57	Girls 10&U 200 Medley Relay	
Event 58	Boys 10&U 200 Medley Relay	
Event 59	Girls 11-12 200 Medley Relay	
Event 60	Boys 11-12 200 Medley Relay	
Event 61	Girls 10&U 50 Free	38.59
Event 62	Boys 10&U 50 Free	38.59
Event 63	Girls 11-12 200 IM	2:59.99
Event 64	Boys 11-12 200 IM	2:59.99
Event 65	Girls 10&U 100 IM	1:35.99
Event 66	Boys 10&U 100 IM	1:35.99
Event 67	Girls 11-12 100 Back	1:22.99
Event 68	Boys 11-12 100 Back	1:22.99
Event 69	Girls 10&U 50 Back	45.99
Event 70	Boys 10&U 50 Back	45.99

Event 71	Girls 10&U 100 Breast	1:48.99
Event 72	Boys 10&U 100 Breast	1:48.99
Event 73	Girls 11-12 100 Free	1:11.09
Event 74	Boys 11-12 100 Free	1:11.09
Event 75	Girls 10&U 100 Fly	1:44.09
Event 76	Boys 10&U 100 Fly	1:44.09
Event 77	Girls 10&U 200 Free	3:09.99
Event 78	Boys 10&U 200 Free	3:09.99

#### SESSION 6: SUNDAY MID ALL 500 FREESTYLES

Event 79	Girls 10&U 500 Free	7:39.49
Event 79	Girls 11-12 500 Free	6:40.99
Event 80	Boys 10&U 500 Free	7:39.49
Event 80	Boys 11-12 500 Free	6:40.99
Event 81	Girls 13-14 500 Free	6:04.99
Event 81	Girls 15-19 500 Free	5:52.19
Event 82	Boys 13-14 500 Free	6:03.19
Event 82	Boys 15-19 500 Free	5:31.69

#### SESSION 7: SUNDAY PM ALL 13/19'S

Event 83	Girls 13-14 200 Medley Relay	
Event 84	Boys 13-14 200 Medley Relay	
Event 85	Girls 15-19 200 Medley Relay	
Event 86	Boys 15-19 200 Medley Relay	
Event 87	Girls 13-14 200 IM	2:36.89
Event 88	Boys 13-14 200 IM	2:34.49
Event 89	Girls 15-19 200 IM	2:30.29
Event 90	Boys 15-19 200 IM	2:20.29
Event 91	Girls 13-14 100 Back	1:13.59



Event 40	Boys 13-14 100 Breast	1:20.39	Event 92	Boys 13-14 100 Back	1:11.59
Event 41	Girls 15-19 100 Breast	1:19.39	Event 93	Girls 15-19 100 Back	1:10.19
Event 42	Boys 15-19 100 Breast	1:14.99	Event 94	Boys 15-19 100 Back	1:05.19
Event 43	Girls 13-14 200 Back	2:39.39	Event 95	Girls 13-14 200 Breast	2:59.89
Event 44	Boys 13-14 200 Back	2:35.69	Event 96	Boys 13-14 200 Breast	2:55.89
Event 45	Girls 15-19 200 Back	2:30.99	Event 97	Girls 15-19 200 Breast	2:52.69
Event 46	Boys 15-19 200 Back	2:23.69	Event 98	Boys 15-19 200 Breast	2:42.59
Event 47	Girls 13-14 100 Fly	1:13.79	Event 99	Girls 13-14 100 Free	1:02.89
Event 48	Boys 13-14 100 Fly	1:10.99	Event 100	Boys 13-14 100 Free	1:01.49
Event 49	Girls 15-19 100 Fly	1:09.89	Event 101	Girls 15-19 100 Free	1:01.09
Event 50	Boys 15-19 100 Fly	1:05.59	Event 102	Boys 15-19 100 Free	55.39
Event 51	Girls 13-14 200 Free	2:16.79	Event 103	Girls 13-14 200 Fly	2:43.99
Event 52	Boys 13-14 200 Free	2:14.89	Event 104	Boys 13-14 200 Fly	2:40.59
Event 53	Girls 15-19 200 Free	2:11.49	Event 105	Girls 15-19 200 Fly	2:38.79
Event 54	Boys 15-19 200 Free	2:01.79	Event 106	Boys 15-19 200 Fly	2:25.59

#### SESSION 4: SATURDAY 13/19 400 IM's

Event 55	Girls 13-14 400 IM	5:39.69
Event 55	Girls 15-19 400 IM	5:28.99
Event 56	Boys 13-14 400 IM	5:34.29
Event 56	Boys 15-19 400 IM	5:13.19