



2025 Cougar Caitlin Lehmann Memorial Meet Saturday-Sunday November 22nd-23rd

Meet Schedule

Session	Age Group	Warm-Up	Check-In	Start
Saturday	Doors Open		8:45am	
1	13 & Over	9:00am	9:30am	10:05am
2	Distance	TBA	12:30pm	1:00pm
3	12 & Under	1:25pm	1:45pm	2:20pm
Sunday	Doors Open		8:45am	
4	13 & Over	9:00am	9:30am	10:05am
5	Distance	XXX	XXX	XXX
6	12 & Under	12:25pm	12:45pm	1:20pm



2025 Cougar Caitlin Lehmann Memorial Meet Saturday-Sunday November 22nd-23rd

Warm-up Schedule

Saturday 13 & Over

	L1	L2	L3	L4	L5	L6	L7	L8
9:00am	CAT	CAT	CAT	CAT	CAT	CAT	CAT	CAT
9:30am	APEX	APEX	EAG	WAVE	BGH	NJSD/UN	CAT	CAT/DESC

Saturday Distance

	L1	L2	L3	L4	L5	L6	L7	L8
TBA	<i>All swimmers at conclusion of the am session</i>							

Saturday 12 & Under

	L1	L2	L3	L4	L5	L6	L7	L8
1:25pm	CAT	CAT	CAT	CAT	CAT	CAT	APEX	APEX
1:50pm	SCAR	SCAR	EAG	EAG	BGH	WAVE	NJSD	NJSD/NJAC

Sunday 13 & Over

	L1	L2	L3	L4	L5	L6	L7	L8
9:00am	CAT	CAT	CAT	CAT	CAT	CAT	CAT	CAT
9:30am	APEX	APEX	APEX	EAG	EAG/UN	WAVE	NJSD	CAT/DESC

Sunday Distance

	L1	L2	L3	L4	L5	L6	L7	L8
TBA	<i>All swimmers at conclusion of the am session</i>							

Sunday 12 & Under

	L1	L2	L3	L4	L5	L6	L7	L8
12:25pm	CAT	CAT	CAT	CAT	CAT	CAT	EAG	EAG
12:50pm	SCAR	SCAR	SCAR	NJAC	NJSD	WAVE	APEX	APEX



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Timing Assignments

Saturday 13 & Over

L1	L2	L3	L4	L5	L6	L7	L8
NJSD	EAG	APEX	CAT	CAT	WAVE	BGH	CAT
APEX	EAG	APEX	CAT	CAT	WAVE	CAT	CAT
<i>Alternates: EAG, WAVE</i>							

Saturday Distance

L1	L2	L3	L4	L5	L6	L7	L8
<i>Swimmers provide their own timers and counters</i>							

Saturday 12 & Under

L1	L2	L3	L4	L5	L6	L7	L8
NJAC	EAG	APEX	CAT	SCAR	NJSD	WAVE	BGH
NJAC	EAG	APEX	CAT	SCAR	NJSD	WAVE	BGH
<i>Alternates: CAT, SCAR</i>							

Sunday 13 & Over

L1	L2	L3	L4	L5	L6	L7	L8
CAT	NJSD	APEX	CAT	CAT	EAG	WAVE	CAT
CAT	APEX	APEX	CAT	CAT	EAG	CAT	CAT
<i>Alternates: EAG, WAVE</i>							

Sunday Distance

L1	L2	L3	L4	L5	L6	L7	L8
<i>Swimmers provide their own timers and counters</i>							

Sunday 12 & Under

L1	L2	L3	L4	L5	L6	L7	L8
CAT	NJSD	EAG	CAT	SCAR	APEX	WAVE	CAT
CAT	NJSD	EAG	CAT	SCAR	APEX	NJAC	CAT
<i>Alternates: SCAR, NJSD</i>							

