

2025 CUNYAC Championship - 01-31-2025 to 02-02-2025

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Session Report

Session: 1 Friday

Day of Meet: 1 Starts at 04:30 PM Heat Interval: 40 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Women 200 Freestyle Relay	9	2 u	04:30 PM	_____
Finals	2 Men 200 Freestyle Relay	5	1 u	04:38 PM	_____
	Break: 10 Minutes: OPTIONAL				
Finals	3 Women 500 Freestyle	13	2 u	04:50 PM	_____
Finals	4 Men 500 Freestyle	11	2 u	05:07 PM	_____
Finals	5 Women 200 IM	9	2 u	05:30 PM	_____
Finals	6 Men 200 IM	7	1 u	05:38 PM	_____
Finals	7 Women 50 Freestyle	24	3 u	05:42 PM	_____
Finals	8 Men 50 Freestyle	19	3 u	05:46 PM	_____
	Break: 20 Minutes:				
Finals	9 Women 400 Medley Relay	7	1 u	06:10 PM	_____
Finals	10 Men 400 Medley Relay	5	1 u	06:17 PM	_____
	Swimmers Counts for Warm-ups: 88	=====	=====		
	Entry / Heat Totals:	109	18		
	Finish Time			06:23 PM	_____

Session: 4 Diving

Day of Meet: 1 Starts at 07:15 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	37 Men 1 mtr Diving	2	0	07:15 PM	_____
Finals	12 Women 1 mtr Diving	2	0	07:22 PM	_____
	Swimmers Counts for Warm-ups: 4	=====	=====		
	Entry / Heat Totals:	4	0		
	Finish Time			07:28 PM	_____



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Session: 2 Saturday

Day of Meet: 3 Starts at 10:00 AM Heat Interval: 40 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	13 Women 200 Medley Relay	8	1 u	10:00 AM	_____
Finals	14 Men 200 Medley Relay	5	1 u	10:04 AM	_____
	Break: 10 Minutes: Optional				
Finals	15 Women 400 IM	7	1 u	10:17 AM	_____
Finals	16 Men 400 IM	6	1 u	10:24 AM	_____
Finals	17 Women 100 Butterfly	8	1 u	10:31 AM	_____
Finals	18 Men 100 Butterfly	11	2 u	10:34 AM	_____
Finals	19 Women 200 Freestyle	21	3 u	10:38 AM	_____
Finals	20 Men 200 Freestyle	13	2 u	10:50 AM	_____
Finals	21 Women 100 Breaststroke	10	2 u	10:58 AM	_____
Finals	22 Men 100 Breaststroke	13	2 u	11:03 AM	_____
Finals	23 Women 100 Backstroke	17	3 u	11:08 AM	_____
Finals	24 Men 100 Backstroke	10	2 u	11:16 AM	_____
	Break: 20 Minutes:				
Finals	25 Women 800 Freestyle Relay	5	1 u	11:41 AM	_____
Finals	26 Men 800 Freestyle Relay	3	1 u	11:54 AM	_____
	Swimmers Counts for Warm-ups: 93	=====	=====		
	Entry / Heat Totals:	137	23		
	Finish Time			12:03 PM	_____

Session: 3 Sunday

Day of Meet: 3 Starts at 10:00 AM Heat Interval: 40 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	27 Women 1650 Freestyle	9	2 u	10:00 AM	_____
Finals	28 Men 1650 Freestyle	6	1 u	10:33 AM	_____
	Break: 40 Minutes: Adjustment for 1650s				
Finals	29 Women 200 Backstroke	9	2 u	11:28 AM	_____
Finals	30 Men 200 Backstroke	8	1 u	11:38 AM	_____
Finals	31 Women 100 Freestyle	23	3 u	11:42 AM	_____
Finals	32 Men 100 Freestyle	16	2 u	11:49 AM	_____
Finals	33 Women 200 Breaststroke	7	1 u	11:54 AM	_____
Finals	34 Men 200 Breaststroke	11	2 u	11:58 AM	_____
Finals	35 Women 200 Butterfly	6	1 u	12:06 PM	_____
Finals	36 Men 200 Butterfly	6	1 u	12:11 PM	_____
	Break: 20 Minutes:				
Finals	39 Women 400 Freestyle Relay	8	1 u	12:34 PM	_____
Finals	40 Men 400 Freestyle Relay	4	1 u	12:40 PM	_____
	Swimmers Counts for Warm-ups: 96	=====	=====		
	Entry / Heat Totals:	113	18		
	Finish Time			12:45 PM	_____

