

2025 EEX RU Scared Yet Sunday October 19th

Meet Schedule

Session	Age Group	Warm-Up	Check-In	Start
	<i>Doors Open:</i>		1:00pm	
1	All Ages'	1:15pm	1:25pm	2:00pm



Warm-up Schedule

Session 1 – All Events

	Main 1	Main 2	Main 3	Main 4	Main 5	Main 6	Main 7	Main 8
1:15pm	NJRC	NJRC	NJRC	NJRC	SCAR	SCAR	SCAR	SCAR

	Dive 1	Dive 2	Dive 3	Dive 4	Dive 5	Dive 6	Dive 7	Dive 8
1:15pm	LT	EEX						

	Dive C	Dive B	Dive A
1:15pm	LT	JAC	JAC/Others

Dive C is next to Lane 1, Dive A is next to the wall

Timing Assignments

L1	L2	L3	L4	L5	L6	L7	L8
JAC	EEX	LT	NJRC	SCAR	LT	EEX	LT
JAC	EEX	LT	NJRC	SCAR	LT	EEX	NJRC
<i>Alternates:</i> SCAR, JAC							

