

# 2019 EEX FALL SHOOTOUT AT TCNJ

**SATURDAY, NOVEMBER 9 & SUNDAY, NOVEMBER 10, 2019**

**Hosted by EASTERN EXPRESS**

*Fly over starts will be used during prelims and timed final sessions*

## MEET SCHEDULE

DAY	SESSION	AGE GROUP	WARM-UP	CHECK-IN	START
SATURDAY	1	PRELIMS	9:20AM	9:50AM	10:30AM
SATURDAY	2	DISTANCE	<i>FOLLOWING PRELIMS W/15 MIN. WARMUP</i>		
SATURDAY	3	SEMI FINALS	5:40PM	RELAYS	6:30PM
SUNDAY	4	TIMED FINALS	8:00AM	8:30AM	9:10AM
SUNDAY	5	FINALS	4:40PM	RELAYS	5:30PM

## WARM-UP SCHEDULE

SATURDAY				SUNDAY		
PRELIMS		DISTANCE	SEMIS	TIMED FINALS		FINALS
9:20AM	9:50AM	MAIN POOL	5:40PM	8:00AM	8:30AM	4:40PM
L1	XCEL	NJRC + DW	ALL  SWIMMERS	SRAY	XCEL	ALL  SWIMMERS
L2	XCEL	NJRC + DW		SRAY	XCEL	
L3	XCEL	SRAY		SRAY/HQH	XCEL	
L4	XCEL	SRAY		SVY	XCEL	
L5	SCAR	SVY		SVY	SCAR	
L6	SCAR	SVY		EEX	SCAR	
L7	SCAR	EEX		EEX	SCAR	
L8	SCAR	EEX		EEX	SCAR	

**THE DIVING WELL (DW) WILL ALSO BE AVAILABLE**

## TIMING ASSIGNMENTS: TWO TIMERS/PER LANE/PER TEAM

	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	ALTS:
SAT/PRELIMS	XCEL	XCEL	SCAR	SCAR	NJRC	NJRC	SRAY	SVY	ALL
SAT/DISTANCE	<i>SWIMMERS PROVIDE OWN TIMERS AND COUNTERS</i>								
SAT/SEMIS	XCEL	XCEL	SCAR	SCAR	SCAR	SRAY	SVY	WW	TEAMS
SUN/T-FINALS	XCEL	XCEL	XCEL	XCEL	SCAR	SCAR	SRAY	SVY	PROVIDE
SUN/FINALS	XCEL	XCEL	XCEL	SCAR	SCAR	SRAY	SVY	WW	ALTS

[www.besmartinc.com](http://www.besmartinc.com) for heat sheets, meet results and more

**NOTES:**

*THE DIVING WELL WILL BE OPEN FOR THE ENTIRE WARM-UP AND DURING ALL SESSIONS OF THE MEET.  
THE 1650 AND 1000 FREESTYLE EVENTS WILL BE SWUM COMBINED AFTER A BRIEF WARM-UP IN THE MAIN POOL*

