

2026 Jeff Lowe Summer Fun

Hosted by Hamilton YMCA Aquatic Club
at the DeNunzio Natatorium, Princeton University
YMCA meet held under the approval of USA Swimming

NJ Swimming:	NJ Swimming Approval Document		
Date of Meet:	Monday July 13th, 2026		
Location:	DeNunzio Natatorium, Princeton University <i>(link to facility location & directions, pool certification, and medical information)</i>		
Eligibility:	This meet is limited to athletes who are YMCA members in good standing who hold annual full-privilege membership at the YMCA he or she represents.		
Host Team Contact:	Sue Welsh		swelshhacy@gmail.com
Meet Director:	Ellen Mace	609-558-0988	besmarttinc@gmail.com
Meet Referee:	Dave Somers		dave1temp@crookedspruce.net
Admin Officials:	Be Smartt Inc		besmarttinc@gmail.com
Safety Marshalls:	Sandra Franc Webster Bozzo		francswiss@comcast.net bozzow@rider.edu
Entry Coordinator:	Be Smartt Inc	609-558-0988	besmarttinc@gmail.com
Entries Open:	Immediately		
Entry Deadline:	Wednesday, July 8th, 2026 at 6pm. Deck entries will be accepted.		
Swimmer Age	Swimmer ages for this meet are as of: July 13th, 2026		
Entry Fees:	Individual Entry: \$12 Distance Event Entry: \$15 Individual Deck Entry: \$20 Relay Entry: \$20 There will be a \$20 per swimmer surcharge. Deck entries will be accepted.		
Meet Course:	Long Course Meters (LCM). Converted times are permitted.		
Meet Format:	<ul style="list-style-type: none">• This meet will be run as timed final meet.• There will be Open events• This meet will be deck seeded with coaches checking in/scratching all swimmers and relays. When the session has been seeded, swimmers will be responsible for reporting to the blocks on their own.		
Entry Limits:	Daily: 6 Individual Events 2 Relay Events	Meet: 6 Individual Events 2 Relay Events	
Checks Payable To:	Hamilton Aquatic Club		
Email Entry Files To:	besmarttinc@gmail.com		
Checks/Waivers:	Bring to the meet.		



Tentative Meet Schedule

***This schedule is tentative pending receipt of entries.
Depending on the entries, sessions may be combined or split.
The complete schedule with session warm-up, and start times will be established when
all entries have been received and a timeline developed.
The schedule will be published on the meet section of the NJS website, the meet website, and e-
mailed to the coaches of participating teams.***

Monday

Session 1	Afternoon	All Events
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Scoring:	<ul style="list-style-type: none"> Team scoring will not be kept.
Awards:	<ul style="list-style-type: none"> None.
Starts:	<ul style="list-style-type: none"> 'Fly-over/Over-the-top' starts will be used during this meet.
Programs:	<ul style="list-style-type: none"> Heat sheets will be online at www.besmarttinc.com (free) and Meet Mobile (subscription required)
Admission:	<ul style="list-style-type: none"> Spectators will be allowed into the natatorium subject to capacity constraints.
Concessions:	<ul style="list-style-type: none"> None.
Vendor:	<ul style="list-style-type: none"> None.
Entry Times:	<ul style="list-style-type: none"> New Jersey Swimming does not allow 'NT' or 'No Time' to be used as an entry time. All entry times must be in long course meters. Converted times are permitted.
Distance Events (Heat Limited)	<ul style="list-style-type: none"> The 800- and 1500-meter freestyle events will run slowest to fastest. Swimmers must provide their own timers and counters. Depending on entries, these events may be heat limited. Priority will be given to swimmers withing half a second per 50m of the qualifying time for their Zone, Sectional, or National meet.
Internet Website Posting:	<ul style="list-style-type: none"> Internet location for all meet information: http://www.besmarttinc.com

Time Trials

- This meet is approved for time trials for the purpose of qualifying for the 2026 YMCA Long Course National Meet, USA Swimming Zone, or Sectional meets.
- A swimmer must be entered in an individual event in the meet in order to be eligible to swim a time trial event.
- A time trial event will count towards the maximum 6 events allowed.
- The fee for time trial events is \$20. Swimmers/coaches should sign up at the scoring table.



Event List

Event #	Event
Session: 1 All Events	
1	Women 200 Medley Relay
2	Men 200 Medley Relay
3	Mixed 200 Butterfly
5	Mixed 100 Backstroke
7	Mixed 100 Breaststroke
9	Mixed 400 IM
11	Mixed 50 Freestyle
13	Mixed 200 Freestyle
15	Mixed 50 Butterfly
17	Mixed 200 Breaststroke
19	Mixed 50 Backstroke
21	Mixed 100 Freestyle
23	Mixed 100 Butterfly
25	Mixed 50 Breaststroke
27	Mixed 200 Backstroke
29	Women 200 Freestyle Relay
30	Men 200 Freestyle Relay
31	Mixed 400 Freestyle
33	Mixed 200 IM
35	Mixed 800 Freestyle
37	Mixed 1500 Freestyle

