



2025 LIFE LT You Name It! Saturday-Sunday November 22nd-23rd

Meet Schedule

Session	Age Group	Warm-Up	Check-In	Start
Saturday	Doors Open:		1:00pm	
1	13 & Over	1:15pm	1:35pm	2:10pm
2	13 & Over	5:35pm	5:40pm	6:15pm
Sunday	Doors Open:		1:00pm	
3	13 & Over	1:15pm	1:35pm	2:10pm
4	12 & Under	5:05pm	5:10pm	5:45pm

Warm-up Schedule

Session 1 – Saturday 13 & Over

	M1	M2	M3	M4	M5	M6	M7	M8
1:15pm	LIFE	LIFE	LIFE	LIFE	LIFE	LIFE	LIFE	LIFE
1:40pm	XCEL	XCEL	XCEL	XCEL	XCEL	WW	WW	WW

	D1	D2	D3	D4	D5	D6	D7	D8
1:15pm	LIFE	LIFE	LIFE	LIFE	LIFE	LIFE	LIFE	LIFE
1:40pm	MAR	JFAC	JFAC	RSA	RSA	RSA	RSA	RSA



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Session 2 – Saturday 12 & Under

	M1	M2	M3	M4	M5	M6	M7	M8
5:35pm	LIFE	LIFE	LIFE	LIFE	LIFE	LIFE	LIFE	LIFE

	D1	D2	D3	D4	D5	D6	D7	D8
5:35pm	WW	WW	XCEL	XCEL	JFAC	MAR/LIFE	LIFE	LIFE

Session 3 – Sunday 13 & Over

	M1	M2	M3	M4	M5	M6	M7	M8
1:15pm	LIFE	LIFE	LIFE	LIFE	LIFE	LIFE	LIFE	LIFE
1:40pm	RSA	RSA	RSA	RSA	RSA	JFAC	JFAC	MAR

	D1	D2	D3	D4	D5	D6	D7	D8
1:15pm	LIFE	LIFE	LIFE	LIFE	LIFE	LIFE	LIFE	LIFE
1:40pm	WW	WW	WW	XCEL	XCEL	XCEL	XCEL	XCEL

Session 4 – Sunday 12 & Under

	M1	M2	M3	M4	M5	M6	M7	M8
5:05pm	LIFE	LIFE	LIFE	LIFE	LIFE	LIFE	LIFE	LIFE

	D1	D2	D3	D4	D5	D6	D7	D8
5:05pm	LIFE	LIFE	MAR/LIFE	JFAC	WW	WW	XCEL	XCEL



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Timing Assignments

Session 1 – Saturday 13 & Over

L1	L2	L3	L4	L5	L6	L7	L8
MAR	JFAC	XCEL	LIFE	LIFE	RSA	WW	XCEL
LIFE	JFAC	XCEL	LIFE	LIFE	RSA	WW	RSA
Backups: LIFE, WW, XCEL							

Session 2 – Saturday 12 & Under

L1	L2	L3	L4	L5	L6	L7	L8
LIFE	JFAC	WW	LIFE	LIFE	XCEL	LIFE	WW
LIFE	JFAC	WW	LIFE	LIFE	XCEL	LIFE	XCEL
Backups: WW, XCEL, JFAC							

Session 3 – Sunday 13 & Over

L1	L2	L3	L4	L5	L6	L7	L8
MAR	JFAC	XCEL	LIFE	LIFE	RSA	WW	XCEL
LIFE	JFAC	XCEL	LIFE	LIFE	RSA	WW	RSA
Backups: LIFE, WW, XCEL							

Session 4 – Sunday 12 & Under

L1	L2	L3	L4	L5	L6	L7	L8
LIFE	JFAC	WW	LIFE	LIFE	XCEL	LIFE	WW
LIFE	JFAC	WW	LIFE	LIFE	XCEL	LIFE	XCEL
Backups: WW, XCEL, JFAC							

