

2026 MAY Bring The Heat Sunday May 31st

Meet Schedule

Session	Age Group	Warm-Up	Check-In	Start
	<i>Doors Open</i>		10:15am	
1	Main Session – All Ages	10:35am	10:35am	11:10am
2	Open 50s	1:55pm	2:00pm	2:35pm

Warm-up Schedule

Session 1 All ages/Main session

	L1	L2	L3	L4	L5	L6	L7	L8
10:30am	RY	RY	RY	MAY	MAY	MAY/DREX	NYS/PENN	TWST/BAC

Session 2 – Open 50s

	L1	L2	L3	L4	L5	L6	L7	L8
1:55pm	RY	RY	RY	MAY	MAY	TWST	TAC	<i>Others</i>



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Timing Assignments

Session 1 – ALL AGES/Main session

L1	L2	L3	L4	L5	L6	L7	L8
MAY	PENN	RY	RY	MAY	NYS	TWST	MAY
MAY	PENN	RY	RY	MAY	NYS	TWST	MAY

Alternates: MAY, NYS, TWST

Teams are also expected to provide two marshals for their 12 & Under swimmers.

Session 2 – Open 50s

L1	L2	L3	L4	L5	L6	L7	L8
XXX	PENN	NYS	RY	RY	MAY	TWST	XXX
XXX	TAC	MAY	RY	RY	MAY	MAY	XXX

Alternates: MAY, TWST, TAC

Teams are also expected to provide two marshals for their 12 & Under swimmers.

