



Timing at the 2026 PTAC Kickoff

Swimmers will provide their own timers for all Mid Day Distance events

Flyover Starts will be used throughout competition

Backup timers will work at each session (these are not alternate timing positions)

Teams will provide one timer in each of the positions listed

Timers must be prepared to stay for the entire session

Sunday		
Sun AM - All Ages Meeting 8:55 AM		
Lane	Meet Start 9:20 AM	Lane
1	HACY / HACY	1
2	HACY / PAA	2
3	GSCY / GSCY	3
4	GSCY / PTAC	4
5	PTAC / PTAC	5
6	PTAC / PTAC	6
7	PTAC / PTAC	7
8	PTAC / PTAC	8
Backup	PTAC / PTAC	Backup

Warmup at the 2026 PTAC Kickoff

There will be a short 3 minute break after the relays at the start of each session.

There will be 10 minute Open Warmdown and Warmup periods during the Sunday AM Session

These will happen after event #s 12 (13 and Over 200 Breaststroke) and #23 (13 and Over 100 Breaststroke)

There will be open warmup and warmdown between sessions if there is time available. Open warmup and warmdown between sessions will be cleared 5 minutes before the next scheduled warmup.

Pool will remain open for 10 min at the end of the Sun MID Session for warmdown if time allows

Sunday					
Sunday AM - All Ages 1st Warmup 8:00 AM Check in 8:40 AM Meet Start 9:20 AM				Sunday MID All Distance Check in 1:30 PM Meet Start 2:00 PM	
Lane	8:00 - 8:25 AM	8:25 - 8:50 AM	8:50 - 9:15 AM	1:30 - 1:55 PM	Lane
1	PTAC	PAA	GSCY	<i>Open Warmup in all lanes</i>	1
2	PTAC	PTAC	GSCY		2
3	PTAC	PTAC	GSCY		3
4	PTAC	PTAC	GSCY		4
5	PTAC	PTAC	HACY		5
6	PTAC	PTAC	HACY		6
7	PTAC	PTAC	HACY		7
8	PTAC	PTAC	HACY		8