



Princeton Swimming & Diving

2024 Princeton "BIG AL" Invitational

December 6-8, 2024

- Facility: DeNunzio Pool
Faculty Road, Princeton, NJ
- Participating Teams: Princeton, Columbia, George Washington, Pennsylvania
- Daily Schedule*:
- | | |
|-----------|---|
| Fri & Sat | Swimming Prelims 10:00 AM, Finals 6:00 PM
Diving Prelims 12:00 PM, Finals 6:00 PM concurrent w/ swimming |
| Sunday | Swimming Prelims 10:00 AM, Finals 5:00 PM
Diving Prelims 12:00 PM, Finals 5:00 PM concurrent w/ swimming |
- Pool available for swimming at 7:00 AM Friday through Sunday. Pool available for diving at 7:00-8:30 AM and 10:00-12:00 Friday through Sunday.
If you have pool requests for Thursday, contact Matt Crispino (crispino@princeton.edu).
- Finals (Swimming): Top 24 competitors will advance to finals
- Scoring: A FINAL – 20, 17, 16, 15, 14, 13, 12, 11; B FINAL – 9, 7, 6, 5, 4, 3, 2, 1; C FINAL – no scoring
- Relays: Teams may enter 2 scoring relays and unlimited exhibition relays. "A" and "B" relays will be swum in the fastest heat. All others will be seeded by time. Relay names must be submitted to the table 15 minutes prior to the event. All relays are swum as timed finals in the evening sessions. There will be a break (length to be determined at coaches meeting) before the final relay of each finals session.
- Event Limits: Individuals may enter an unlimited number of events but are limited to competing in six individual events and five relays.
- Entry Deadlines: Entry files (which should include divers entered in the proper diving events) should be submitted to Ellen Mace by **Tuesday, December 3 at 12:00pm EST** via email: besmartinc@gmail.com
- Scratch deadlines: Scratches for finals sessions should be submitted within 30 minutes following the completion of prelims. Prelim scratches should be submitted by 8pm Thursday for Friday events. For Saturday and Sunday prelims, submit scratches following the preceding finals session.
- Seeding: Enter athletes and relays with 2024-25 season best times. If an athlete has not swum that event yet this season, use a "best guess." Enter 1650 free with 1000 free times. Top eight 1650 entries will swim with finals Sunday night.
- Parking: Team buses and vans can pick up and drop off at the turnaround located in front of DeNunzio Pool on Stadium Drive. Spectators can park in the Stadium Drive Garage. Athletics parking information is available [here](#).
- Time Trials: Time trials will be available following all prelim sessions.



- Diving Meet:** All diving entries should be included on your Hy-Tek entry file AND should be completed through www.divemeets.com. Head Diving Coach Ted Everett will communicate additional diving details directly to diving coaches, including warm up flights. Note: diving warm up will not be available between 8:30 and 10:00 AM Friday-Sunday.
- Coaches Meetings:** A head coaches meeting to review logistics will be held on Friday at 9:00 AM in the DeNunzio Conference Room. A diving coaches meeting will be held on the pool deck at 9:30 AM. Please ensure a representative of each program is present at these meetings.
- Swim Meet Director:** Ellen Mace besmarttinc@gmail.com
- Athletic Medicine:** All participants will have access to Princeton Athletic Medicine staff throughout the meet. If you have specific needs related to the training room, please contact Mike Tremblay (mjt8@princeton.edu) or Matt DenBlaker (md4386@princeton.edu)
- Big Al Award:** The Big Al Trophy is awarded each year in memory of Bruce Alan “Big Al” Ebersole ’07 to a sportswoman and sportsman who demonstrate superior dedication to the sport of swimming & diving through inspiration to their teammates. We would like to ask each program to nominate someone for the award. Please submit one nominee via the form at the end of this document by the start of Saturday prelims. We will hold a coaches meeting on Saturday before finals to select this year’s recipients.

Swimming Events:

FRIDAY, DECEMBER 6
200 Free Relay
500 Freestyle
200 IM
50 Freestyle
400 Medley Relay
SATURDAY, DECEMBER 8
200 Medley Relay
100 Butterfly
400 IM
200 Freestyle
100 Breaststroke
100 Backstroke
800 Freestyle Relay
SUNDAY, DECEMBER 8
1650 Freestyle
200 Backstroke
100 Freestyle
200 Breaststroke
200 Butterfly
400 Freestyle Relay



BIG AL TROPHY

The Big Al Trophy is awarded each year at our meet, which is held in memory of Bruce Alan “Big Al” Ebersole '07 (1984-2004) to a sportswoman and sportsman who has risen above challenges both in and out of the pool, and who demonstrates superior dedication to the sport of swimming & diving through inspiration to their teammates



Nominee Name _____

University _____

Year _____

M/F _____

Why is this nominee a good candidate for the Big Al Trophy?
