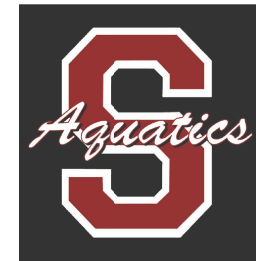


2026 Scarlet April LC Invitational Sunday April 26th

Meet Schedule

Session	Age Group	Warm-Up	Check-In	Start
	Doors Open		7:45am	
1	13 & Over 400 Freestyle	8:00am	8:00am	8:35am
2	13 & Over	9:35am	9:40am	10:20am
3	Distance	**	1:30pm	2:00pm
4	12 & Under	2:45pm	2:55pm	3:30pm



**** Start Warm-Up in the patio pool. Main pool will open immediately after last heat of 13 & Over Session
Session will not start before the time shown**

Scarlet Aquatics will provide all timers for the main sessions. Swimmers in the 400 free & distance sessions must provide their own timers, and counters if desired.

The 400 & 800 Freestyle will swim Fast to Slow, alternating genders



2026 Scarlet April LC Invitational Sunday April 26th

Warm-up Schedule

13 & Over 400 Freestyle

	L1	L2	L3	L4	L5	L6	L7	L8
8:00am	<i>All Swimmers</i>							

13 & Over

	L1	L2	L3	L4	L5	L6	L7	L8
9:35am	SCAR	SCAR	SCAR	SCAR	SCAR/ <i>Others</i>	SCAR	SCAR	SCAR

Distance

	L1	L2	L3	L4	L5	L6	L7	L8
**	<i>Open Warm-Up</i>							

12 & Under

	L1	L2	L3	L4	L5	L6	L7	L8
2:45pm	SCAR	SCAR	SCAR	SCAR	SCAR/ RSA	SCAR	SCAR	SCAR

