2025 Scarlet Heat Madness Saturday May 31st

Meet Schedule

Session	Age Group	Warm-Up	Check-In	Start
	Doors Open		7:45am	
1	13 & Over 400 Freestyle	8:00am	8:00am	8:35am
2	13 & Over	9:25am	9:55am	10:30am
3	12 & Under	2:20pm	2:40pm	3:15pm



Warm-up Schedule

Session 1 Saturday 13 & Over 400 Freestyle

		L1	L2	L3	L4	L5	L6	L7	L8
I	8:00am	One Open Warm-Up							

Session 2 – Saturday 13 & Over

	L1	L2	L3	L4	L5	L6	L7	L8
9:25am	SCAR	SCAR	SCAR	SCAR	SCAR	SCAR	JFAC	CJAC
9:55am	SCAR	BHA/RSA						

Session 3 - Saturday 12 & Under

	L1	L2	L3	L4	L5	L6	L7	L8
2:20pm	SCAR							
2:45pm	SCAR	SCAR	SCAR	SCAR	SCAR	SCAR	CJAC	JFAC

Scarlet will provide all timers, except for the 400 Freestyle

