

2026 NJS/Scarlet Gold Championships March 19th-22nd

Meet Schedule

Session	Age Group	Warm-Up	Check-In	Start
Thursday		Doors Open 4:15pm		
1A	13 & Over 1650 Freestyle	4:30pm	4:25pm	5:00pm
1B	11-12 1650 Freestyle	‡	6:45pm	7:30pm**
Friday		Doors Open 7:00am		
2	Friday Prelims	7:15am	8:00am	8:35am
3	Friday 11-12	2:00pm	2:10pm	2:45pm
4	Friday Finals	5:00pm	5:00pm†	5:45pm
Saturday		Doors Open 7:00am		
5	Saturday Prelims	7:15am	7:45am	8:20am
6	Saturday Distance	‡	10:40am	11:15am**
7	Saturday 11-12	1:00pm	1:10pm	1:45pm
8	Saturday Finals	5:00pm	5:00pm†	5:45pm
Sunday		Doors Open 7:00am		
9	Sunday Prelims	7:15am	7:45am	8:20am
10	Sunday Distance	‡	10:45pm	11:30am**
11	Sunday 11-12	1:30pm	1:40pm	2:15pm
12	Sunday Finals	4:15pm	5:00pm†	5:00pm

‡ Warm-up in the Dive Pool

** Session will not start before this time

† Relay Check-In



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Warm-up Schedule

Thursday 1650 Freestyle

	Main 1	Main 2	Main 3	Main 4	Main 5	Main 6	Main 7	Main 8
4:30pm	<i>Open Warm-up</i>							

	Dive 1	Dive 2	Dive 3	Dive 4	Dive 5	Dive 6	Dive 7	Dive 8
4:30pm	<i>Closed for Diving</i>			<i>Open Warm-up</i>				

Friday Prelims

	Main 1	Main 2	Main 3	Main 4	Main 5	Main 6	Main 7	Main 8
7:15am	SCAR	BB						
7:40am	SCAR	JG						
8:05am	LIFE	LIFE	LIFE	LIFE	CAT	CAT	CAT	CJAC/ACE

Dive A is next to Diving Boards.
Dive C is next to Lane 1

	Dive A	Dive B	Dive C	Dive 1	Dive 2	Dive 3	Dive 4	Dive 5	Dive 6	Dive 7	Dive 8
7:15am	PPST	OCY	EAG/HCY	JSY/MEY	JSY	JSY	JSY	JAC	JAC	JAC	JAC
7:40am	<i>Others</i>			JFAC/NJB	WW/MDY	WW	PTAC/STAR	PTAC	XCEL/HACY	XCEL	NJRC
8:05am	<i>Closed for Rutgers Varsity</i>			RSA/WAVE	RSA	STAC	STAC/EEX	PAA	PAA/STAR	CBGC	MB

Friday 11-12

	Main 1	Main 2	Main 3	Main 4	Main 5	Main 6	Main 7	Main 8
2:00pm	SCAR	SCAR	SCAR	SCAR	JSY	JSY/XCEL	JAC	JAC/OCY

	Dive A	Dive B	Dive C	Dive 1	Dive 2	Dive 3	Dive 4	Dive 5	Dive 6	Dive 7	Dive 8
2:00pm	<i>Closed for Rutgers Varsity</i>			<i>Others</i>		PAA/RSA	BB/WW	NJRC/JFAC	FSPY/CBGC	CAT/MB	PTAC/CJAC



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Warm-up Schedule

Saturday Prelims

	Main 1	Main 2	Main 3	Main 4	Main 5	Main 6	Main 7	Main 8
7:15am	SCAR							
7:45am	SCAR	SCAR	SCAR	JAC	JAC	JAC	WW	WW/JFAC

Dive A is next to Diving Boards.
Dive C is next to Lane 1

	Dive A	Dive B	Dive C	Dive 1	Dive 2	Dive 3	Dive 4	Dive 5	Dive 6	Dive 7	Dive 8
7:15am	CBGC	PAA	NJRC/EAG	CAT/EAG	CAT	LIFE/EEX	LIFE	LIFE	JSY	JSY	JSY
7:45am	<i>Others</i>	ACE/CJAC	MB/STAR	XCEL/BB	XCEL	STAC/HACY	STAC	RSA/HCY	RSA	PTAC/JG	PTAC

Saturday 11-12

	Main 1	Main 2	Main 3	Main 4	Main 5	Main 6	Main 7	Main 8
1:00pm	SCAR	SCAR	SCAR/CAT	FSPY/STAR	JSY	JSY/OCY	LIFE	LIFE

Dive A is next to Diving Boards.
Dive C is next to Lane 1

	Dive A	Dive B	Dive C	Dive 1	Dive 2	Dive 3	Dive 4	Dive 5	Dive 6	Dive 7	Dive 8
1:00pm			<i>Others</i>		XCEL/CJAC	NJRC/PAA	WW/MB	BB/CBGC	PTAC/STAR	JAC	JAC/RSA



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Warm-up Schedule

Sunday Prelims

	Main 1	Main 2	Main 3	Main 4	Main 5	Main 6	Main 7	Main 8
7:15am	SCAR	SCAR	SCAR	SCAR	SCAR	CAT	CAT	CAT
7:45am	SCAR	SCAR	SCAR	SCAR	SCAR	SCAR	STAC	STAC/JG

Dive A is next to Diving Boards.
Dive C is next to Lane 1

	Dive A	Dive B	Dive C	Dive 1	Dive 2	Dive 3	Dive 4	Dive 5	Dive 6	Dive 7	Dive 8
7:15am	JAC	JAC	JAC	CBGC/HACY	WW	PAA	XCEL	RSA	LIFE	LIFE	LIFE
7:45am	<i>Others</i>		OCY/WY	ACE/STAR	PTAC/CJAC	MB/EAG	BB/EEX	NJRC/MDY	JSYHCY	JSY	JSY

Sunday 11-12

	Main 1	Main 2	Main 3	Main 4	Main 5	Main 6	Main 7	Main 8
1:30pm	SCAR	SCAR	SCAR/XCEL	NJRC	JAC	JAC/STAR	LIFE	LIFE/RSA

Dive A is next to Diving Boards.

	Dive A	Dive B	Dive C	Dive 1	Dive 2	Dive 3	Dive 4	Dive 5	Dive 6	Dive 7	Dive 8
1:30pm			<i>Others</i>		FSPY/PAA	OCY/WW	CBGC/MB	PTAC/BB	CAT/STAC	JSY/NJSD	JSY



**2026 NJS/Scarlet 11 & Over Gold Championships
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Timing Assignments

Thursday 1650 Freestyle

All Lanes
<i>Swimmers provide their own timers & counters</i>

Friday Prelims

L1	L2	L3	L4	L5	L5	L7	L8
SCAR	SCAR	SCAR	SCAR	SCAR	SCAR	SCAR	SCAR
JG	XCEL	PAA	STAC	PTAC	JSY	JFAC	CBGC
<i>Alternates: MB, STAR, ACE</i>							

Friday 11-12

L1	L2	L3	L4	L5	L5	L7	L8
FSPY	NJRC	XCEL	LIFE	JAC	JSY	PTAC	CAT
BB	PAA	SCAR	SCAR	SCAR	SCAR	RSA	WW
<i>Alternates: SCAR, CBGC, MB</i>							

Friday Finals

L1	L2	L3	L4	L5	L5	L7	L8
SCAR	SCAR	SCAR	SCAR	SCAR	SCAR	SCAR	SCAR
BB	JAC	OCY	LIFE	CAT	WW	RSA	NJRC
<i>Alternates: SCAR, LIFE, JG</i>							

Saturday Prelims

L1	L2	L3	L4	L5	L5	L7	L8
SCAR	SCAR	SCAR	SCAR	SCAR	SCAR	SCAR	SCAR
STAC	CBGC	JG	HACY	HCY	PAA	PTAC	JSY
<i>Alternates: STAR, JFAC, NJRC</i>							

Saturday Distance

All Lanes
<i>Swimmers provide their own timers & counters</i>



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Timing Assignments

Saturday 11-12

L1	L2	L3	L4	L5	L5	L7	L8
MB	CBGC	BB	WW	CAT	XCEL	OCY	NJRC
PTAC	FSPY	SCAR	SCAR	SCAR	SCAR	JSY	JAC

Alternates: SCAR, LIFE, RSA

Saturday Finals

L1	L2	L3	L4	L5	L5	L7	L8
SCAR							
PAA	JAC	JFAC	LIFE	CAT	BB	XCEL	LIFE

Alternates: SCAR, JSY, JAC

Sunday Prelims

L1	L2	L3	L4	L5	L5	L7	L8
SCAR							
OCY	JFAC	GBGC	NJRC	PAA	JG	MB	PTAC

Alternates: STAC, RSA, WW

Sunday Distance

All Lanes

Swimmers provide their own timers & counters

Sunday 11-12

L1	L2	L3	L4	L5	L5	L7	L8
PTAC	CBGC	MBY	LIFE	JAC	JSY	NJRC	CAT
OCY	WW	SCAR	SCAR	SCAR	SCAR	BB	LIFE

Alternates: SCAR, FSPY, PAA

Sunday Finals

L1	L2	L3	L4	L5	L5	L7	L8
SCAR							
CAT	XCEL	BB	CAT	JFAC	LIFE	JSY	NJRC

Alternates: SCAR, LIFE, BB

