

# 2026 Meet of Xcellence

## Hosted by X-Cel Swimming

at the DeNunzio Natatorium, Princeton University

*Held under the sanction of USA Swimming*

NJ Swimming:	<a href="#">NJ Swimming Sanction Document</a>		
Dates of Meet:	Friday-Sunday, June 5 <sup>th</sup> -7 <sup>th</sup> , 2026		
Facility:	<a href="#">DeNunzio Natatorium, Princeton University</a> <i>(link to facility location &amp; directions, pool certification, and medical information)</i>		
Host Team Contact:	Coach Lucy	609-937-4631	<a href="mailto:headcoach@swimxcel.org">headcoach@swimxcel.org</a>
Meet Director:	Ellen W Mace	609-558-0988	<a href="mailto:besmarttinc@gmail.com">besmarttinc@gmail.com</a>
Meet Referee:	Gary Thayer		<a href="mailto:gght466@gmail.com">gght466@gmail.com</a>
Admin Officials:	Be Smartt Inc		<a href="mailto:besmarttinc@gmail.com">besmarttinc@gmail.com</a>
Safety Marshalls:	Coach Lucy Josh Rosenbluth		<a href="mailto:headcoach@swimxcel.org">headcoach@swimxcel.org</a> <a href="mailto:joshrosenbluth@gmail.com">joshrosenbluth@gmail.com</a>
Entry Coordinator:	Be Smartt Inc	609-558-0988	<a href="mailto:besmarttinc@gmail.com">besmarttinc@gmail.com</a>
Entries Open:	Friday May 8 <sup>th</sup> , 2026, at 6:00am		
Entry Deadline:	Friday May 29 <sup>th</sup> , 2026, at 6:00pm or when the meet fills		
Swimmers Age:	Swimmer ages for this meet are as of: <b>June 5<sup>th</sup>, 2026</b>		
Entry Fees:	Individual Entry: <b>\$10.00</b>	Relay: <b>\$16.00</b>	
	400/800/1500 Freestyle: <b>\$12.00</b>		
	<b>There will be a \$20 per day athlete surcharge.</b>		
Meet Course:	Long Course Meters (LCM). Converted times will be accepted.		
Meet Format	<ul style="list-style-type: none"><li>• This meet will be run as a timed final meet.</li><li>• There will be 10 &amp; Under, 11-12, 12 &amp; Under, 13-14, 14 &amp; Under, and 15 &amp; Over events</li><li>• <b>There are qualifying (greater than) times for this meet for events that are 200 meters and longer.</b> "NT/No Time" entries are not permitted at this meet.</li><li>• This meet will be deck seeded with coaches checking in/scratching all swimmers and relays. When the seeding has been posted, swimmers will report to the blocks on their own.</li></ul>		
Entry Limits:	Daily: <b>3</b> Individual events <b>2</b> Relays	Meet: <b>9</b> Individual Events <b>5</b> Relays	
Checks Payable To:	<b>X-Cel Swimming</b>		
Email Entry Files To:	<a href="mailto:besmarttinc@gmail.com">besmarttinc@gmail.com</a>		
Mail Checks/Reports	Bring to the first session of the meet where the team is competing		



## Tentative Meet Schedule

***This schedule is tentative pending receipt of entries.***

***Depending on the entries, sessions may be combined or split.***

***The complete schedule with session warm-up and start times will be established when all entries have been received and a timeline developed, published on the meet website, and e-mailed to the coaches of participating teams.***

Friday		
Session 1	Evening	Open 200 Freestyle Relay, 50s, 800 Freestyle
Saturday		
Session 2	Morning	12 & Under
Session 3	Midday	Open Distance
Session 4	Evening	13 & Over
Sunday		
Session 5	Morning	12 & Under
Session 6	Midday	Open Distance
Session 7	Afternoon	13 & Over

Scoring:	Team Scoring will not be kept.
Awards:	<ul style="list-style-type: none"> <li>• There will be awards for 1<sup>st</sup>-3<sup>rd</sup> places in individual 12 &amp; Under events.</li> <li>• There will be awards for the fastest three teams in 12 &amp; Under relay events.</li> </ul>
Starts:	“Fly-over/Over-the-top” starts will be used during this meet.
Admissions and Programs:	<ul style="list-style-type: none"> <li>• Spectators will be allowed into the natatorium subject to capacity constraints.</li> <li>• Heat sheets will be online at <a href="http://www.besmartinc.com">www.besmartinc.com</a> (free) and Meet Mobile (subscription required)</li> </ul>
Concessions:	<ul style="list-style-type: none"> <li>• None</li> </ul>
Vendor:	<ul style="list-style-type: none"> <li>• None.</li> </ul>
Distance Events:	<ul style="list-style-type: none"> <li>• All distance events will be run slowest to fastest.</li> <li>• Swimmers in these events are responsible to supply their own timer, and counter for the 800 &amp; 1500 Freestyle.</li> </ul>
Heat Limited Events:	<ul style="list-style-type: none"> <li>• The 400, 800, and 1500 freestyle events may be limited so that the middle distance sessions each day are no more than two hours, excluding warm-ups, depending on the timeline developed after entries are received.</li> <li>• The 400 freestyle events are limited to 5 heats daily.</li> <li>• The 800 freestyle events are limited to 3 heats daily.</li> <li>• The 1500 freestyle event is limited to 2 heats daily.</li> <li>• Swimmers whose seed times place them below the heat limitation will have the option to pick another event or remain in the event and possibly compete because of day-of-meet scratches.</li> <li>• Swimmers who do not switch events and do not compete in the heat-limited event will have their entry fee refunded within one week of the meet. Psych sheets will be posted on the meet web site no later than one week before the meet start.</li> </ul>
Internet Website Posting:	Internet location for all meet information: <a href="http://www.besmartinc.com">http://www.besmartinc.com</a>
Meet Requirement Statement:	In order to be eligible for the NJ Swimming Zone Championship Team or for NJ Swimming Athlete Travel Grants for sectional and national level meets, NJ Swimming policy stipulates certain participation requirements. As a NJ Swimming sanctioned meet, this meet counts toward those participation requirements.



## Event List

#	Event	Equal/ Faster
<b>Session: 1 Friday Open 50s, 800 Freestyle</b>		
101	Mixed 200 Medley Relay	
103	Women 50 Freestyle	
104	Men 50 Freestyle	
105	Women 50 Breaststroke	
106	Men 50 Breaststroke	
107	Women 50 Backstroke	
108	Men 50 Backstroke	
109	Women 50 Butterfly	
110	Men 50 Butterfly	
111	Women 800 Freestyle	
	14 & Under	11:41.99
	15 & Over	11:28.39
112	Men 800 Freestyle	
	14 & Under	11:13.99
	15 & Over	10:50.09

#	Event	Equal/ Faster
<b>Session: 2 Saturday 12 &amp; Under</b>		
201	Girls 11-12 200 Freestyle Relay	
202	Boys 11-12 200 Freestyle Relay	
203	Girls 10 & Under 200 Freestyle Relay	
204	Boys 10 & Under 200 Freestyle Relay	
205	Girls 12 & Under 200 Backstroke	3:24.49
206	Boys 12 & Under 200 Backstroke	3:19.49
207	Girls 12 & Under 50 Backstroke	
208	Boys 12 & Under 50 Backstroke	
209	Girls 12 & Under 100 Breaststroke	
210	Boys 12 & Under 100 Breaststroke	
211	Girls 12 & Under 200 Butterfly	3:24.89
212	Boys 12 & Under 200 Butterfly	3:20.49
213	Girls 12 & Under 50 Butterfly	
214	Boys 12 & Under 50 Butterfly	
215	Girls 12 & Under 100 Freestyle	
216	Boys 12 & Under 100 Freestyle	
217	Girls 12 & Under 200 IM	
	10 & Under	4:09.39
	11-12	3:26.09
218	Boys 12 & Under 200 IM	
	10 & Under	4:06.19
	11-12	3:23.79

#	Event	Equal/ Faster
<b>Session: 3 Saturday Distance</b>		
302	Men 400 Freestyle	
	14 & Under	5:59.09
	15 & Over	5:33.69
303	Women 1500 Freestyle	
	14 & Under	22:23.09
	15 & Over	22:02.19

#	Event	Equal/ Faster
<b>Session: 4 Saturday 13 &amp; Over</b>		
401	Women 13 & Over 200 Freestyle Relay	
402	Men 13 & Over 200 Freestyle Relay	
403	Women 13 & Over 200 Backstroke	
	13-14	3:12.39
	15 & Over	3:08.39
404	Men 13 & Over 200 Backstroke	
	13-14	3:02.09
	15 & Over	2:53.79
405	Women 13 & Over 50 Backstroke	
406	Men 13 & Over 50 Backstroke	
407	Women 13 & Over 100 Breaststroke	
408	Men 13 & Over 100 Breaststroke	
409	Women 13 & Over 200 Butterfly	
	13-14	3:12.99
	15 & Over	3:07.29
410	Men 13 & Over 200 Butterfly	
	13-14	3:00.89
	15 & Over	2:52.29
411	Women 13 & Over 50 Butterfly	
412	Men 13 & Over 50 Butterfly	
413	Women 13 & Over 100 Freestyle	
414	Men 13 & Over 100 Freestyle	
415	Women 13 & Over 200 IM	
	13-14	3:15.79
	15 & Over	3:11.89
416	Men 13 & Over 200 IM	
	13-14	3:04.59
	15 & Over	2:56.59
417	Women 13 & Over 400 Medley Relay	
418	Men 13 & Over 400 Medley Relay	



#	Event	Equal/ Faster
<b>Session: 5 Sunday 12 &amp; Under</b>		
501	Girls 11-12 200 Medley Relay	
502	Boys 11-12 200 Medley Relay	
503	Girls 10 & Under 200 Medley Relay	
504	Boys 10 & Under 200 Medley Relay	
505	Girls 12 & Under 200 Breaststroke	3:52.59
506	Boys 12 & Under 200 Breaststroke	3:44.69
507	Girls 12 & Under 50 Breaststroke	
508	Boys 12 & Under 50 Breaststroke	
509	Girls 12 & Under 100 Backstroke	
510	Boys 12 & Under 100 Backstroke	
511	Girls 12 & Under 400 IM	6:48.29
512	Boys 12 & Under 400 IM	6:39.19
513	Girls 12 & Under 50 Freestyle	
514	Boys 12 & Under 50 Freestyle	
515	Girls 12 & Under 100 Butterfly	
516	Boys 12 & Under 100 Butterfly	
517	Girls 12 & Under 200 Freestyle	
	10 & Under	3:45.79
	11-12	3:02.29
518	Boys 12 & Under 200 Freestyle	
	10 & Under	3:33.49
	11-12	2:57.49

#	Event	Equal/ Faster
<b>Session: 6 Sunday Distance</b>		
601	Women 400 Freestyle	
	14 & Under	6:06.79
	15 & Over	5:58.49
602	Men 1500 Freestyle	
	14 & Under	21:27.39
	15 & Over	20:33.99

#	Event	Equal/ Faster
<b>Session: 7 Sunday 13 &amp; Over</b>		
701	Women 13 & Over 200 Medley Relay	
702	Men 13 & Over 200 Medley Relay	
703	Women 13 & Over 200 Breaststroke	
	13-14	3:39.69
	15 & Over	3:35.89
704	Men 13 & Over 200 Breaststroke	
	13-14	3:25.49
	15 & Over	3:15.39
705	Women 13 & Over 50 Breaststroke	
706	Men 13 & Over 50 Breaststroke	
707	Women 13 & Over 100 Backstroke	
708	Men 13 & Over 100 Backstroke	
709	Women 13 & Over 400 IM	
	13-14	6:25.89
	15 & Over	6:18.79
710	Men 13 & Over 400 IM	
	13-14	6:04.69
	15 & Over	5:47.29
711	Women 13 & Over 50 Freestyle	
712	Men 13 & Over 50 Freestyle	
713	Women 13 & Over 100 Butterfly	
714	Men 13 & Over 100 Butterfly	
715	Women 13 & Over 200 Freestyle	
	13-14	2:54.29
	15 & Over	2:50.49
716	Men 13 & Over 200 Freestyle	
	13-14	2:44.09
	15 & Over	2:37.99
717	Women 13 & Over 400 Freestyle Relay	
718	Men 13 & Over 400 Freestyle Relay	

