

2026 XCEL Meet of Xcellence Saturday-Sunday June 5th-7th

Meet Schedule

Session	Age Group	Warm-Up	Check-In	Start
	<i>Friday Doors Open:</i>		4:30pm	
1	Open 50s, 800 Freestyle	4:45pm	4:55pm	5:30pm
2	Saturday 12 & Under	7:40am	8:00am	8:35am
3	Saturday Distance	12:30pm	12:30pm	1:00pm
4	Saturday 13 & Over	2:30pm	3:00pm	3:35pm
5	Sunday 12 & Under	7:40am	8:00am	8:35am
6	Sunday Distance	12:15pm	12:15pm	12:45pm
7	Sunday 13 & Over	2:00pm	2:30pm	3:05pm



Warm-up Schedule

Session 1 – Friday Open 50s, 800 Freestyle

	L1	L2	L3	L4	L5	L6	L7	L8
4:45pm	XCEL/Others	XCEL	XCEL	XCEL	PTAC	PTAC	PTAC	STAC/OCY

Session 2 – Saturday 12 & Under

	L1	L2	L3	L4	L5	L6	L7	L8
7:40am	XCEL	XCEL	XCEL	XCEL	PTAC	PTAC	PTAC	PTAC
8:05am	APEX	LIFE	LIFE	PAA	PAA	STAC	WW	WW/HACY



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Warm-up Schedule

Session 3 – Saturday Distance

	L1	L2	L3	L4	L5	L6	L7	L8
12:30pm	<i>Open Warm-Up All Teams</i>							

Session 4 Saturday 13 & Over

	L1	L2	L3	L4	L5	L6	L7	L8
2:30pm	XCEL	XCEL	XCEL	XCEL	PTAC	PTAC	PTAC	PTAC
3:00pm	WW	WW	STAC	STAC	APEX	LIFE	PAA	HACY

Session 5 – Sunday 12 & Under

	L1	L2	L3	L4	L5	L6	L7	L8
7:40am	XCEL	XCEL	XCEL	XCEL	WW	WW	LIFE	LIFE
8:05am	PTAC	PTAC	PTAC	PTAC	PAA	PAA	STAC	APEX

Session 6 – Sunday Distance

	L1	L2	L3	L4	L5	L6	L7	L8
12:15pm	<i>Open Warm-Up All Teams</i>							

Session 7 – Sunday 13 & Over

	L1	L2	L3	L4	L5	L6	L7	L8
2:00pm	XCEL	XCEL	XCEL	XCEL	PAA	PAA/LIFE	LIFE	APEX
2:30pm	WW	WW	STAC	STAC	PTAC	PTAC	PTAC	PTAC



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Timing Assignments

Session 1 – Friday Open 50s, 800 Freestyle

L1	L2	L3	L4	L5	L6	L7	L8
STAC	PTAC	XCEL	XCEL	XCEL	XCEL	PTAC	OCY
STAC	PTAC	PENN	WW	XCEL	PTAC	PTAC	OCY

Alternates: STAC, OCY, PENN

Session 2 – Saturday 12 & Under

L1	L2	L3	L4	L5	L6	L7	L8
WW	HACY	LIFE	XCEL	XCEL	PTAC	PAA	APEX
WW	STAC	LIFE	XCEL	XCEL	PTAC	PAA	APEX

Alternates: STAC, PAA, PTAC

Session 3 – Saturday Distance

Swimmers provide their own timers

Session 4 – Saturday 13 & Over

L1	L2	L3	L4	L5	L6	L7	L8
PAA	WW	PTAC	XCEL	XCEL	STAC	LIFE	HACY
PAA	WW	PTAC	XCEL	XCEL	STAC	LIFE	HACY

Alternates: XCEL, PTAC, STAC

Session 5 – Sunday 12 & Under

L1	L2	L3	L4	L5	L6	L7	L8
APEX	LIFE	PAA	XCEL	XCEL	STAC	WW	PTAC
APEX	LIFE	PAA	XCEL	XCEL	STAC	WW	PTAC

ALTERNATES: XCEL, PTAC, PAA

Session 6 – Sunday Distance

Swimmers provide their own timers

Session 7 – Sunday 13 & Over

L1	L2	L3	L4	L5	L6	L7	L8
LIFE	STAC	WW	XCEL	XCEL	PTAC	PAA	APEX
LIFE	STAC	WW	XCEL	XCEL	PTAC	PAA	APEX

ALTERNATES: XCEL, PTAC, WW

